GROUNDBREAKING

6/5/2012

Groundbreaking

Masacksic 2012

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Longmeadow High School

95 Grassy Gutter Road
Longmeadow, Ma 01106

Dedication

George Ginopoulos

There are only a handful of people who we meet in life that truly impact us in unexplainable ways. Our dear classmate and friend George M. Ginopoulos was indeed one of those people. George was never the most popular kid in school. He didn't get the best grades nor was he a sports superstar. However, I think it's safe to say that the thing we will all remember most about George was his loving personality. He gave and never asked for anything in return. He never had anything bad to say about anyone and he never got upset when things didn't go his way. The friendship and support that George gave us will never be forgotten.

George was a die-hard sports fan, and, as every sports fan does, George had his own unique story as to how he became a fan of his favorite team, the Oakland Raiders. He took pride in that story, showing his willingness to stick by a team that was often less than stellar. He would tell me about how during the late '90's when the San Francisco 49ers were tearing up the football field he and his father would play an infamous football game called Tecmo Bowl for the near-ancient Nintendo Entertainment System. His father would always play as the 49ers, while George would try out new teams every game in an attempt to best his father. George finally stumbled upon the Oakland Raiders, who he was barely familiar with, and decided to give it a shot. Sure enough, he beat his father for the first time. And thus George was born again as a Raiders fan.

Each person has their own unique memories of loved ones and this just happens to be mine of George. Loved ones leave memories that will never be forgotten, and these memories help us to celebrate their lives, not mourn their deaths. George left this world too soon, as most people do, but it doesn't mean it's necessarily the last time we will see him. George left each and every one of us with pieces of himself in the form of memories, and these 'pieces' form a puzzle in order to showcase the person that George was: A loving, caring, selfless individual who left a mark on so many people during his short life.

Fly high, George. We'll all meet again in the end.

Dear Senior Class of 2012,

We have been so kindly offered the opportunity to express our congratulations and thoughts on this very page. What we are about to say comes from the heart and we mean each word to be mentioned. Let us start off with the congratulations.

Congratulations. For most of our lives we have been geared towards this very moment of graduation. From elementary school to middle school, then from middle school to high school, we are now at a crossroad of opportunity. No longer are we obsessing over the next Pokemon card or that rad new Blink 182 song. For we have matured. We have experienced teenage life in high school. You are now entering adulthood. You have experienced some of life's most interesting and beautiful moments. Think back to when you were young. For some of you, the friends you acquainted were the result of common interests. Perhaps that play date your mother dragged you to actually did work out for the best. As you developed your passions, you met others whom inspired you along the way.

They say that Longmeadow is a bubble. But you see, if Longmeadow were to be a bubble, then we declare that this is the finest variety of bubbles. Not too big, or soapy, yet incomparably strong. We have been fortunate enough to have been raised in an environment where our family, friends, and mentors have decided to work as hard as possible to ensure that our futures be of great promise. We have experienced life as it truly is. Many of you, have lived, learned, and laughed with this community since you were little children. You have grown up with each other. Your best friend was once three and a half feet tall. Originally caring nothing for the outside world, you have watched them grow into worldly individuals. You have done so as well.

Some people may say, when I get my next car then I am truly going to live. They may say, when I get my first job, then I'm living the life. Or that when I get into my first relationship, that's what I call "la vie est belle". But you see, you are living right now. Do not forget that your life has already begun and is being shaped with each of your thoughts and actions.

Next year, you will leave all you know and embark on the next great adventure. You will not have your parents and teachers by your side, at your full assistance each step of the way. You will only have the lessons and experiences you have learned here in Longmeadow.

To wrap things up, we're going to ask you a few questions which you can use to remind yourself of who you are and what you are capable of accomplishing in life.

When it's all said and done, will you have said more than you've done?
If happiness was the national currency, what kind of work would make you rich?
Do you remember that time 5 years ago when you were extremely upset? Does it really matter now?
Is it possible to know the truth without challenging it first?
Thank you for all the memorable years.

Retirements

Thank You!

Susan is retiring as a teacher and Chairperson of the Science department. Susan started teaching in 1981 and has taught for most of her career in Longmeadow (she taught a few years in Maine). During that time she spread her love of life and learning to thousands of students. Her love of science is clear and infectious to everyone who knows her and have had the pleasure of being her student. Amazing, caring, dedicated, and awesome are just a few of the words students use to describe Mrs. Bailey. Whether dissecting cow eyes, discussing Darwin and Goodall, or railing against factory farming, Susan has brought excitement and interest into her classroom. Susan's knowledge of and passion for science have been happily shared with her colleagues and students for her entire career, and it is evident that she loves what she does. She has been a great mentor to new and veteran teachers alike and her colleagues are forever indebted to her for her support. Her smile, sense of humor, and passion will be missed by students and staff alike. We all wish her well as she begins her new adventure and gets to spend more time with her loving husband and the grandkids she adores.

Susan Bailey

Karen Shea

Karen is skilled teacher who instills confidence in her students. Her students appreciate her laid back style of instruction that requires them to make observations and take ownership of their own learning. She provides extra-help for students who request it, and she finds extra resources for students looking for additional practice problems. Whenever she is not teaching, she can be found in the mathematics office with her jar of chocolate that is regularly raided by teachers from all over the building. She brings delicious dessert items to every department meeting, and she bases her decisions upon what is in the best interests of the students of Longmeadow High School. She supports new ideas in mathematics instructions, and she shares pertinent education articles and technology resources with the teachers of the mathematics department. She is respected throughout the district as a skilled instructor, department head, and curriculum coordinator.

After a career that started in 1975 (1978 at LHS), Janice, the English Department Chair, is retiring. Light-hearted and free-spirited, Janice has joyfully shared her love of literature and writing with students and colleagues. She once half-jokingly said that she wants to be buried with the collected works of Jane Austen, one of her favorite authors. Generous and fair, she has an uncanny ability to recognize the best in her colleagues and her students. Known to burst into song from time to time, Janice has a great sense of humor and a hearty laugh. She enthusiastically talks about her family (children Eddie, Denise, Nick, and Michael) that she raised with her husband Eddie. A lover of books, dogs (currently Sparky, Rooster, and Gus), live theater, and Woody Allen movies, Janice plans to spend most of her time with her husband in their favorite getaway, Lake George, NY.

Janice Pontacoloni

Cheryl Casanova

Cheryl came to Longmeadow High School 29 years ago. Professional, diligent, and the most caring of educators, Cheryl proves again and again that you can overcome anything and always land on your feet. She provides that daily by giving this message to the hundreds of students that have entered her support room over the years!Her efforts and achievements have always been and will continue to be appreciated by colleagues, family and friends but most importantly by her students, who have come to know, appreciate and love her. Cheryl will be remembered for all the things that she did while she worked at Longmeadow High School. Her message to her students is long lasting, and this message carries on to this day with every student who comes back to visit her just to remind her of the impact she made on their lives.

Thanks for your years of hard work and dedication. May your retirement allow you to pursue all the things that you never had the time to do when you were working!! May you now have the time to indulge in interesting and satisfying activities that will allow you to spend your days happily with your grandchild on the lake in North Carolina! We wish you only success and happiness in your future endeavors - may they be all that you hope for. As you move on to the next chapter of your life, know that you will be missed and that our very best wishes and thoughts go with you.

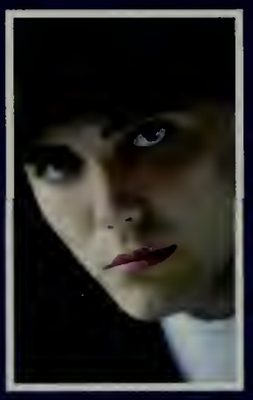
Congratulations on your retirement.....long live the SHARK!!

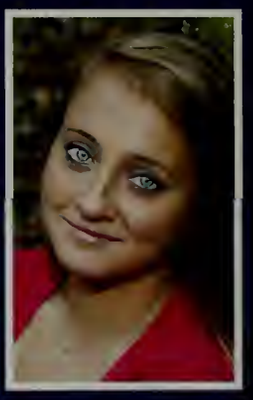
Sue excels as a mathematics teacher through her high level of enthusiasm for mathematics and her deep knowledge of her subject area. Her current and former students speak highly of her, and many come to see her during their winter breaks from college. She freely gives of her time and energy to assist her own students and the students of colleagues both before and after school. She is a dynamic presenter who brings energy and humor to material that comes across dry and uninteresting in the hands of less talented teachers. She instills in all of her students an understanding of the importance and usefulness of mathematics. She encourages her students to work hard, and she ends each school year with the presentation of "Math Awards" to students in all of her classes to recognize their noteworthy achievements. She has formally and informally mentored many of the best current and former teachers at Longmeadow High School, and she continues to informally advise teachers on the best way to meet the needs of various students. She is constantly interested in learning new things and sharing her knowledge with other teachers. She is always willing to share resources with her fellow teachers, and she expects nothing in return.

Susan Peters

Senior

Best Dressed: Jack Kamin and Megan Houff





Best Eyes: Danny Pierson and Kayla Towsley

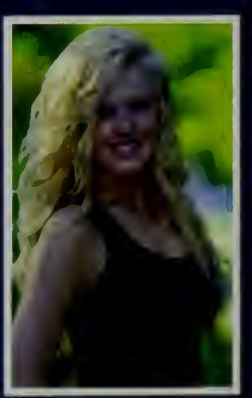
Most Likely to Suceed:

Emily Walthouse

Best Car: Phil Schafer

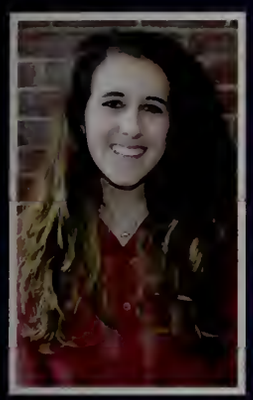
Best Athletes: Jenna Fisher and John Mentor

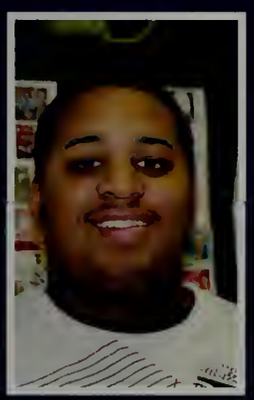
Best Smile:
Erin Kiernan



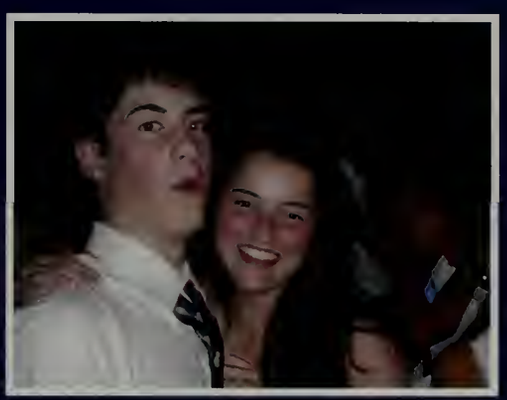
Best Hair: Devaughn Hill and Kaitlyn Corbett

Senior

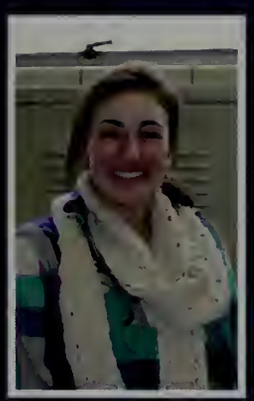




Most Likely to be famous:
Sam Grodsky and Ryan Moore

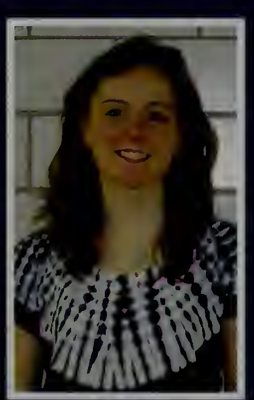


Class Couple: Gary Shea and Sarah Engell



Friendliest:
Natalie Fioretti

Best Musician:
Ben Gagne-Maynard



Class Giuses: Pete Paleologopoulos and
Emilee Herringshaw

Most Theatrical:
Dan Barron

Best Looking: Bennett Leveillee and
Mai Riquier

Senior Superlatives

Best Muscles:
Connor Samuelson

Best Dancer:
Natalie Fioretti

Best Artist:
Meredith DiSessa

Best Voice:
Deanna Bach

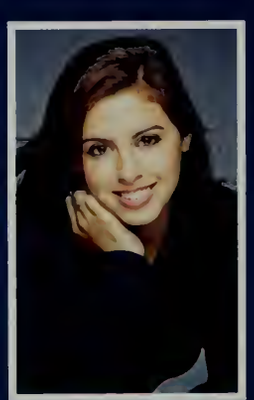
Most Likely to be Late:
Jarrod Peck

Class Teacher's Pet:
Jackie Chipkin

Most Likely to be
President:
Adam Schnnter

Most Likely to have a
Cell Phone on:
Paisley Krach

Class Clown:
Joey Kurbanov



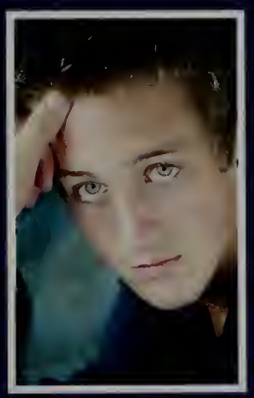
Most Likely to be on
TV: Kayla Polgar

Most Likely to Cure
Cancer: Austin Lai

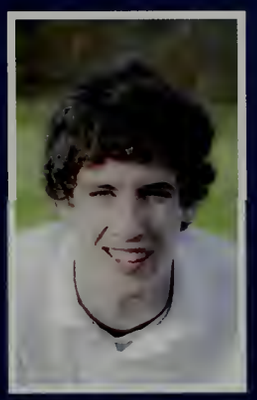
Senior

Most Likely to Sleep in Class: Suryanshi Nayyyar

Most Likely to be Sent to the Office: Tim Santiago

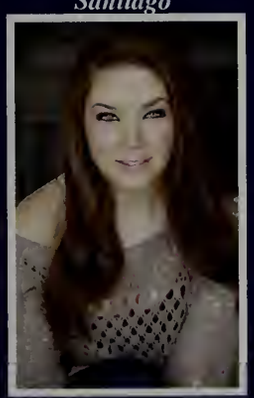


Most Likely to Set Off the Fire Alarm: Killian Hennessey



Most Likely to Skip Class: Ned Berube

Most Likely to be on MTV: Kayla Polgar



Changed Most in High School: Alison Rancourt

Best Laugh: Jean Banda

Best Facial Hair: Joe Scuderi

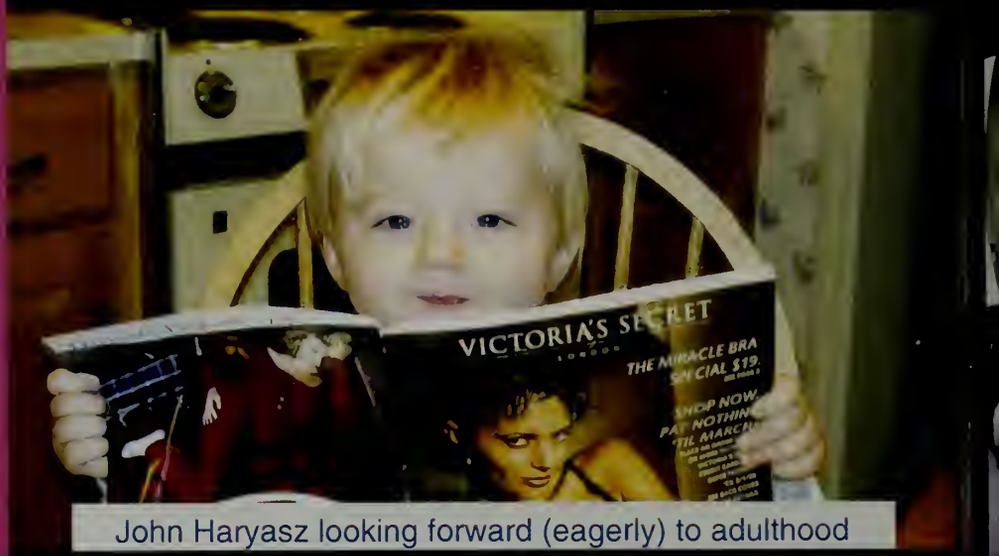
Most Likely to be on Broadway: Dan Barron

Most LIkely to Bounce: Will Nicholson

Biggest Boss: Erin O'Connor

Worst Driver: Connor Hussey

You've come a long way, *baby!*



John Haryasz looking forward (eagerly) to adulthood

Gina Albano
Alexa Engelman
Alice Metz
Taryn Amatruda
Anne Hayes
Megan Appleman

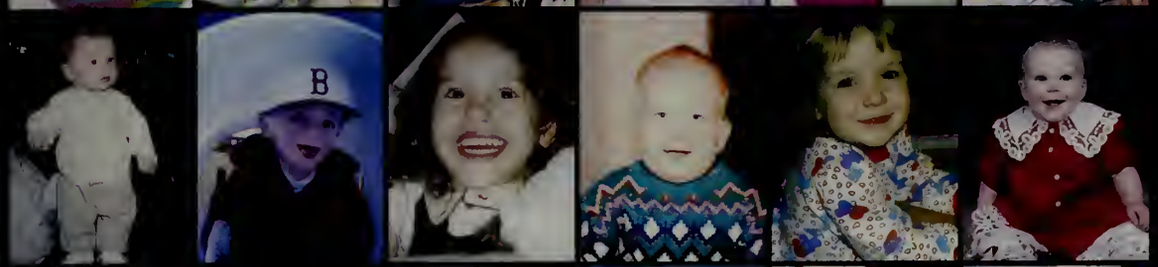
Emma Haskell
Deanna Bach
James Barnhart
Sarah Barnhart
Carly Barsalou
Katie Besanko

Camille Blackman
Daniel Borowsky
Brendan Knight
Sarah Breslau
Amanda Brock
Sean Brown

Lindsey Burns
Carlie Capell
Michael Carando
Jacob Chernick
Elinor Chick
Alexandra Chipouras

Chloe Besanko
Ciara Cosby
Kaitlin Corbett
Michael Corvin
Gabriella Discenza
Robert Cox

Caroline Cress
Emily Crocker
Danielle D'Agostino
Cady Deary
Andrea Dimauro
Meredith DiSessa



Alec Draymore
Christopher Duquette
Charlotte Dzialo
Gregory Echeverria
Erin O'Connor
Lily Faber

Marrina Falcone
Raheel Farooqui
Robert Farquhar
Joshua Feinberg
John Fenton
Sean Fiedler

Natalie Fioretti
Jenna Fisher
John Foley
James Frank
Daniela Friedson
Brian Fydenkevez

Sirena Gebeau
Jennie Gilmore
Rachel Glick
Hallie Goldstein
Lucy Gouvin
Remy Greenhut

James Grippo
Rachel Gyllenhammer
Hannah Davis
Autumn Hinson
Shaina Hirschkorn
Jason Horowitz

Michael Iancu
James McCarthy
Joseph Lavertue
John Neil
Erica Josephson
Justin Myers

Jack Kamin
Christina Kapinos
Kathleen Duquette
Randi Katz
Ryan Keator
Dylan Kelleher

John Seamus Kennedy
Erin Kiernan
Alice Kim
Kimberly Brown
Paisley Krach
Glenn LaFountain

Austin Lai
Abigail Leshine
Bennett Leveillee
Benjamin Levenson
Taylor Llodra
Alexandra Lyon

Samantha Carvalho
Thomas McCarthy
Eileen McDonald
Christina Maloney
Charlene Mangold
Cassandra Martin

Anna Maziarz
Caitlin McCoy
Daniel McDonough
Madeline McLean
Megan Smith
Melanie Feen

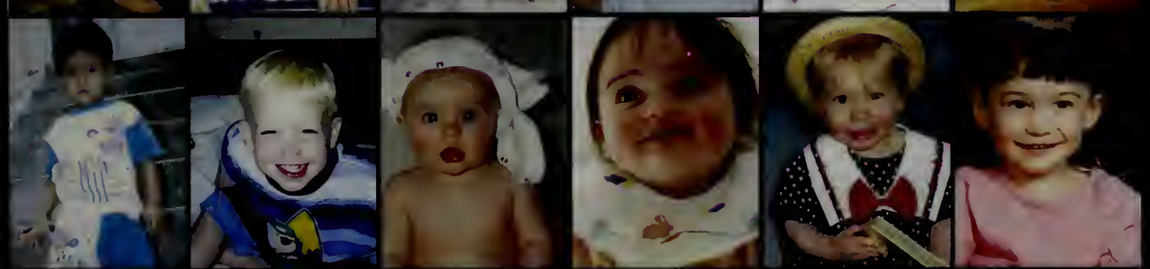
Josh Mendel
John Mentor
Lauren Mertens
Joshua Minardi
Michael Garrity
Nitheesha Nakka

Suryanshi Nayyar
William Nicholson
Aaron Neiman
Tom Nilsson
Erica Oundjian
Paige Smith

Monique Paquette
Chrystelle Paul
Jarrod Peck
Austin Percy
Phil Schafer
Ryan Philbin

Jean Pierre-Pierre
Daniel Pierson
Caitlyn Pisarski
Dana Pugh
Alison Rancourt
Mai-Tram Riqueir

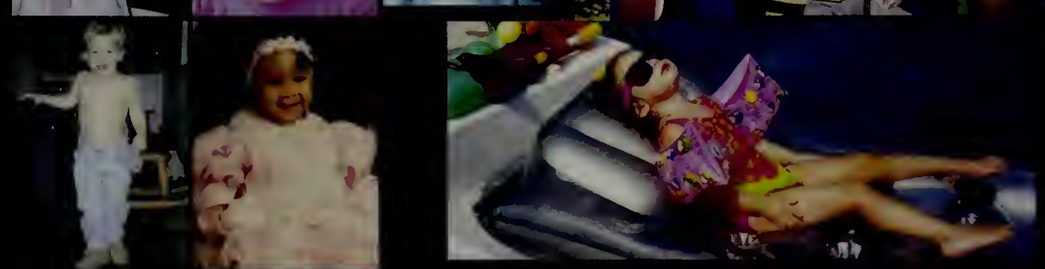
Thersea Robitaille
Jacob Rothstein
Alysse Rourke
John Ryan
Catherine Ryan
Kevin Rzpeka



Suchir Sampath
Kyle Sampson
Connor Samuelson
Sarah Engell
Emily Schwartz
Hannah Sears

Sarah Seldon
Rachel Siegal
Daniel Simon
Simon McCarthy
Tyler Burns
Alexa Tariff

Katherine Taylor
Lauren Termine
Kayla Towsley
Emily Walthouse
Colin Whitney
Leah Winer



Cameron Wuerthele
Yolanda Green
Mackenzie Ditomassi

Longmeadow High School

Class of 2012

Brendan Abad

B, NBAbad

Cross Country 9
Track 11
Basketball 9, 10, 11, 12
Key Club

"I'm taking my talents to South Beach."
-Labron James

"God can give the man talent, but the man knows how to waste it."
-Tracy Brown

G

Drama Club 9, 11, 12
SADD 11, 12
Environmental Club 11
Yearbook 12

Senior Class Play
Stage Manager

Powder Puff

"Things couldn't be clearer. Your life's in the rear- view mirror. You're reaching for the unknown, the chance to find an open road of your own."

Gina Albano

Tar, T, Amaturtle

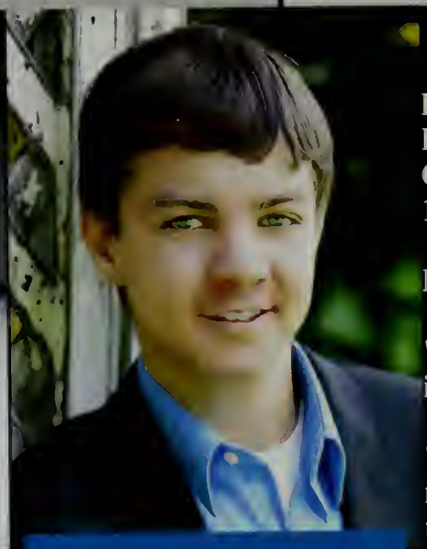
Softball 10, 11, 12
Soccer 9, 10
NHS 11, 12

"I was standing in the park wondering why frisbees got bigger as they got closer; then it hit me."

"Just remember...If the world didn't suck, we'd all fall off"

"To know that you know and to know that you don't know-that is real wisdom."

Taryn Amatruda



Matthew Anderson

Matt

LSO 9-12
Lyrics 11, 12
Chamber Orchestra 11, 12 Director

Mock Trail 11, 12

"Heart on fire, brain on ice."- Mike Mucci

"Everyone makes mistakes, so don't judge them by the mistakes they make, but by how they correct them."

Megan Appleman

Mapples, Maps, Meg

Varsity Tennis 9-12
Field Hockey 9, 10
Field Hockey Mgr 10, 11

Accidentals 11, 12
Senior Class Play

"It's not the disability that defines you; it's how you deal with the challenges of the disability that defines you."-Jim Abbott

Maz

Cheerleading 10-12C

"Life isn't about finding yourself, life is about creating yourself."

Marisa Azevedo

Dee, De Bach, Dion Bear

Accidentals 10, 11, 12
Drama Club 9, 10, 11, 12

"Music expresses that which cannot be said and on which it is impossible to be silent."
- Victor Hugo

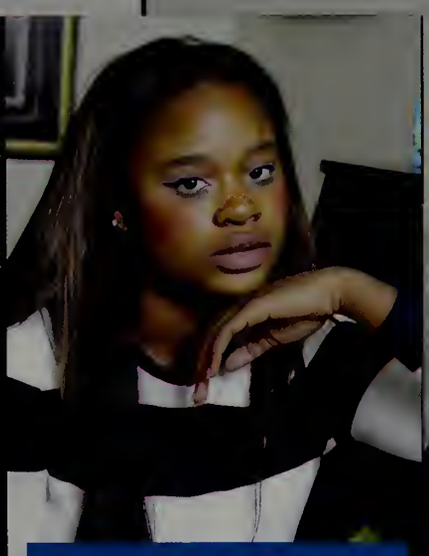
Deanna Bach

Ryan Baker

Jban, Bandapanda, JB

Swimming 9, 11
Accidentals 11, 12

"It's so hot out; milk was a bad choice."



Jenn Banda

Anthony Borbuti

Soccer 9
Outdoor Track 9-12
Indoor Track 11

Rinaldi's 10, 11
Frigos Food 12

"Life goes on."
-Tupac Shakur

"Time passes by life lightning. Before you know it you're struck down."
-BIllie Joe Armstrong

J-BO

Varsity Tennis 9,10,12
Dodgeball 9-12

"Good news, everybody we're extending arts and crafts time by four hours today."- Ben Stiller

"In the end, its not the years in your life that count. It's the life in your years"-Abraham Lincoln

James Barnhart

Tennis 10
Track 9, 11
Field Hockey 9, 10, 11, 12

Key Club 9-12
NHS 12
Jet Jotter 11-12
Senior Class Play
Powder Puff

"Do not stop thinking of life as an adventure. You have no security unless you can live bravely, excitingly, imaginatively unless you can choose a challenge instead of competence."
-Eleanor Roosevelt

Sarah Barnhart

Daniel Barron

Swimming 9, 10, 11, 12

Theatrix 9, 10, 11, 12
DJST 9, 10, 11, 12

"All the world's a stage."
-William Shakespeare

"Seek the joy of being alive."

Carl, Carls, CBars

Soccer 9
Key Club 9
Lyrics 10, 11, 12
Accidentals 10, 11, 12
ICantori 10, 11, 12
Western District Chorus 10, 11, 12
All State Chorus 10-12
Swedish Fish 10
Senior Class Play

"The music will save you every time."
"It does not do well to dwell on dreams and forget to live."

Carly Barsalou

Johny Pacley, JB, J

Basketball 9-12

"Mmmm Jacob."
-Jacob Rothstein

"I can accept failure; everyone fails at something. But I can't accept not trying."
-Michael Jordan

John Basile

Aleksey Berdnikov

Rebecca Berezin

Becca

Impressions 11, 12
Storrs Library 9- 12

"There's always a bright side."

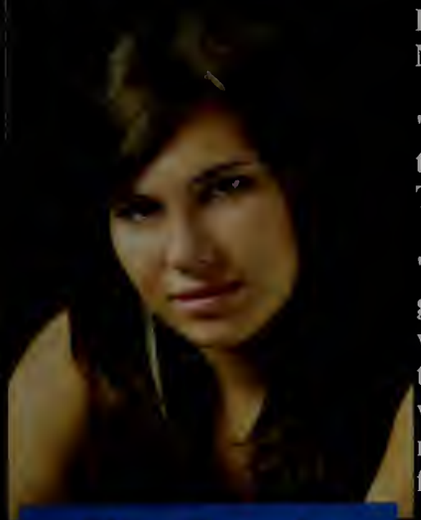
Nedly, Sned

Ski Team 9-12
Outdoor track 9-12
Pole Vault 9-12
Advanced Potions Club 9-12

"The sunlight hit me dead in the eye, like it's mad that I gave half the day to last night."
-Atmosphere

"Buy the ticket, take the ride." -Hunter S. Thompson

Ned Berube



East Asia Club 9-12
NHS 11, 12

"You are much stronger than you think you are. Trust me."- Superman

"All that is gold does not glitter. Not all who wander are lost. The old that is strong does not whither. Deep roots are not reached by the frost."-Tolkein

Chloe Besanko

K

Soccer 9
Track 9, 10, 11, 12
Swimming 10, 11, 12
Diving 11, 12
NHS 12

Powder Puff

Katie Besanko

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."-Einstein

"One of the greatest joys known to man is to take a flight of ignorance in search of knowledge." -Lynd

Camille Blackman

Nicos Boborodva

Cos, Cos Bo, Kemo Sabe

Soccer 11
Tennis 11, 12
LCC Tennis Instructor

"The ultimate measure of a man is not where he stands in moments of comfort but where he stands at times of challenge and controversy"
-Martin Luther King Jr.

"We make a living by what we get, but we make a life by what we give"
-Winston Churchill

Daniel Borowsky

Boro

Indoor Track 10, 11
Outdoor Track 9
Ultimate Frisbee 10

Peace Jam 9

"Experience is a brutal teacher, but you learn...My God, do you learn."- C. S. Lewis

"I just ate a big red candle."- Brick Tamlin

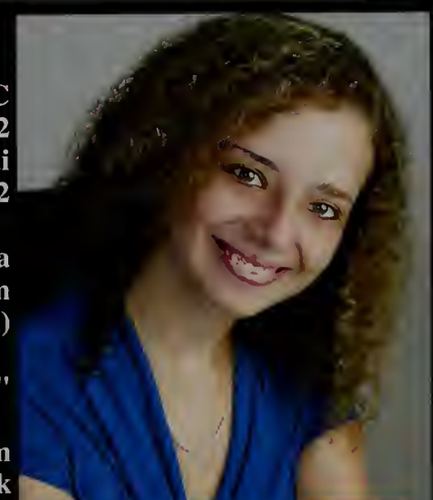
Sasa, Freshman, Freshie

Cheerleading 9-12C
SPFTY/NFTY 9-12
Teachers Aide Sinai
Temple 9-12

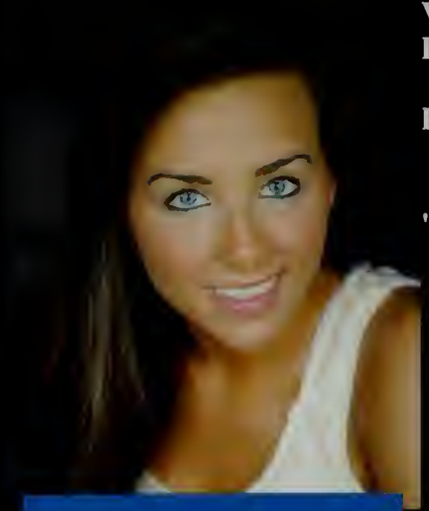
"A good family is worth a million bucks!"-Sam Breslau (Grandpa)

"This party is STUPID!"

"Strangers think I am quiet; my friends think I am outgoing; my best friends know I am completely insane."



Sarah Breslau



Amanda Brock

Volleyball 10-12
Basketball 10

La Capella 10

"Live life to the fullest."

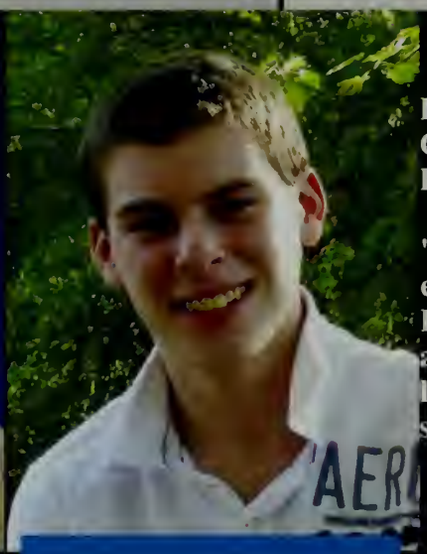
Softball 9-12
Drama Club 10-12
Accidentals 10, 12
Key Club 11
NHS 11, 12

Senior Class Play Director

"You're braver than you believe, stronger than you seem, and smarter than you think."
-Winnie the Pooh

Kimberly Brown

Sean Brown



Taylor Brust

T, Taylor Gang

Indoor Track 12
Outdoor Track 11, 12
Baseball 10

"If you are 15 minutes early, you are on time. If you are on time, you are late, and if you are late, don't bother showing up."

Lindsey Burns

Linds, Linny, LB

Track 9, 10, 12
JV Soccer 9, 10

SADD 11, 12
Key Club 9, 10, 11, 12
Church Youth Group 9-12

"Love the life you live, live the life you love."

T-Burns, Ty-Ty

Track 9-12
Ski Team 9-12
Key Club 9-12
NHS

"Don't ask, just plus C."
- Gary Shea

"I became insane with long intervals of horrible sanity." -Edgar Allen Poe

Tyler Burns

Ricky Burston

Mia, Mimi, Scambi, Scambs

Soccer 9-12
Indoor Track 9
JV Lax 9
Lax Manager 10-12

"All I can be is me...whoever that is."
- Bob Dylan

"You just can't live in that negative way...make way for the positive day."-Bob Marley

Mario Cambi

HC, Carcar, Hot Carl

Soccer 9, 10
Key Club 9-11
S.A.D.D. 11
DJST 11
Senior Class Play
Powder Puff

"Don't find fault; find a remedy."

"Go big or go home."

Carlie Capell

Michael Corando

Mikey, King Corn

Indoor Track 9-12C
Ultimate Frisbee 11, 12
Soccer 9, 10, 11
Peace Jam 10, 11, 12

"So, I can write anything here and it will be in the yearbook?"

Samantha Carvalho

Sam

Cross Country 9-12 C
Track 10, 11, 12
Indoor Track 11, 12
Softball 9

Class Tresurer 11, 12
Key Club 11, 12 Board
Yearbook 12
Senior Class Play
Powder Puff

Bailey Center

Margo Chanin

Karate 9, 10, 11, 12
Senior Class Play Set Design 12

"I never let my schooling interfere with my education."-Mark Twain

"In a society that has abolished all adventure, the last adventure is to abolish that society."

Ultimate Frisbee 11,12
Basketball 9, 10
Cross Country 11
Indoor Track 11, 12
Waterpolo 12
DJST 9-12

"Don't rule out working with your hands. It does not preclude working with your head." -Andy Rooney

Jacob Chernick

Ellie, Farmer, McMels, Chicky

Yearbook 11,12
Softball
Powder Puff

"Life is like a box of chocolates."

"Saving the life of one animal may not change the world, but the world will certainly change for that one animal."

Elinor Chick

Jaqueline Chipkin

Jackie

Jet Jotter 9-12
Ultimate 9-12
Concert Band 9-12
Cross Country 11, 12
Soccer 9, 10

"Imperfection is beauty, madness is genius, and it's better to be absolutely ridiculous than absolutely boring."-Marilyn Monroe

Alexandra Chipouras

Ali

Cross Country 9-12
Indoor Track 9-12
Outdoor Track 9-12

Key Club 11, 12
S.A.D.D. 11, 12

"There's gonna be times when people tell you that you can't live your dreams; this is what I tell them: Never say never!"-Justin Bieber

Bess, JClark, RudyRude

Pioneer Valley Flea Market
Gus & Pauls Bakery
Point Break

"Would I rather be feared or loved? Easy, I want people to be afraid of how much they love me." -Michael Scott

"Some of the worst mistakes i've made in life have been haircuts." -Jim Morrison

Jesse Clark

Alessandra Comey

Ali, Ally

JV Soccer 9, 10
Track 10
Play 10, 11
Dance 9

Tai Chi 9
Bertucci's 11, 12

"Everything will be okay in the end. If it's not okay, it's not the end."

Ryan Connery

Corbs

Volleyball 9-12 C
Basketball 9, 10
Powder Puff

"Bone it down the fairway."

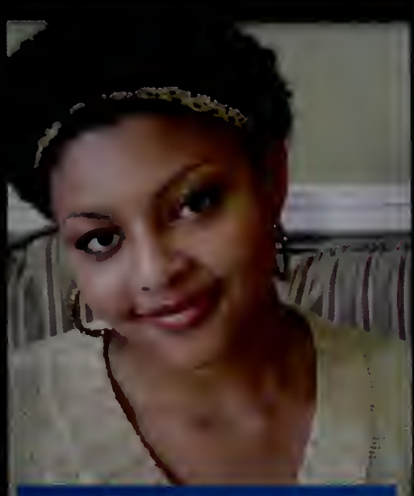
Kaitlin Corbett

Michael Corvin

Mike

Wrestling 10, 12
Cross Country 9, 10
Track 11

Kids Space



Elana Cosby

KiKi

Basketball 9, 10
Unity Club 10, 11, 12
Urban League of Springfield 10, 11, 12
Women's Group 12
SYN 11, 12
YEAH 11, 12
Camp Atwater 10, 11, 12
Dunbar Community Center 11, 12
WEIB 106.3 10, 11, 12
Powder Puff

"The first time someone shows you who they are, believe them."

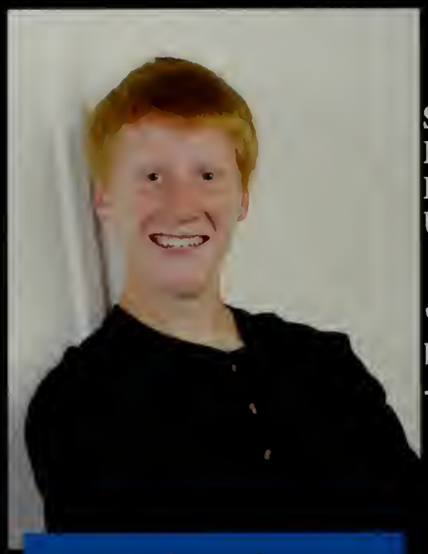
Snoochie Mane, Cooch

Soccer 9, 10, 11, 12C
Friendly's Fountain Worker
Denardo's Dish Washer

"We needed a moment of brilliance and Cotnoir provided it." Brad Miller (varsity soccer coach)

"My name's Jacob and i like sports." -Jacob Rothstein

Matthew Cotnoir



Robert Cox

Rob

Soccer 9, 10, 11, 12
Indoor Track 10, 11, 12
Baseball 9
Ultimate Frisbee 12

"Life is too important to be taken seriously."
-Oscar Wilde

Caro

Soccer 9, 10
Lacrosse 9, 10
Swimming 9,10,11,12C
Orchestra
Yearbook 12
DJST 12
Fab Five

"If you want to improve, be content to be thought foolish and stupid."

Caroline Crews

Em, Crocker, Crockpot

Key Club 11, 12
Yearbook 11, 12
NHS 12
Dance 9-12
Senior Class Play
Choreographer

"Life isn't about waiting for the storm to pass, it's about learning how to dance in the rain."

Emily Crocker

Danielle D'Agostino

Key Club 9-12
NHS 11, 12

"Never cut what can be united."

"Don't live with the brakes on."

"Life is like a box of chocolates, you never know what you're gonna get."

Colin Danalis

Coco

"Don't worry about tomorrow and forget to enjoy today."

Pill

Lyrics 11, 12
Christian Prayer Club 9-12
Take Action 12

"And it is God who establishes us with you in Christ, and has anointed us, and who has also put His seal on us and given us His Spirit in our hearts as a guarantee"
-Corinthians 1:21-22

Hannah Davis

Nellie Dawson

NellBellDawsBoss

Skiing 9-12C
Theatrix 9-12
DJST 9-12
Stratton Instructor 9-12

"Life may not be the party we hoped for, but while we're here, we might as well dance."

"Sing like no one's listening, love like you've never been hurt, dance like nobody's watching, and live like it's heaven on earth."

Matthew Deane

Cady Beth

Volleyball 9-12
Basketball 9-12
Softball 9-12C
Fab Five 9-12
Best Buddies 12

"Live in the moment."

"Bone it down the fairway."

Cady Beazy

Andrea Dimauro

Andre the Giant

Basketball 9, 10
Volleyball 9, 10
Track 9, 10, 12
Indoor Track 12
Key Club 10, 11, 12

"Be mindful of your thoughts, they become your words. Be minful of your words, they become your actions. Be mindful of your actions, they become your habits. Be mindful of your habits, they become your character. Be mindful of your character, it becomes your destiny."

Gabriella Discenza

Gabbers, Gabs

Basketball 9-11
Outdoor Track 11,12
Indoor Track 12
Powder Puff

"Where is my supersuit!?"
-The Incredibles

Meri, Mer bear, Dith

Cross Country 9-12
A.W. Browns 10, 11, 12

"Faithless is he that says farewell when the road darkens."-Gimli

"Do it, you won't."

Meredith DiSessa

Mackenzie Ditomassi

Mack, Dito

Volleyball C
Basketball
Track
Senior Class play
Peer Leadership
Powder Puff
Yearbook

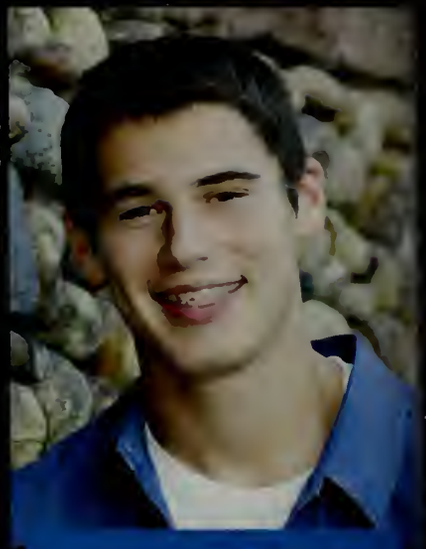
"Sometimes good things fall apart so better things can fall together."

"She who has the will to win cannot be beaten." -LHSVB

Moriarty

Ski Team 9-12
ATeam 9-12

"What's up Dewy?"



Alec Draymore

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Zachary Duffany

Alexa Dunn

Lacrosse 9
Basketball 9, 10, 11
Track 10, 12

"Live like it's your last day."

Christopher Duquette

Chris, Duke, Duker, Lurch

Football 9-12
Basketball 9, 10
Baseball 9-12C

"Get busy living or get busy dying." -Shawshank Redemption

"It's not about how hard you can hit it's about about how hard you can get hit and keep moving forward."-Rocky Balboa

Katie, Dukie, Duke

Soccer 9, 10, 11, 12
Basketball 9, 10
Softball 9, 10, 11, 12
Key Club 10, 11, 12
Senior Class Play
Powder Puff

"Don't cry because it's over, smile because it happened." -Dr. Seuss

Kathleen Duquette

Charlotte Hziak

Lottie

Key Club board 9-12
Indoor track 9-12
Outdoor Track 9, 10, 12
Cross Country 10-12

Room 145 Club 11, 12
Peace Jam 10

"This too shall pass."
-Sanai

"I write my curses in cursive."-JayZ and Kanye West

Soccer 9,10
Indoor Track 9,10,11,12
Baseball 9,10,11,12
Cross Country 11,12
Senior Class Play
NHS 11,12
Church Pianist

"Around here, however, we don't look backwards for very long. We keep moving forward, opening up new doors and doing new things... and curiousity keeps leading us down new paths."
-Walt Disney

Gregory Echeverria

Sengs, Sarbear, Bear

Cross Country 9-12
Lacrosse 9-12

Fab Five 9-12
DJST 9-12
Best Buddies 12
Jet Jotter 10, 11, 12
Class President 9

"Forever keep those who make you smile"

"Clear eyes. Full heart. Can't lose."

Sarah Engell

Alexa Engelmon

Rex, Anglewood

Volleyball 9, 10
Swimming 9, 10
Track and Field 9-11
NHS
Senior Class play
Powderpuff

"All you need is love. But a little chocolate now and then doesn't hurt."-Schulz

Lily Faber

Kenneth Fagan

Marrina Falcone

Mern, Mernie

Volleyball 9-12
Volleyball Clinic
Basketball 9, 10
AAU Basketball 9-11
Track 9

Basketball 9
Golf 9-12
NHS 11, 12
Environmental Club 11

"The difference between try and triumph is a little umph." -Raheel

Raheel Farooqui

Beat-Box the Bob, Bibbins, Boo Radley

Wrestling 9-12C

Key Club 9, 10, 11

"How pibbins are youy? Jeremy? Jerome? Scottie?"

"NiNi, SiSi, fi fi, ti ti."

Robert Farquhar

Melanie Feen

Tennis 9-12
Key Club 9-12
NHS 11, 12
Yoga Club 11, 12
Orchestra

Joshua Feinberg

Feinberg

Varsity Swimming 9-12
Baseball 9
Football 9
I Cantori

"Don't say a day will come; go bring that day yourself."

"Be who you are and say what you feel because those who matter don't mind and those who mind don't matter."

Joseph Felici

John Fenton

Cross Country 9-12
Indoor Track 9-12
Outdoor Track 9-12
NHS 11,12

"Make the most of yourself, for that is all you are." -Emerson

Arab Money, Feresheesh

Varsity Tennis 11, 12
Indoor Track 9

Sunday School Teacher
Senior Class Play
Powder Puff

"Ha Ha. Hoo Hoo. Ha Ha Ho."

"She thinks she's the queen, and we're the sorry people."

Arine Fereshetian

Darkness

Ultimate Frisbee 10-12
East Asia Club 9

"Practice makes perfect. Nobody's perfect... Why practice?"

"Stop looking into the future; start living in the present."

Sean Fiedler

Travis Filiault

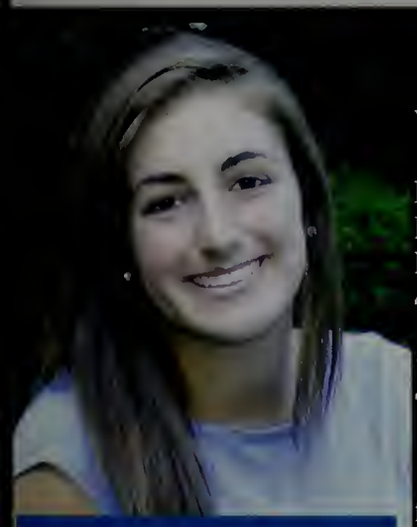
Riku

Gaming Club V.P

"Aww, how sweet. I wish i had someone." "I know."

"Bow chika wow wow!"

"Achievement unlocked: LHS graduate."



Natalie Fiorelli

Natty-Ice

Varsity Volleyball 10-12

Fab Five 9-12
DJST 9-12
NHS 11, 12
4H 9-12

"Second place? Yeah, That's losing."

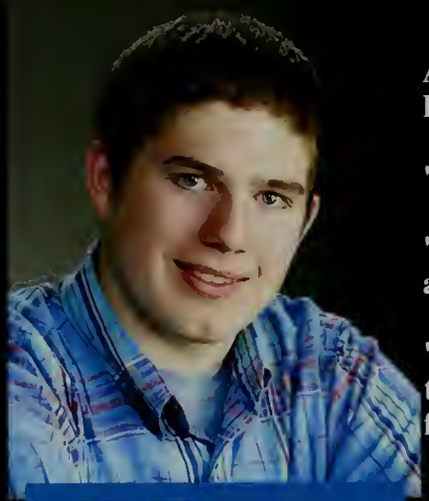
"Bone it down the fairway."

Fish, Fishy, PJ, Poopy, J

Varsity Soccer 9-12 C
Varsity Lacrosse 9-12 C
Indoor Track 9-12 C
NHS
Powder Puff

"Makin memories."
"MEOW"
"Great memories are born from great opportunities."
"I always get a ten cause I'm built like that."
-Miley Cyrus

Jenna Fisher



DFlems, Flemdog

Anime Club 10
East Asia Club 11, 12

"Spaaace!!!"

"I would get an achievement for that."

"Remember, don't try this at home; go to a friend's house."

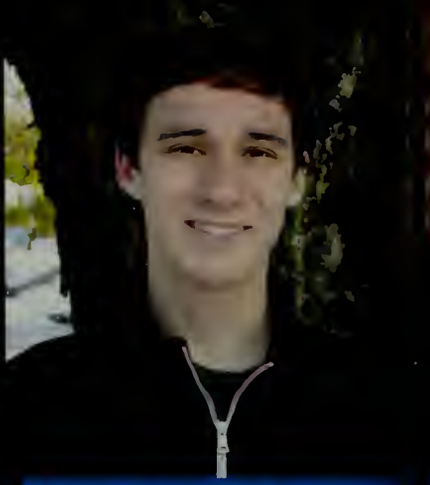
David Fleming

Foley

B-Team Ultimate Frisbee 10, 11, 12C

"Heros get remembered, but legends never die. Follow your heart kid, and you'll never go wrong."

"You could take away my soul, but you could never take away my spirit."



John Foley

Jabez

Lyrics 9,10,11,12
Symphony Orchestra 9-12
Golf Tryouts 12
Varsity Parkour 11,12
Cross Country 10,12
Math Debate 11,12

"Oh no way dude. He's fueled by vengence and reinforced by space age technology."- Dennis Reynolds

"I would light the stove, cause I'm starving." - Trademark

James Frank

Daniela Friedson-Trujillo

Soccer 9-12
Baseball 9
Debate Team 10-12C
Engineering Club 11, 12
I Cantori 10-12
Men's Chorus 9, 12
St. Mary's Youth Council 9-12

"You can learn the name of a bird in all the languages of the world, but when you're finished, you'll know absolutely nothing whatever about the bird."- Richard Feyman

Brian Fydenkevez

BGM, Gags, Crusty, Benny

Soccer 9, 10
Indoor Track 9-12 C
Cross Country 11, 12C
Ultimate Frisbee 9-12C
NHS 12
Math/Debate Team
Jazz Band 11, 12
Lyrics 11, 12
Senior Class Play

"I am against nature. I don't dig nature at all. I think nature is very unnatural. I think the truly natural things are dreams which nature can't touch with its decay."

Benjamin Gagne-Maynard

Erin Garcia

Mike, G, Gmoney

Baseball 9
Indoor Track 9-12
Soccer 9-12

Six Flags New England
Soccer Referee

"Success is no accident. It is hard work, perserverence, learning, studying, sacrifice, and, most of all, love of what you are learning to do."
-Pele

Michael Garrity

Serena, Siren, Ren-ren

Volleyball 9, 10
Track 10
Key Club 10, 11, 12
Senior Class Play
Powder Puff

"Change your thoughts and you change your world."-Norman Vinvent Peale
"We Make a living by what we do, but we make a life by what we give."-Winston Churchhill

Sirena Geheon

Edward Gerasimchuk

Jenna Gilmore

Soccer 9
JV Softball 10
Key Club 10, 11, 12
Yearbook 12
Senior Class Play
Powder Puff

"Be who you are and say what you feel because those who mind don't matter, and those who matter don't mind."

Jorge, Zeus

Mock Trial 10, 11, 12
Car Repair

"What do you mean we have a test? We've only had two weeks to study the material."

George Ginopoulos

Rachel Glick

Mock Trail 10-12
Drama Club 9-12
Accidentals 10-12
ICantori 11, 12
Softball 10
East Asia Club 10,11

"Music expresses that which cannot be said and on which it is impossible to be silent."- Victor Hugo

"Humans have a knack for choosing precisely the things that are the worst for them."-Albus Dumbledore

Hallums

East Asia Club 9-12
SPFTY 9-12
La Capella 10-12
Yoga Club 9-12

"Time is leeting and once a moment is lost, you can't ever get it back."-Wonderland

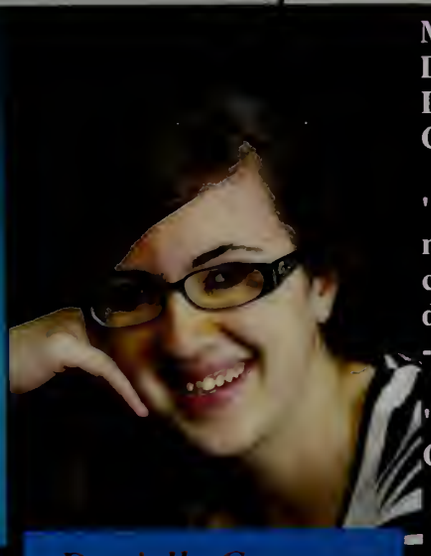
"Dance like no one is watching."

Hallie Goldstein

Drama Studio 9-12
Rachel's Table 11, 12
Link to libraries 11, 12
NHS 11, 12
Key Club 10

"This above all: To thine own self be true."
-William Shakespeare

Lucy Gouvin



Danielle Granger

Mock Trial 9-12
Drama Club 9-12
La Capella 10-12
Concert Band 9-12

"I make the fabulous...I make the crap into credible...I make the dull into....delicious."
-Edina Monsoon

"La Croix sweetie, La Croix."-Edina Monsoon

Yolanda Green

Yoyo, Landa, Yolie

Tennis 11, 12
Track 12
Key Club 9-11

"I do what others won't today so I can do what they can't tomorrow."

Greeny, Greenberg

Golf 9-12
A.Team Ultimate 9-12C
Key Club Publicity 9, 10
NHS Treasurer 11, 12
Indoor Track 12
Jet Jotter 12

"Is this the Krusty Krab? NO! this is Patrick!"

"There are so many states."-Colin Whitney

"Him (Jim Morrison) and Elvis are still alive. I saw them in the bathroom."
-Mrs. Pion

Alexander Greenberg

Remy Greenhut

Track 9-12
Indoor Track 10-12
Key Club 9, 10
BPA Pres. 11, 12

"I've been earnin' and burnin', snappin' necks and cashin' checks."
-Erin Kiernan

Grippo, Gripmastah

Swimming 9-12
Water Polo 12

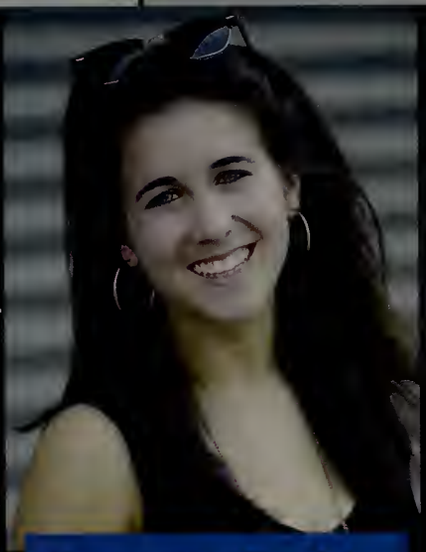
"I have never let my schooling interfere with my education."
-Mark Twain

James Grippo

Ski Team 9-12C
Jet Jotter 11, 12
Key Club 9, 10

"Life moves pretty fast. If you don't stop to look around once in a while, you could miss it."- Ferris Bueller's Day Off

"You cannot fake chic, but you can be chic and fake fur."- Karl Lagerfeld



Samantha Grodsky

Alison Gronostalski

Ally, Ally-Bally

Key Club 9,10
Yearbook 12

"In three words I can sum up everything I've learned about life: it goes on."
-Robert Frost

"We should take Bikini Bottom and push it somewhere else!"- Patrick

Stephen Graw

Tennis 9,10,11,12
Skiiing 9,10,11,12
Cross Country 11,12

Key Club 10-12
NHS 11, 12

"Life is too deep for words, so don't try to describe it; live it."

"Don't question authority; they don't know either."

Rachel Gyllenhammer

Kyle Harris

Football 9
Cross Country 10,11,12
Indoor Track 9,10,11,12
Lacrosse 9,10,11
Track 12
Youth Track Coach 9-12
Senior Class Play

"The free, exploring mind of the individual human is the most valuable thing in the world." -John Steinbeck

John Haryasz

Lacrosse 9
Lacrosse Manager 10, 11

Peace Jam 10, 11, 12
DJST 12
Dance-A-Thon 10-12

Emma Haskell

Anne Hayes

Cross Country 9-12
Track 9, 10, 12
Tennis 9-12

NHS 11,12
Key Club 11,12

"What lies behinds us and what lies before us are small matters to what lies within us." -Ralph Waldo Emerson

William Heemskerk

Swimming 9-12
Track 11
Career Tec 10-12

"So what, you've got haters? That just means you stood up for something in your life."

Killian Hennessey

Emilee Herringshaw

Field Hockey 9-12C
Indoor Track 9-12
Ultimate Frisbee 10-12
Key Club 9-12

" She who has the will to win cannot be beaten"
LHSFH2K11

Dr.Dreads, T-Pain

Football 11
Track/Field 9-12

Devaughn Hill

Outdoor Track 10-12
La Capella 10-12
Unity Club 9-12
Powderpuff
Senior Class Play

'Timberr"-Mr. Sweeney

"What lies behind us and what lies before us are tiny matters compared to what lies within us."

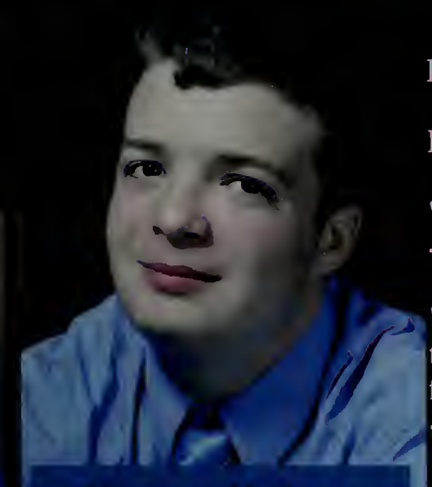
Autumn Hinson

Shaina Hirschkorn

Shanaynay

Soccer 9, 10
Indoor Track 9, 10
Cross Country 11
Ultimate Frisbee 9-12
Key Club 10
NHS 11, 12
Wind Ensemble 10-12

"Be the change that you wish to see in the world."
-Gandhi
"It isn't sufficient just to want-you've got to ask yourself what you are going to do to get the things you want."-FDR



Connor Holmes

East Asia Club 9-12

Boy Scouts

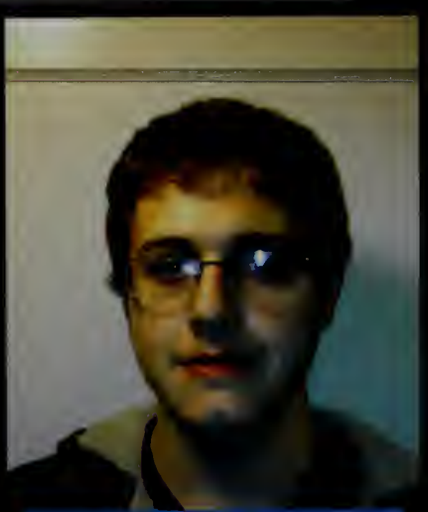
"Boys be ambitious."
-William Clark

"A wise man learns by the mistakes of others; a fool, by his own."
-Latin proverb

Lancer Lounge 9
East Asia Club 9, 10

"Genius is more often found in a cracked pot than in a whole one."-
E.B. White

"Geronimo!"
-The Doctor



Evan Homan

Jason Horowitz

Varsity Tennis 9-12
Key Club 9-12
NHS 11, 12

"ANYTHING IS POSSIBLE!" -Kevin Garnett

"Tell a man there are 300 billion stars in the universe and he'll believe you. Tell him a bench has wet paint on it and he'll have to touch it to be sure."

Meg, Meggo, Meggie

Volleyball 9-12
Lancer Volleyball Clinic

"Imperfection is beauty, madness is genius and it is better to be absolutely ridiculous than absolutely boring." -Marilyn Monroe

Megan Houff

Ludwig, Huss

Football 9
Wrestling 9-12
BPA 10, 11

Connor Hussey

Michael Iancu

Mike, Mikey, Mikester

Varsity Golf
Track
Indoor Track

"A successful man is one who can lay a firm foundation with the bricks others have thrown at him." -David Brinklet

"I think we agree, the past is over." -George W. Bush

Erica Josephson

Ekajo

Softball- 9, 10, 11, 12

"Thinking about tomorrow won't change how I feel today."

Cross Country 9-12C
Track 9-12
J-Ball 10-12

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."-Ferris Bueller

Jack Kanin

Clarissa Kapinos

Stina, Stin Stin

Indoor Track 10-12C
Outdoor Track 10-12C
Ultimate Frisbee 9

Senior Class Play
Powder Puff
Yearbook 11-12
Best Buddies

"If you don't hand in your senior packet, you'll be wearing your $#%@ for earmuffs!"

Swim Team 9,10,11,12 C
NHS

"Life isn't about waiting for the storm to pass. It's about dancing in the rain."

Randi Katz

Michael Keating

Ryan Keator

Wrestling 9
Football 9, 10, 11
Lax 9, 10, 11

"Crowded classrooms and half day sessions are a tragic waste of our greatest natural resource-the minds of our children."
- Walt Disney

Elise Kei-Rahn

Orchestra 9,10,11,12
Pit Orchestra (conductor)
School Committee Advisory Council
Youth Track Coach 9,10,12
XC 9
Indoor Track 9
Outdoor Track 9,12

"I used to think that anyone doing anything weird was weird. I suddenly realized that anyone doing anything weird wasn't weird at all, and it was the people saying they were weird that were weird."

"You look like a wet sewage rat." - Mr. Mucci

DK, Kell

Lacrosse 9,10,11,12
Football 9,10,11,12 C
Indoor Track 9

"Clear eyes, full hearts, can't lose."

"Whenever you step on the ice, remember it was Hans that taught you how to fly."

Dylan Kelleher

John Seamus Kennedy

Seamus

Soccer 9-12C
Lacrosse 9-12
Key Club 12
LHS Hockey Fan

"My name is Jacob and I like sports"
-Jacob Rothstein

"Brain on ice, heart on fire"-Brad Miller

"If you don't like something, change it. If you can't change it, change your attitude."

Bri, BK, Beaker, BK-Cage fighter, BriBri

Varsity Soccer 9-12
Indoor Track 9-12
Track 9-12

Brianna Kenney

Eriny, Erwin

Cross Country
Outdoor/Indoor Track
Vice President
S.A.D.D.
Key Club

"It's part of my personality...like it...or hate...IDC! Cuz I'm juss chillen." -Rachel Siegel

"Have to get my way, yep 24 hours a day cause I'm hot like that."
-Miley Cyrus

Erin Kiernan

Alice Kim

Ultimate Frisbee 10-12
Accidentals 12
Track 12
Culinary Arts 9, 12
Taekwondo 9-12

"It's because i'm Asian."

Brendan Knight

Cross Country 9-12
Indoor Track 9-12
Outdoor Track 10-12

Frisbee Club 9

National Honor Society 11,12

"No snowflake feels responsible for the avalanche."-Russian proverb

Katie

Soccer 9, 10
Cross Country 11, 12
Track 10, 11
Indoor Track 10, 11
Key Club 10, 11, 12

DJST 10, 11, 12
Sr. Class Play Director

"Life is like riding a bicycle- to keep your balance you must keep moving." -Albert Einstein

Kathleen Knight

Alexander Koerner

Koerner

Outdoor Track 9-12
Cross Country 10
Big Y 11, 12

"If you aren't first, you're last."-Ricky Bobby

"You may say I'm a dreamer, but I'm not." -Steve Carrell

"You stay classy, LHS."-Ron Burgundy

Sindhu Kondaveeti

Any possible altercation, abbreviation, or elongation of my name

Lyrics 10-12
Accidentals 12
I Cantori 10-12
Drama Club 10, 12
Key Club 10-12

"I'm ready, I'm ready, I'm ready..."-Spongebob Squarepants

Pallavi Kovamosu

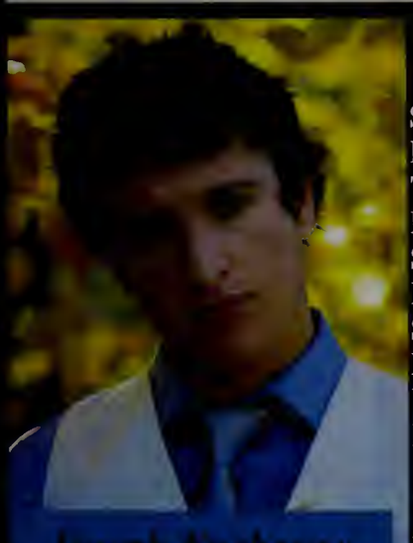
Paisley Krueh

PVK, Pais

Swimming 9-12
Track/ Field 9-12
Key Club 9, 10, 11

"Life isn't measured by the number of breathes you take, but by the number of moments that take your breath away."

"Be who you are and say what you feel because those who mind don't matter, and those who matter don't mind."



Joseph Kurbanov

Joey, Jojo

Swimming 9,10,11
Piano
Track 9
Enviornmental Club
Sailor Club
Lyrics 10,11,12
Senior Class Play
NHS
Vice President 12
Politics Club

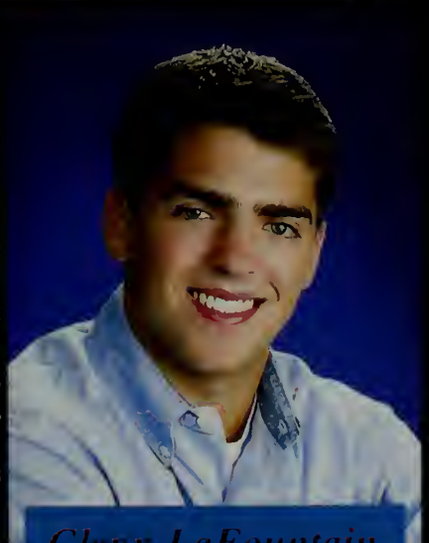
"Why worry about the future when you can enjoy the present."

Glentar, Glenny

Football 9
Hockey 9, 10, 11, 12C
Lacrosse 9, 10, 11, 12
Key Club 10, 11, 12
MH 12

"Hey. They laughed at Louis Armstrong when he wanted to go to the moon, now he's up there, laughing at them." -Chaz Michael Michaels

"Try not to become a man of success, but a man of value."



Glenn LaFountain

Austin Lai

Cross Country 11,12
Skiing 9-12
Tennis 9-12

Impressions
Anime Club
Non Scents

"I like Trains."
"Tag? :3"

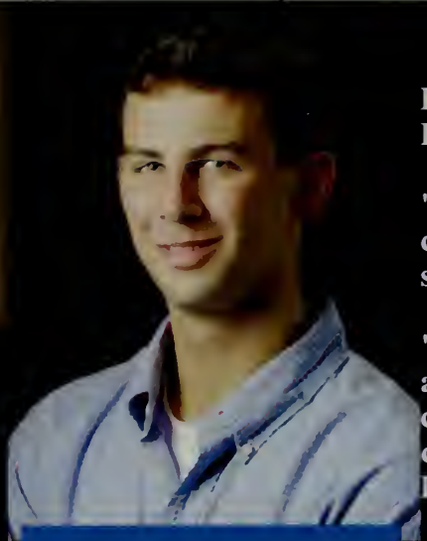
Mckenna Larivee

Joe, Levertue

Pep band 9, 10, 11, 12
Big Y 11, 12
Key Club 10

"Your life is like a blank chalkboard and you have the chalk in your hands."-Mr. Mucci

Joseph Lavertue



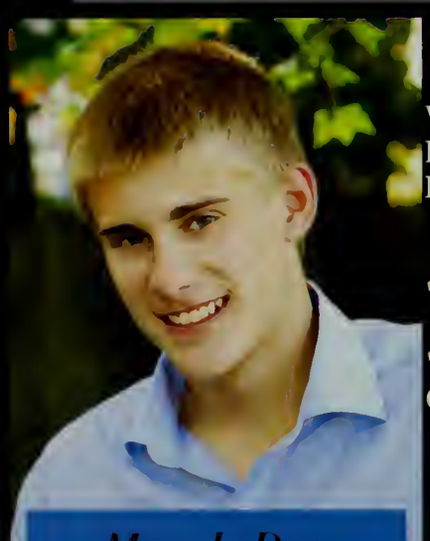
Jacob Lazarus

Jake, Lazbomb, Laz

Football 9, 10, 11, 12
Baseball 9, 10, 11, 12

"That that don't kill me can only make me stronger." -Kanye West

"Perfect is not attainable, but if we chase perfection, we can catch excellence." -Vince Lombardi



Marc LeDuc

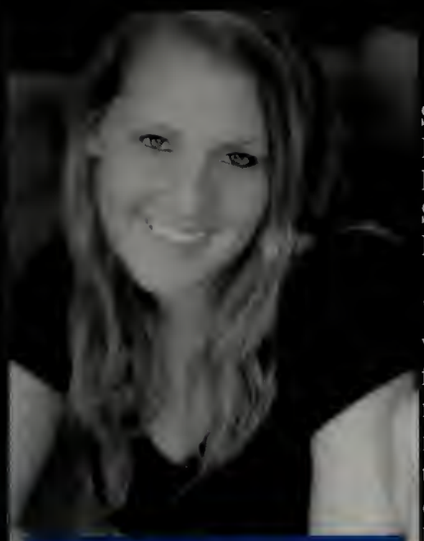
Smarty Marty

Wrestling 9-12
Lacrosse 9
Football 9, 10, 12

"Go hard or go home."

"Everybody Wang Chung tonight."

John Lee



Abigail Levine

Abby, Abbs

Swimming 9, 10
Key Club 9, 10, 11
DJST 10, 11, 12
Senior Class Play
Powder Puff

"Around here, however, we don't look backwards for very long. We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity is leading us down new paths."-Walt Disney

B-Lax

Football 9, 10
Cross Country 11, 12
Lacrosse 9-12
B.P.A 10-12 V.P

"Do not go where the path may lead; go instead where there is no path and leave a trail."
-Ralph Waldo Emerson

Bennett Leveillee

Levenstein, Neb nosnevel

Wrestling 9
Outdoor Track 9,10
Varsity Football 9-12
Pointbreak 11
JCC counselor 10,11
Springfield rugby club 11,12

"It's not about the size of the dog in the fight, it's about the size of the fight in the dog."

"My name is Jacob and I like sports." -Jacob Rothstein

Benjamin Levenson

Taylor Llodra

Field Hockey 9-12
Indoor Track 9-12
Track 9-12
NHS 11, 12

"She who has the will to win cannot be beaten."
LHSFH2K11

Alexandra Lyon

Princess

Unity Club
Track and Field
Jet Jotter

"The secret to happiness is doing what you love. The secret to success is loving what you do."

Gabbi, G-Mack

New England Dance Conservatory 9,10,11,12
NEDT 9,10,11,12
Key Club 9,10,11
Pottery Club 11,12
Yearbook 12
Senior Class Play Choreographer
Powderpuff

"You can complain because roses have thorns or you can rejoice because thorns have roses."

Gabrielle Mack

John MacKenzie

Jack

Baseball 9, 10
Longmeadow CC
Grounds Crew 9-12

"It's a dangerous business going out your front door. You step into the road, and if you don't keep your feet, there is no knowing where you might be swept off to."-The Lord of the Rings

Nicholas Maldonado

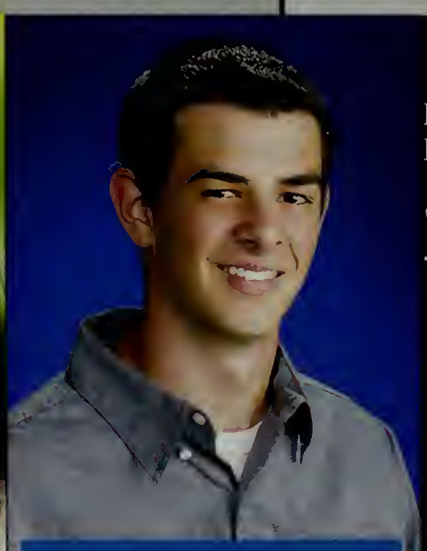
Chrissy

Indoor Track 9,10
Outdoor Track 10
Cross Country 11, 12

Key Club 10, 11, 12
Peace Jam 10, 11, 12
DJST 10, 11
Senior Class Play

"Cowards die many times before their deaths; the valiant never taste of death but once."-Shakespeare

Christina Maloney



Jeffrey Mancuso

Cuso

Baseball 9, 10, 11, 12
Basketball 9,10

"Oh let's do it."
-Will Nicholson

Charlene Mangold

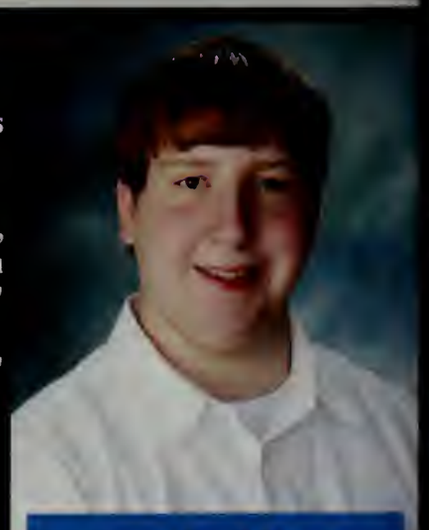
Pottery Club

Holt, M O H

Impressions

"Be who you want to be, not who people say you should be."

"Bob Saget!"



Timothy Marsh

Cassandra Marin

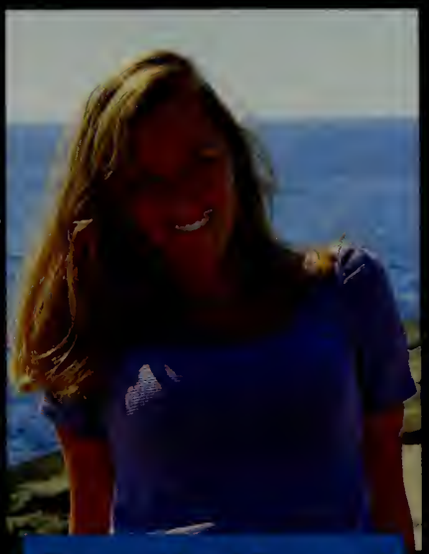
Softball 9, 10, 11, 12
NHS 11, 12

"It is our choices that show what we truly are, far more than our abilities."-Albus Dumbledore

Sammi

Softball 9, 10
Volleyball 9, 10

"Stop being afraid of what could go wrong, and start being positive of what could go right."



Samantha Maynard

Ski Team 9, 10, 11, 12C
Track 9, 10, 11, 12
Peace Jam 10, 11, 12

"I personally subscribe to the belief that normal is just a setting on the dryer."-Jodi Picoult

"Higgledy-piggledy salad days."

Anne Maziarz

Brendan McAdoo

James McCarthy

Cross Country 10-12
Indoor Track 9-12
Outdoor Track 9-12

Cross Country 10,11,12
Indoor Track 10,11,12
Track 10,11,12
NHS

"The answer to everything is 12+C"

"Remember to live."
-Goethe

Simon McCarthy

Thomas McCarthy

Tmac

Football 9
Hockey 9, 10, 11, 12
Key Club 10, 11
Mand H 12

"Live for the moment."

Drama Club 9
Outdoor Track 11
Yearbook 12
Senior class play set design 12

"Nobody panics when things go according to plan, even if the plan is horrifying."

Caitlin McCoy

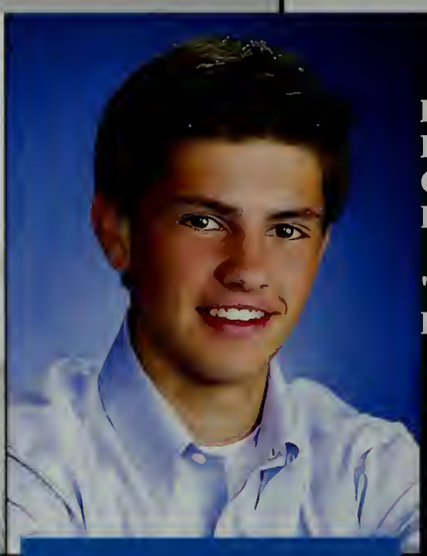
Ei, Fileen

Track 9, 10, 12
Soccer 9, 10, 11, 12
Lacrosse 9, 10, 11, 12C

"I can't be tamed." -Miley Cyrus

"We're going to a mad rip yo!" -Kim Kiernan

Eileen McDonald



Daniel McDonough

McDonough, McD

Football 9
Basketball 9
Cross Country 10, 11, 12
Lacrosse 9, 10, 11, 12

"Hug?" -Bennett Leveillee

Madeline McLean

Maddy

Track 9, 10, 11, 12
Key Club 10, 11
Peace Jam 10, 11, 12

"Perhaps imagination is only intelligence having fun."

Patrick McMahan

Joshua Mendel

MedelorBetter, Mendel

Brightwood Hardware
A. W. Browns

Youth Philharmonic Orchestra at New England Conservatory of Music- 10, 11, 12

"If you love something, set it free. If it comes back, it's yours forever. If not, it was never meant to be."

Soccer 9-12C
Ski Team 9-12C
Lacrosse 9-12
Interact Club 10, 11, 12
NHS 11, 12

"Everyone has the desire to win, but only a few have the desire to prepare."

John Mentor

Laur, LMerts, Mirks

NHS 11, 12
Swim Team 9, 10
Outdoor Track 9, 10

Jet Jotter 11
DJST 9-12

'Imperfection is beauty, madness is genius, and it's better to be absolutely ridiculous than absolutely boring."-Marilyn Monroe

Lauren Mertens

Alice Metz

Orchestra 9, 10, 11, 12
Chamber
Lyrics 11, 12
Accidentals 11, 12

"Dance like nobody's watching, sing like nobody's listening, love like you'll never be hurt."

Joshua Minardi

Josh, Spicey Mchaggis, Minority

Drama Club 10, 11, 12

"What a long, strange trip it's been."

"Once more into the great good night, cause havoc and let slip the dogs of war." -Julius Ceasar

Ottie Mo, Ottie, Big Ry

Basketball 9
Football 9, 10, 11
Track 9, 10, 11, 12
Unity Club 9, 10, 11, 12

"That's debateable."

"Swag woop."

Ryan Moore

Ryan Moriarty

Ultimate Frisbee 9-12
Cross Country 9-12
Track 9-12

"This is why we can't have nice things."
"Somewhere, something incredible is waiting to be found."-Carl Sagan

"On the sixth day God created the platypus, and God said, 'let's see the evolutionists try to figure that one out.'"

"What's up Dewy?"

Sofeinstein, Sof-Sof, Shmof, Sofer gopher, Brofia, Soria (sis)

Mock Trial 9
Knitting Club 10
Impressions 10, 11, 12
JCC Counselor 10, 11
DJST 11, 12
HHHS 9, 10, 11
JLI Fellow 12
NHS 11, 12

"No man can walk out on his own story."
-Rango

Sofia Mikhmana

Concert/Pep Band 9-12
Interact Club 12
Senior Class Play
Pit Orchestra 12

Justin Myers

Nitheesha Nakka

Indoor Track 11
Science Quiz Bowl 9
Yoga Club 10
Harry Potter Club 10
Model U.N. 9, 10, 12
Accidentals 11, 12
Jet Jotter 12
Lyrics 12

"Music is a higher revelation then all wisdom and philosophy."
-Beethoven

"A coward is incapable of exhibiting love; it is the prerogative of the brave."
-Ghandi

Suryanshi Nayyar

Anshi, Anch

Cross Country 10-12
Frisbee 9-12
Key Club 9-12
SADD 10-12

"The lesson I've learned the most in life is that you're always going to know more in the future than you know now."
-Taylor Swift

Jack, JC

Soccer 9-12
Backetball 9, 10
Track 11-12C
Lacrosse 9-12

NHS 11, 12
BPA 9-12
JCC Backetball 11, 12
Senior Class Play

"I don't know who my grandfather was; I am much more concerned to know what his grandson will be."-Abraham Lincoln

John Neil

Aaron Neiman

Nemo

Ultimate Frisbee 9-12
East Asia Club 9-12
Jet Jotter 11, 12

"All you touch and all you see is all your life will ever be."- Pink Floyd

"Some kind of happiness is measured out in miles."
-The Beatles

"Hey Bulldog"

Jazz Band 9-12
Wind Ensemble 9-12
Senior Districts 9-12

Cross Country 10, 11
Jet Jotter 9-11
Debate Team 9, 10

"To believe your own thought, to believe what is true for you in your private heart is true for all men- that is genius."
-Ralph Waldo Emerson

Samuel Neveu

Vivi, Viv

Culinary Art Club 9, 12
Pottery Club 11, 12
East Asia Club 10-12
Knitting Club 9, 10, 12

"Where words fail, music speaks."-
Han Anderson

'The only mistake in life is the lesson not learned."-
Albert Einstein

Vivian Nguyen

William Nicholson

Willay

Football 9
Lacrosse 9, 11, 12
Wrestling 9, 10, 11, 12
Key Club 9, 10, 11

"Oh, let's do it."
-Jeff Mancuso

"They should be up cooking breakfast or something."
-Jeff Mancuso

Tom Nilsson

Cross Country 11, 12
Indoor Track 9-12
Soccer 9, 10

Key Club 11, 12 (Treas)

"The speed of time is one second per second."
-Ryan Moriarty

TJ, Terry James moving the chains, Turr, Terri

Varsity Football 9-12
Varsity Basketball 9-12
Unity Club 9-12

Terry Norris

Haley Northrup

Field Hockey 9, 10
Volleyball 11
Cross Country 12
Basketball 9-12
Softball 9-12
NHS 11-12

Alex Novak

Lone Wolf, Eocon

Field Hockey 9-12
Lacrosse 9-12
Basketball 9, 10
NHS 11, 12
Senior Class Play

"Do what you can, with what you have, where you are." -Theodore Roosevelt

"The most wasted day of all days is that in which we have not laughed." -Nicolas Chamfort

Erin O'Connor

Conor Olmstead

Swim Team 10, 11
Lifeguard 08-11
Career Tec 10-12

"The future belongs to those who believe in the beauty of their dreams."

Erica Oundjian

Oundj, Reeks

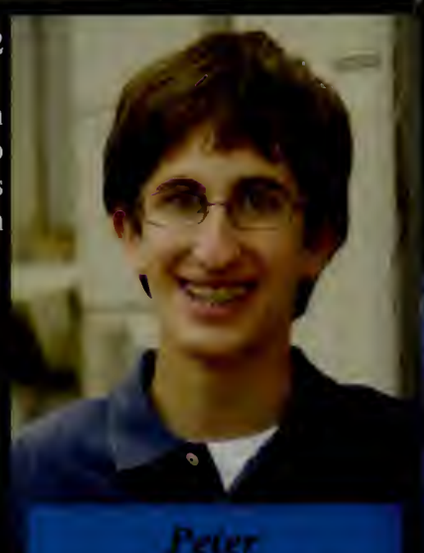
Varsity Basketball 9-12
Varsity Volleyball 9-12

NHS 11, 12
Fab Five 9-12

"If you've given the greatest effort that you can expect of yourself, you always get what you deserve" -Vivian Stringer

East Asia Club 9-12

"Only he who has seen better days and lives to see them again knows their true value."-Twain



Peter Paleologopoulos

Jasmine Papnatsakis

Moe Moe

"Instead of wishing you were someone else, be proud of who you are. You never know who might be looking at you wishing they were you."

Monique Paquette

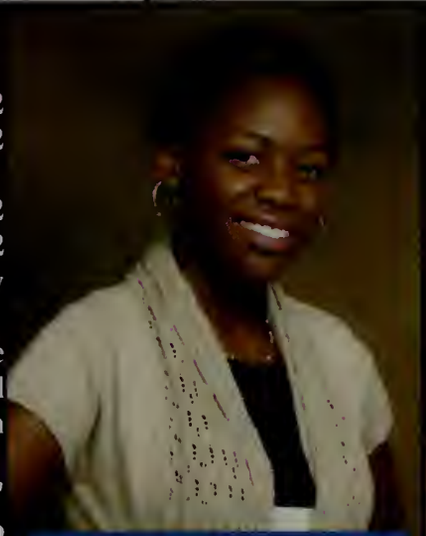
Stellie

Track 9, 10, 12
Indoor Track 12

Key Club 12
Yearbook 11, 12
Senior Class Play

"Dream as if you'll live forever. Live as if you'll lie today." -James Dean

"Just keep swimming." -Finding Nemo



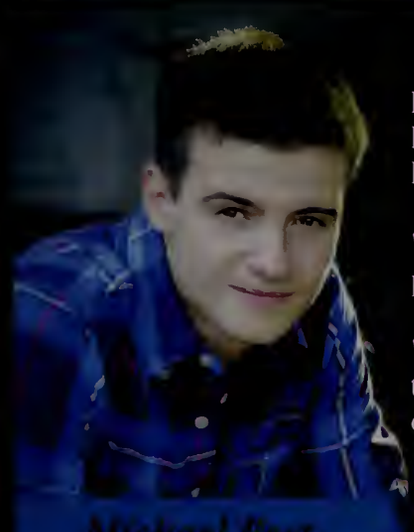
Cheyrielle Paul

Jarrod Peck

Tennis 9-12

"Try and fail, but don't fail to try."

"Life isn't worth living unless you're willing to take some big chances and go for broke."



Michael Peer

Peet

Basketball 9
Football 11
Frisbee 10-12

"I lift things up and I put them down."

"The duck may swim on the lake but my daddy owns the lake."

East Asia Club 9-12
Kiddly Winks 11, 12
Key Club 10, 11

NHS 11, 12

"When one tries to master something, it either ends in success or failure. But it is in the attempt itself where you find the true value. Believe in your own power and walk your own path."

Austin Percy

Matthew Perruccio

Christian Prayer Club founder at LHS
Worship leader at church
Bound4LIFE chapter leader
Newspaper boy at Reminder Publications

"It is good to wrestle for divine blessing." -David Brainerd

Philbo Baggins

Football 9-12
Baseball 9-12
Basketball 9

"My name is Jacob, and I like sports."
-Jacob Rothstein

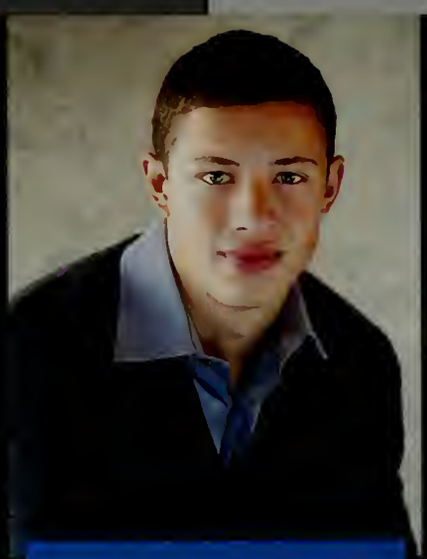
"Happy Thanksgiving...now, kick their @#$%$#."
-Nick St. George

Ryan Philbin

Jean, JP2, JPP, Canada

Soccer 9, 10, 11, 12
Hockey 9, 10, 11, 12

"Uhh" -Rick Ross



Jean Pierre-Pierre

Daniel Piersun

Ice Hockey 9-12
Peace Jam 11, 12
Math- Debate Club 9-12

"One does not simply walk into mordor."
- Boromie

"Don't come until you stop." -Math-Debate Team Motto

Caitlyn Pisarski

Pisarski

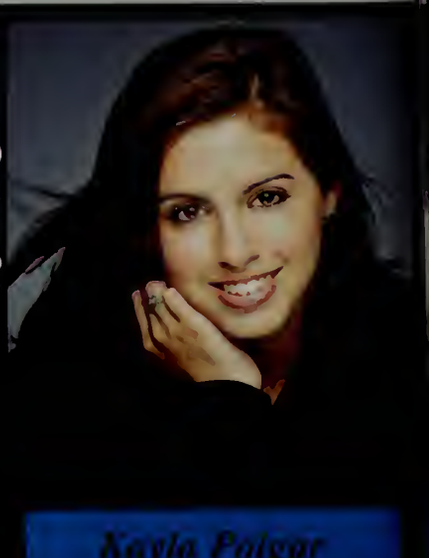
Key Club 9, 10
Cheerleading 11, 12
CIT 9-12
LaCapella 10, 11, 12

"Live your life as if you're at the bottom, even if you're at the top." -Nick Jonas

Da Kaylapwa, Kkbeatdrop

Soccer 9, 10
Key Club 9, 10, 11

"Commitment to excellence."



Kayla Polzer

Na na

Basketball 9-12C
Unity Club 9-12

"Swag"

Dana Pugh

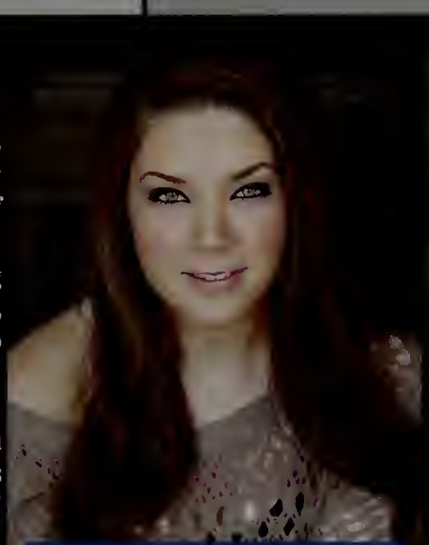
Brett Rabideau

Ali, Al

Environmental Club 11
Key Club 12
Senior Class Play
Powder Puff

"Life isn't about waiting for the storm to be over, it's about learning how to dance in the rain."

"Laugh as much as you breathe and love as long as you live."



Alison Rancourt

Mai-Tram Riquier

"Everything happens for a reason. People change so that you can learn to let go. Things go wrong so you can appreciate them when they're right. And sometimes good things fall apart so that better things can fall together."

Tessie, Mother Theresa

JV Softball 9
Track 10

Key Club 10, 11
Envirnmental Club 11

"Positive minds full of faith and hope produce positive lives."-Joyce Meyer

Theresa Kobiuszki

Roth, Mmm Jacob

Lacrosse 9-12
Soccer 9-12

"Wherever you go, no matter what the weather, always bring your own sunshine."
-Anthony J. D'Angelo

Jacob Rothstein

Alysse Rourke

Sharkbait

Softball 9, 10, 11C, 12
Indoor Track 12
Key Club 9, 11, 12
Yearbook 12
Senior Class Play
Powder Puff

"Keep your eyes on the stars and your feet on the ground." -T. Roosevelt
"Be the change you want to see in the world." -Gandhi
"Just keep swimming." -Finding Nemo

Yonatan Rubenstein

Basketball 9
Field Hockey 9-12
Lacrosse 9-12

"When you can be your own best audience, and when your own applause is the best applause you know of, you're in good shape."

"She who has the will to win cannot be beaten." LHSFH2K11

Catherine Ryan

John Ryan

X, Johnny

Football 9
Golf 10-12
JV Lacrosse 9

"Everybody hit somebody.' -Nate Scyocurka

"Ain't nothin to it but to do it." -Glenn LaFountain

Kevin Rzepka

Zep, Rzepka

Soccer 9-12C
Basketball 9, 10
Ultimate Frisbee A-team 9-12C

"Great memories are born from great opportunity" -Herb Brooks

"We're sitting here, and I'm supposed to be the franchise player and we're talking about practice. I mean listen, we're sitting here talking about practice."-Allen Iverson

Sushi, Suchimos, Such

Ultimate Frisbee 10-12
Brick City Pizza

Suchir Sampath

Kyle Sampson

Sampy

Track/Field 9
Indoor Track 10

"I wanna talk to SAMPSON!"

"Scotty pibbins."

Magnus

Lacrosse 9, 10, 11, 12
Football 9, 10, 11, 12

Connor Samuelson

Seth, Timbo, Cat Daddy, Timberland

Swimming 9-12 C
Key Club 10, 12
Jazz Band 9, 12

"Don't let school interfere with your education."

"Don't ask what your country can do for you; ask what you can do for your country."-JFK

Timothy Santiago

Shannon Santos

Sandy-Toes, Shanaynay

Swimming 9, 10, 12
Volleyball 11, 12
Track/Field 11, 12
Powder Puff
Lyrics 12
Accidentals 12
Swedish Fish 12
Senior Class Play

"Fat, drunk, and stupid is no way to go through life, son." -Animal House

"Those who make it complicated never get congratulated."
-Kid Cudi

Philip Schafer

Soccer 9,10
Lacrosse 9,10,11

"It's not the breaths you take, but the memories you make."

Alexander Schmitt

Adam Schmuter

El Presidente, Corey Mathews, Supreme Leader

Class President 10,11,12
Orchestra 9,10,11,12
Senior Class Play
Co-Producer

"Do you push the elevator button more than once? Do you really believe that makes the elevator faster?"

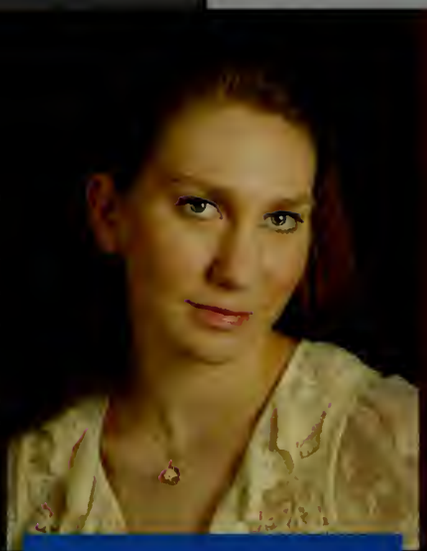
"When it's all said and done, will you have said more than you've done?"

Gregory Schneider

NHS-President 11, 12
Jet Jotter Editorial Board
Chemistry Olympiad
Debate Team 9-12

Wind Ensemble 10
Principal Violist-Section Leader of Symphony
Music Mentor
Chamber Orchestra leader

"By sharing your time, your talent and your compassion for others, you can truly change the world."-Gandhi



Emily Schwartz

Joseph Scuderi

Football 9, 11, 12
Track 9, 10, 11, 12

"Life is what you make of it."

Nathan Scyocurka

Nate

Football 9, 10, 12
Lacrosse 9-12
PCU 12

"My name's Jacob and I like sports mmmmm Jacob..."

"Girls... jog it down."
-Mr. Gagne

"Sleep Knights"-Jerry Lazarus

Ultimate Frisbee 9-12
Cross Country 9, 12

Accidentals 10, 11, 12
Swedish Fish 11, 12

Hannah Sears

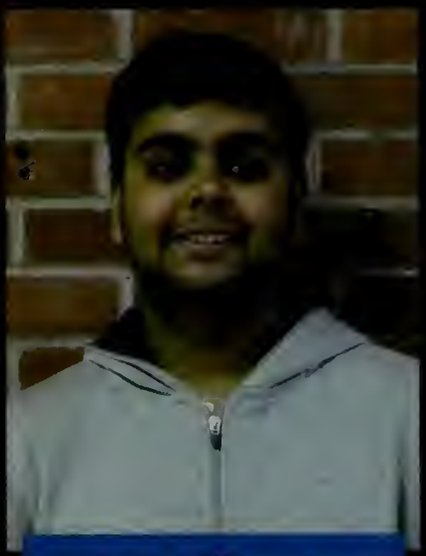
Sarah Selden

Sapah, Kelpie

East Asia Club 10, 11
Shakerbowl 11
Key Club 11

"I like nonsense, it wakes up the braincells. Fantasy is a necessary ingredient in living."
- Theodore Geisel

"Damn you, caps lock."
-The human race

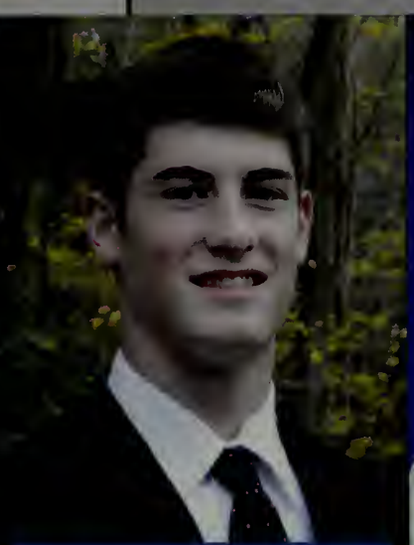


Amity Sharma

Garebear, Stephen

Wresting- 2x captain, 2x WMASS champ
Math Team (unofficial captain)
St. Mary's Church violist
Chamber orchestra- principle violist

"Somehow"
"Plus C"



Gary Shea

Benjamin Siegal

Ben

Soccer 9
Hockey 9
Track 9, 10
Indoor Track 10
Lifeguard 10, 11

Rachel Siegal

Siegel, Siegs, Seigy, Poopy

Soccer 9-12C
Indoor Track 9-12
Track 10, 11, 12C
S.A.D.D 11, 12

"I go through guys like money flying out their hands." -Miley Cyrus

"No one who ever gave their best regretted it."

Dan, San Dimon

Lyrics-Tenor 11, 12
Men's Choir-Tenor 9, 10
Ultimate Frisbee 11, 12

"Never put off till tomorrow what you can do the day after tomorrow."-Twain

"Never gonna give you up."-Rick Astley

Daniel Simon

Meg, Megster, Mego

Basketball 9, 10
Volleyball 9, 10, 11, 12
Softball 9, 10, 11, 12

"You have to be unique, and different, and shine in your way."-Lady Gaga

"Fearless is not the absence of fear. It's not being completely unafraid. Fearless is having doubts, but living in spite of those things that scare you to death."-Taylor Swift

Megan Smith

Paje, Pahina, Paigey

Basketball 9, 10
Indoor Track 11, 12
Varsity Soccer 10, 11, 12
Varsity Lacrosse 10-12

Key Club 10, 11, 12
SADD 10, 11, 12
Senior Class Play

Paige Smith

Staz, Jumbo, Big Joe

Baseball 9, 10
Hockey 11, 12
Danglefest 9, 10, 11, 12

"They don't ask how; they ask how many."

Joseph Stasiowski

Kyle Sutherland

Lex

Interact 9
Snowboarding 9-12
Camp Half Moon 9-12
JCC 11, 12
BPA 11
Snowboard coach 12

"We dream it, we make it, we break it, we fix it. We create. We wreck ourselves day in and day out and yet when we perfect that one trick, it keeps us coming back. We snowboard."

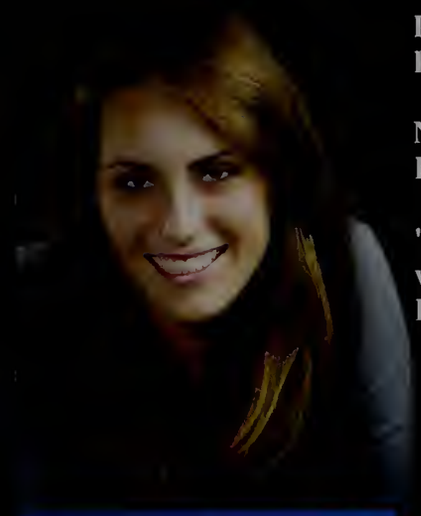
Alexa Tariff

KT

Field Hockey 9,10,11,12
Indoor Track 9,10,11
Key Club 9,10
Outdoor Track 10,11,12

"She who has the will to win can not be beaten."
LHSFH2K11

Katherine Taylor



Lauren Termine

Lacrosse 9, 10
Field Hockey 9-12

NHS 11, 12
Key Club 9-12

"She who has the will to win can not be beaten."
LHSFH2K11

K. Tow, KK, Kay, Tow

Varsity Soccer 10-12

"Live the life you love. Love the life you live."
-Bob Marley

Kayla Towsley

MLE

Class Secretary 9-12
Cross Country 9-12C
Indoor Track 9-12C
Outdoor Track 9-12
The Accidentals 11,12
Lyrics 11,12
NHS 11,12

Senior Class Play
Powderpuff

"Life is good."

Emily Walkhouse

Sara Welch

Tobi, Sare-bear

East Asia Club 9, 10, 12

"What lies behind us and what lies before us are small matters compared to what lies within us."-Emerson

"It's not the size of the dog in a fight, but the size of the fight in the dog."

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."-Dr. Seuss

Eric Wells

"If you can't explain it simply, you don't know it at all."-Albert Einstein

James Whitehouse

Colin Whitney

CWhit, CWhitboss

Golf 9-12
Basketball 9-12
Lacrosse 9-12

"Chance favors the prepared mind."

Lele

Lacrosse 9, 10, 11
Swimming 9-12
Field Hockey 9-12

NHS 11, 12
Key Club
DJST
Powder Puff
SADD

"Don't cry because it's over, smile because it happened." -Dr. Seuss
"She who has the will to win can not be beaten."
LHSFH2K11

Leah Winer

Lacrosse 11
Golf 12

"I had a terrible time coaching you guys this year; you deserve to lose."-John R.

Cameron Wuerthele

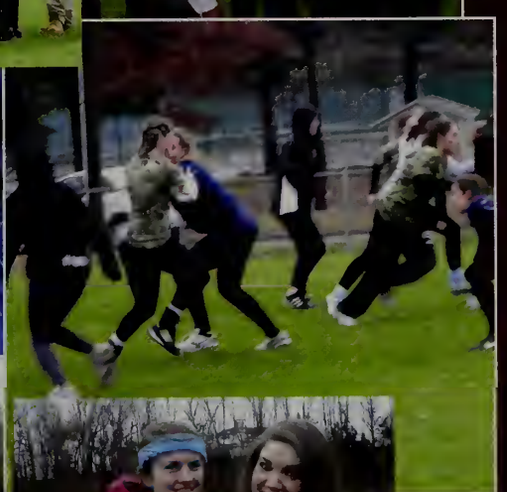
Francheska Federico

Softball
Cheerleading

Student of the Month

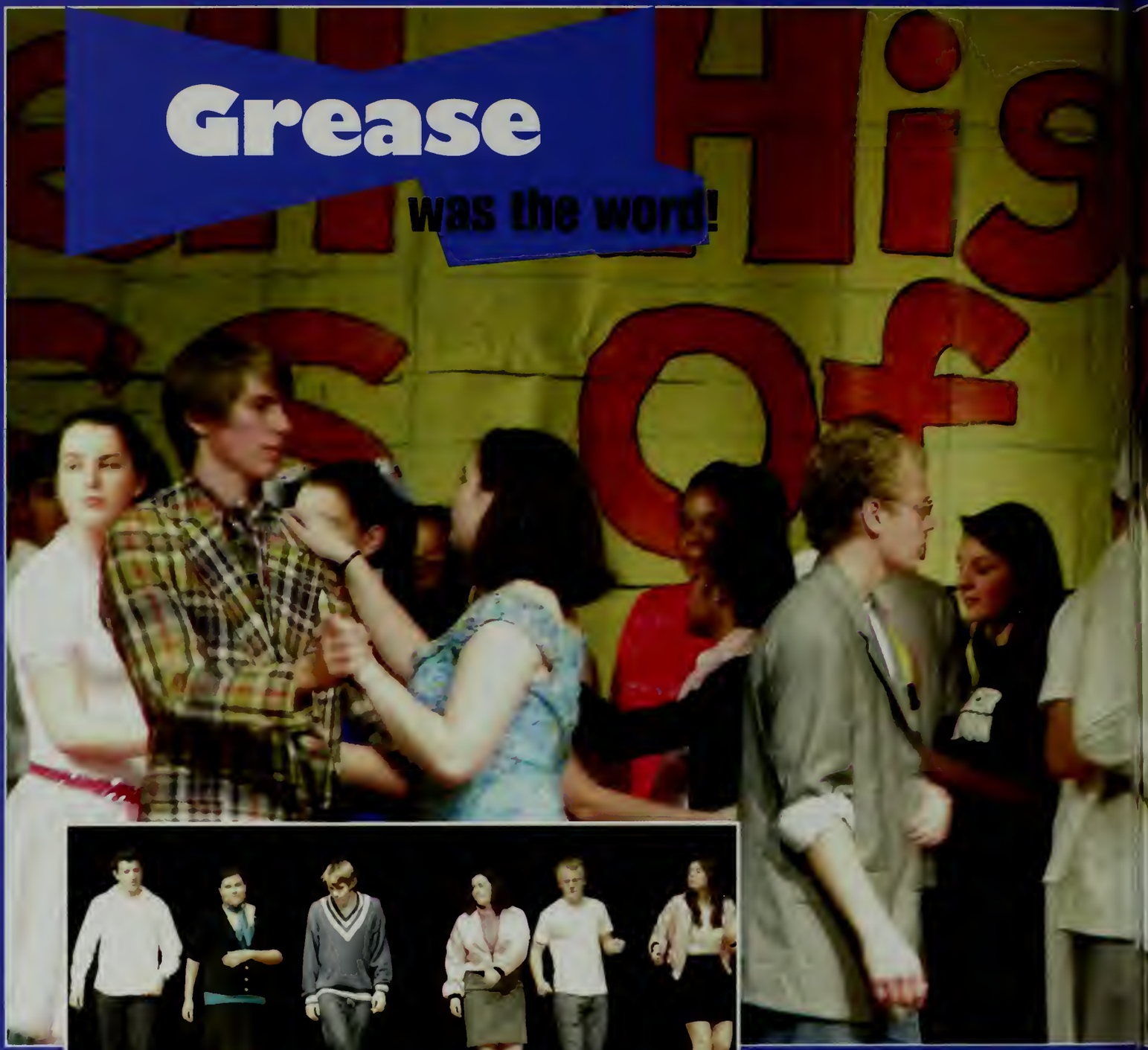
The following members of the class of 2012 are not pictured. They are: Samuel Epstein, Gabriela Fleschner, Julia Lesser, and Matthew Slitzky.

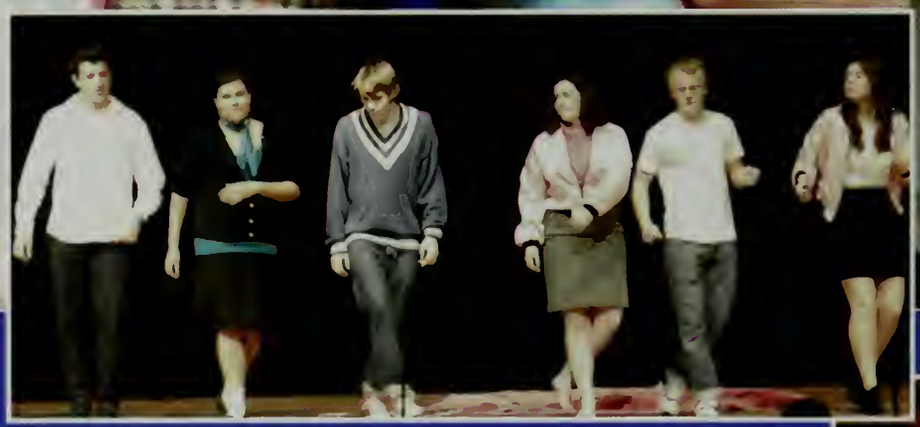
Army Vs. Navy

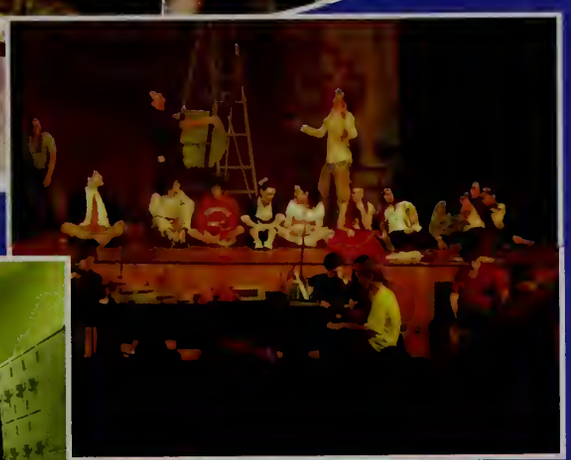


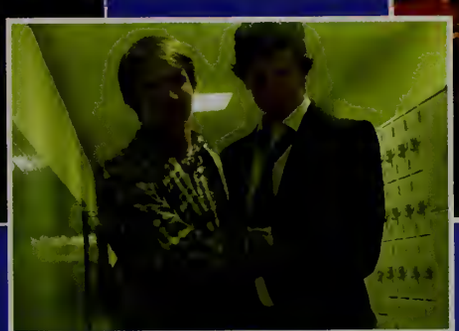
Grease

was the word!

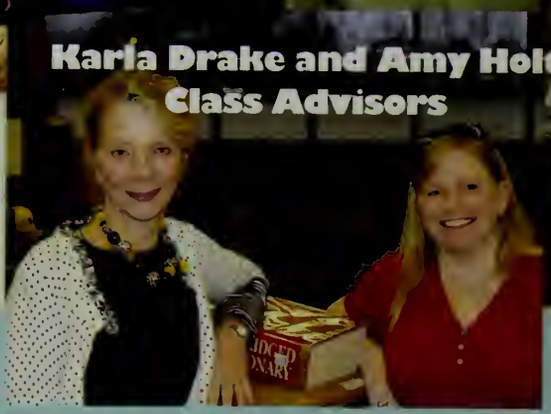








Class of 2013 Juniors



Karla Drake and Amy Holt
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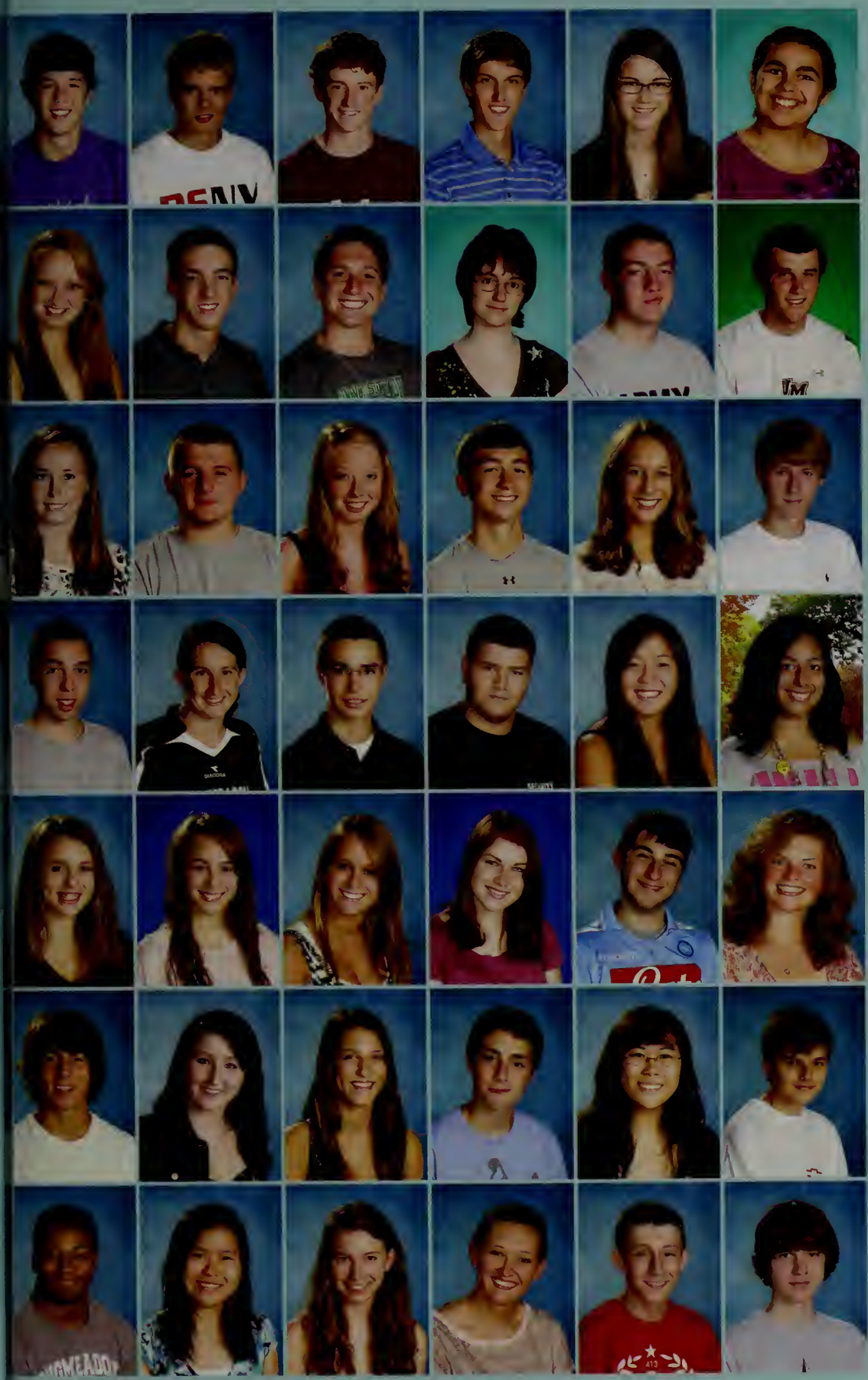
Treasurer



Connor Abad
Niles Ackerman
Patrick Ahearn
Austin Amato
Molly April
Orit Armon

Olivia Aseltine
William Aye
Ryan B`Shara
Laura Baker
Kevin Barry
Eric Barsalou

Madison Beaulieu
Abraham Belyy
Allyssa Black
Ryan Blain
Hailey Brinnel
Matthew Brown

Sebastian Brunell
Kelsey Burke
Christopher Byrne
Louis Calabrese
Lisa Calcasola
Catherine Camacho

Ashley Camerlin
Patricia Camerota
Angela Caputo
Anna Carey
Graziano Carpentieri
Mary Casey

Colin Cassidy
Danielle Chabot
Talya Chait
Zachary Chase
Weng-Ching Cheung
Adam Chiz

Devante Clarke
Madalyn Cohen
Rebecca Cohen-Lindfors
Emma Collins
Paul Collins
Justin Coon

David Copeland
Shane Coughlin
Griffin Crafts
Alexandra Crews
Cameron Decain
Eliot Decker

Jessica Dee
Courtney Devin
Samantha Dibbern
Natalie Dibona
John Dombek
Brian Douglas

Nicholas Drennan
Keegan Dudeck
Nicholas Dunkerley
Liam Dunne
Patrick Durocher
Daniel Ehrlich

Nathan Elder
Raven Emanuel
Hannah Epstein
Sarah Etkin
Fahad Farooqui
Jacquelyn Filomeno

Katherine Fleming
James Formaggioni
Stephen Freyman
Rachel Freytag
Jenna Friedberg
Antonio Fusco

Simone Gelinas
Mark Gentile Ii
Eve George
Hannah Gilman
Hannah Glick
Samantha Goldaper

Ethan Goldberg
Taylor Gordenstein
Alexander Gottzmann
Noah Gurzenski
Andrew Hadley
Erica Haines

Christopher Hannigan
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Chelsea Harrison
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Cecilia Hennessy
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Jennifer Hurwitz
Daniel Ishak
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Myung Kang
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Owen Kelleher

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Shea Kelly
Cormac Kennedy
Jared Kennedy
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Ethan Koltz
Rachel Korn
Jacob Krainson
Ashley Kratovil

Samantha Krevalin
Nicholas Kristoffy
Stephen Krushell
Caroline Kusiak
Alexandra La Bella
Joshua Lazarus

Benjamin Leavitt
Eric Lee
Joseph Lee
Kyu Ho Lee
Alyssa Lehouiller
Mary Lemay

Alexander Leslie
Matthew Levsky
Aaron Lipp
Frederick Liu
Christopher Lockhart
Laurence Lohman

Stephanie Loizzo
Elise Lombard
Michael Longo Jr
Tyler Lucey
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Rachael Lyons

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Ryan Malcontento
Briana Mango
Poornima Manikantan
Laura Manzi
Michael Mariano

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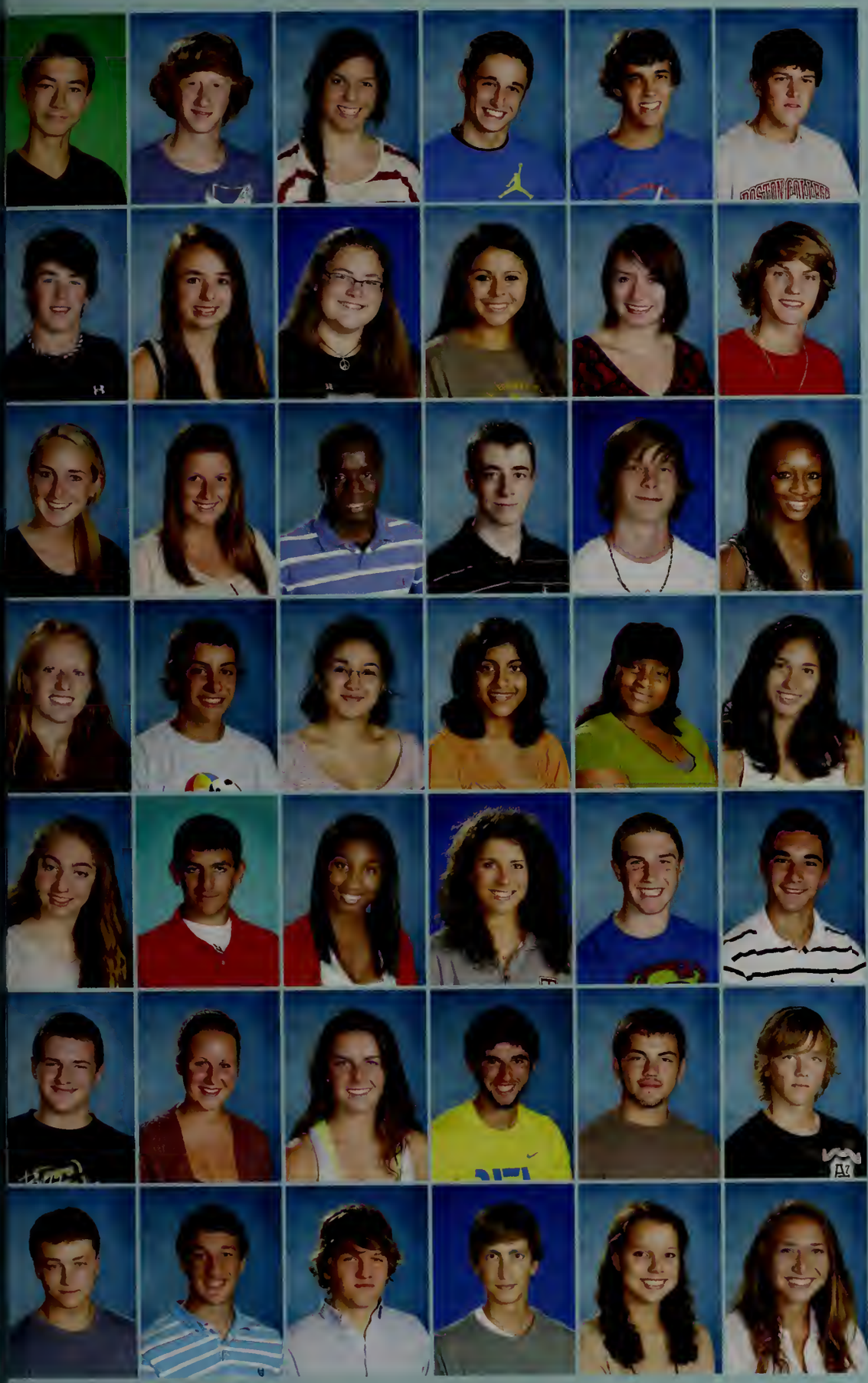
Andrew Massa
Meghan Matthews
Robert McClure
Molly McQuade
Sally Mikhlin

Julia Miller
Julia Morisi
Christopher Mucci
Andreas Mueller
Alexander Muller
Sean Mulvaney

Ross Muratore
Kristen Nadeau
Justin Nathan
Benjamin Neveu
Tyler O`Brien
Alexa O`Hara

Zoe Ochoa
Taylor Ollari
Matthew Paleologopoulos
Vivek Palreddy
Adam Paquette
Hayley Payne



Richard Pelchar
Eric Pers
Zoe Piccus
Kevin Pierce
Christopher Pierson
Samuel Plotkin

Michael Poisson
Grace Polak
Mollie Posnik
Myriam Poznar
Jennifer Putnam
Kyle Quinn

Kelsey Regan
Katherine Reggiannini
Brian Reid
Kevin Reilly
Ethan Requardt
Nakeisha Roberts

Katherine Rosen
Austin Rowe
Tiffanie Russo
Spoorthi Sampath
Cunesha Sanders
Alexandra Santiago

Anna Schwartz
Joseph Scibelli
Candice Scott
Chandler Scyocurka
Michael Sell
Alex Shapiro

Connor Shea
Keri Shea
Megan Shea
Tayyab Sheikh
Jacob Shenker
Alexander Sherman

William Shrenker
Austin Sierra
John Sinclair Iii
Nicholas Sitaras
Hannah Skiest
Logan Skole

Dylan Smith
April Solon
Julia Spelman
Mariah Stambovsky
David Stewart
Matthew Stockley

Nathan Strain
Jane Stream
Alexander Strempel
Matthew Suzor
Makayla Syphrit
Olivia Szostkiewicz

Will Szostkiewicz
Dillon Talbot
Morgan Taniwha
Shane Taylor
Steven Tignor
Ashley Toebes

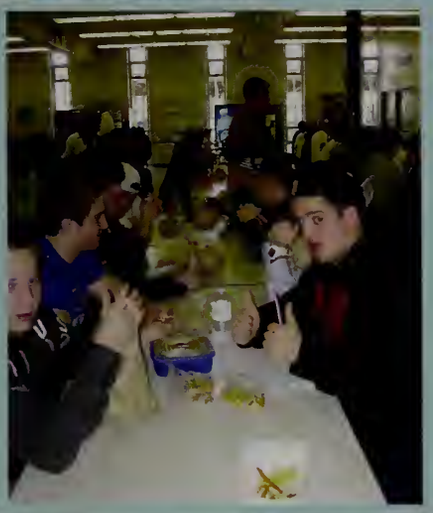
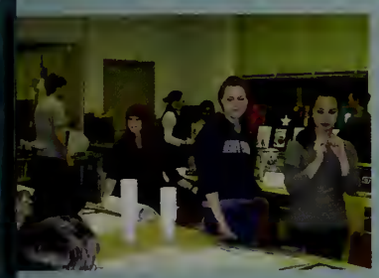
Lena Topitzer
Alexander Torpey
Amanda Tyler
Christopher Valdes
Alec Walt
William Walthouse

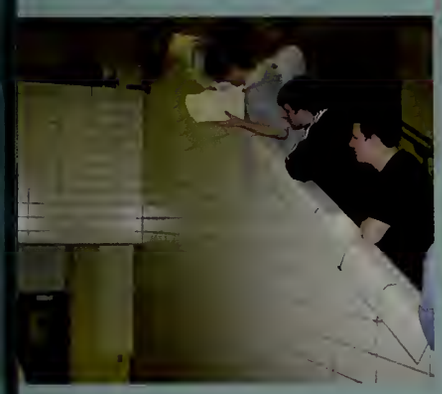
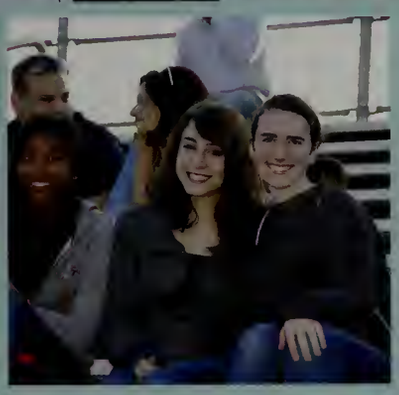
Gabriel Webb-Millet
Blake Webler
Samuel Weinberg
Nathan Weissman
Anthony White
Colin White

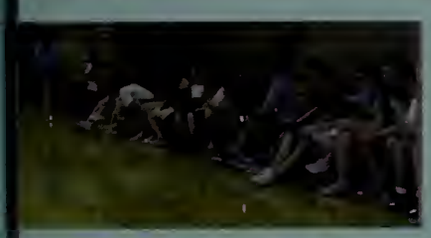
Trevon White
Caleb Wint
Emma Wohlers
Michael Woods
Kimiko Wysocki
Mikayla Wysocki

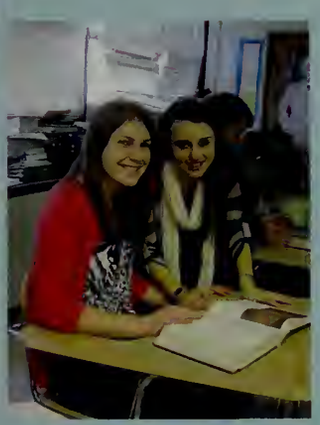
Derrick Yam
Julie Yesu
Alexander Zdonick

Zachary Chernick is a member of the class of 2013, but his picture is missing.





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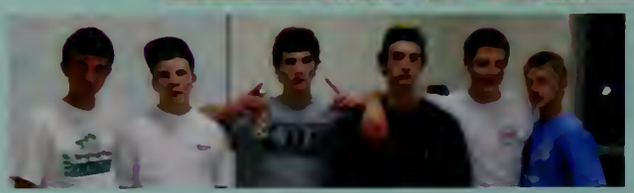
Treasurer



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Luke Alexandru
Efrat Armon
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Brooke Baevsky
Trevor Bajek

Alexander Berardi
Caroline Bialas
Molly Biron
Manon Blackman
Abigail Boyle
Bahar Bozorgzadeh

Samuel Bray
Cameron Browne
Leah Brush
Camille Burger
Danielle Burns
Madelynn Burt

Karissa Butera
Brendan Callan
Alexa Cambi
Molly Carolan
James Casey
Mary Chamberlain

Parneet Chhatwal
Hannah Chick
Maxwell Chipouras
Martin Clayton
Sarah Clough-Segall
Chloe Connery

Griffin Connors
Joseph Consolini Jr.
Matthew Cooper
McKenzie Copland
Micaela Corbett
Christopher Cosby

Caci Cosenzi
Emily Couture
Lillian Curley-Swannie
Matthew Cuscovitch
Austin D`Agostino
Colby Daboul

Nicholas Daboul
Cameron Danalis
Joshua Davis
Elizabeth Deshaies
Andrew Desrochers
Liam Dillon

Jake Ditmar
Matthew Donnelly
Jacob Dragone
Matthew Draymore
Brian Dussault
John Falcone

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Brittany Famiglietti
Nicole Famiglietti
Tyler Famiglietti
Faranack Fazaeli
Daniel Fein

Gabrielle Fernandes
Taylor Filiault
Madeline Fitzpatrick
Emily Flahive
Haleigh Franz
Jacob Freedman

Tyler Gagne
Matthew Garrity
Kaitlynn Geier
Michelle George
Leif Gerchberg
Luke Gerweck

Eric Gibson
Sarah Glick
Matthew Goldstein
Emily Goodman
Gillian Goodrich
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Travis Guzzo
Mary Haines
Michael Hanson
Ashley Heeb-Schnell
Kate Heenan

Mary Henshaw
Michael Hepper
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Christian Hughes
Mahdia Hunt
Griffin Hurley

Haley Jagodowski
Evan Jones
Shubham Kanake
Arianna Katsoulis
Presia Kegler
Drew Kelleher

Nicholas Kennedy
Madeline King
Jason Knight
Aamani Kottamasu
Katie Kratovil
Rachel Kronick

Mayank Kumar
Mariana Lachiusa
Elise Lepage
Reid Leveillee
Elizabeth Levson
Tajmah`Nae Lewis

Christine Li
Alina Libowitz
Justin Liu
Zachary Londergan
Savannah Loreto
Zachary Lukas

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Amir Mani
Jake Manzi
Campbell Marchant
Mary Marchese
Anthony Martin

Eric Mau
Madeline Maurer
Ian Maynard
Ryan McAdoo
Connor McCarthy
Michael McCarthy

Samantha McCarthy
Ryan McCoy
Colin McDermott
Mary McDonald
Jacquelynn McIntyre
Caroline McKenna

Molly McKeown
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Alec Metropoulos
Mimi Mgawe

Shayne Michelman
Bridget Miller
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Aviva Muhlmann

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Omar Natour
Griffin Nelson
Carly Neville
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Teagan Northrup
Jack Nystrom
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James O`Donnell
Kaylee O`Donnell

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Syed Rizvi
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Owen Ryan
Devin Samuelson
Kristina Schafer
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Michael Scuderi
Jillian Scyocurka

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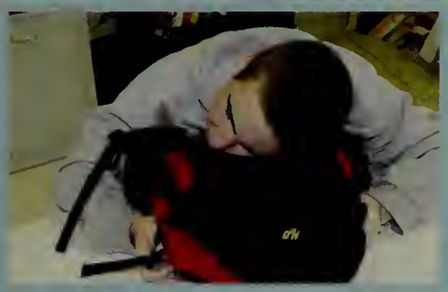
John Wheaton
Benjamin White
George Yuan

Valerie Zavalunov
Rachel Zeller
Hannah Zwaan



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Jake Amatruda
Robert Anderson
Michael Anfang

William Atheneos
Shannon Bailey
Katherine Baker
Emelia Bakowski
Alec Barkett
Jennifer Barnhart

Keegan Barry
Edward Bartlett
Natalie Bell
Anthony Belyy
Blaise Bernal
Jonathan Bernardi

Sarah Bernstein
Madison Black
John Blanton III
Charly Blazy
Camryn Boutin
Alexis Bowen

Sarah Bray
Henry Brill
Colin Broadbent
Jordan Broadbent
Michael Joseph Brock
Patrick Brooks

Ipek Bulut
Nicholas Burns
Allison Byrne
Paloma Caceres
Samuel Caillouette
Alex Calabrese

Francis Calabrese
Jennifer Callaghan
Cynthia Camacho
Maria Caputo
Lauren Carey
Samantha Carleton

Giovanni Carpentieri
Emily Carroll
Susanita Carvajal
Ian Cass
Elijah Castillo
Jordan Chase

Michael Chen
Korben Cherkas
Syng-Huan Chung
Cassandra Cieplik
Benjamin Correira
Daniel Cotnoir

Shayla Coughlin
Samantha Cox
Nicholas Crews
John Croll
Ashley Cunningham
David D`Agostino

John Dee
Matthew DeMarche
Ashley Denmark
Priyanka Devabhaktuni
Nicholas DiBona
Savannah Ditomassi

Jacob Donelon
Tighe Dudeck
Thomas Dunn
Jennifer Durocher
Liam Eagan
Alexander Ehrenberg

Melissa Falcone
Justin Feldman
Manuel Fernandez
Anthony Ferreira
Olivia Fisher
Madeline Foley

Anne Freeman
Katherine Frick
Matthew Friedrich
Caroline Frigon
Samuel Gallant
Lisa Garrity

Ian Gauthier
Jill Gelinas
Joshua Goldberg
Stephen Goldsmith
Danielle Goldstein
Connor Gottzmann

Michael Grippo
Benjamin Grodsky
Christopher Grogan
Allison Haryasz
James Heemskerk
Dylan Helmus

Nicholas Herringshaw
Rishadeane Hinds
Jordan Hurwitz
Noah Hurwitz
Chase Hussey
Ian Ireland

Julia Izzo
Mary Jablow
Sanjiti Johari
Emma Jones
Jalen Jones
Conrad Joyal

Mallory Judson
Ezra Kaim
Ross Kamin
Joshua Kang
Jung Hoon Kang
Julianne Kapner

Dylann Keaney
Charles Kelleher
Christopher King
Allison Knight
Daniel Kofman
Emily Kreinest

Ian Lantzakis
Nga Ming Lau
Kurtis Le Duc
Lucille Leavitt
Youngsun Lee
Michael Lemke

Richard Li
Sophia Lipp
Sydney Llodra
Rohini Loke
Emily Longo
Nicholas Losee

Katherine Lucchesi
Shelby Lucier
Caroline Lussier
Caitlin MacDonnell
Jonathan Mack
Sankirth Madabhushi

Zara Mahmood
Jacob Mannix
Hannah Manzi
Carli Marino
Jake Marino
Gavin McAfee-Crowley

Maire McBride
Conrad McCarthy
Katherine McCarthy
John McDonald
Timothy McGann
Madison Melikian

Andrew Metz
Allison Mishol
Sierra Morehardt
Jessie Moriarty
Trevion Moss
Marcus Mueller

Kiernan Mulcahy
Colin Murphy
Michelle Nadeau
Gaetano Napoli
Madeleine Neiman
Jackson Nolan

Evan Novak
Kelly Novak
Dana O`Connor
Oluwadare Odutola
Connor Ostrander
Lauren Padilla

Kelly Payne
Alexandra Pelchar
Thomas Pelchar
Maria Perez-Gelinas
Sophie Plotkin
Javier Poznar

Ryan Proulx
Sophie Psaltis
Amanda Rabideau
Quinn Rafferty
Brenna Reilly-Evans
Sydney Requardt

Arian Richardson
Joseph Rinaldi
Parker Riordan
Dieu-Lien Riquier
Emma Robin
Emily Robinson

Arianna Rodriguez
Timothy Ronaldson
Peter Roumeliotis
Ari Rubenstein
Max Rubin
Joseph Russo

Jenna Rutz
Dylan Rye
Abigail Salvon
Brienna Santaniello
Joseph Santaniello
Carly Santiago

Ryan Sarno
Cecilia Schirmeister
Jennie Schmuter
Joseph Schneider
Samantha Schneider
Marissa Schwartz

Sara Sciarrino
Angelina Scolari
Jordan Scott
Kyle Seabury
Michael Sedergren
David Sell

Emmett Shea
Robert Shea
Kathleen Sheehan
Temperance Shrenker
Sabrina Siciliano
Michaela Smith

Patrick Smith
Jordan Sousa
Tammy Stevens
Jillian Stockley
Isshiah Stone
Connor Strain

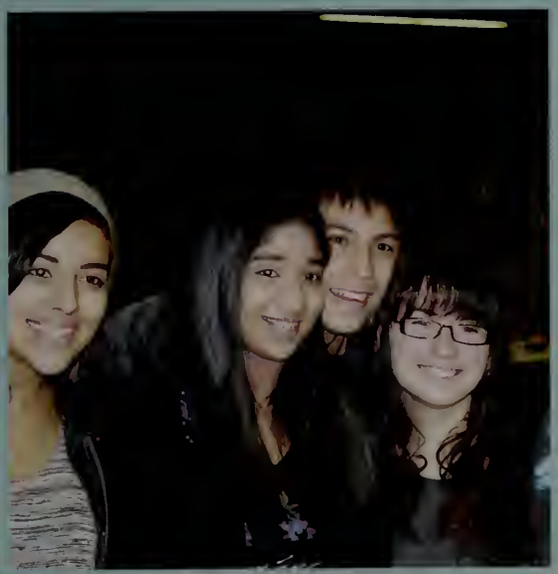
Collin Strassburg
Laura Szczepanek
Jordan Tariff
Madison Taylor
Jonathan Teixeira
Erinn Temple

Drew Termine
Zachary Tetreault
Jeffrey Thor
Alexa Tranghese
Alexander Vahadji
Emily Valencia

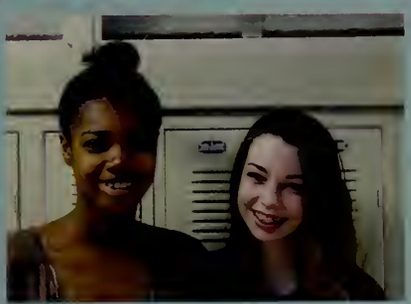
Derek Vien
Matthew Viens
Dylan Walker
Peter Weiss
Evan Wetstone
Sarah Whitney

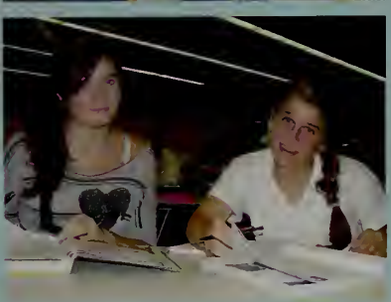
Emmett Wint
Brooke Wistreich
Rachel Woods
Vivian Yu
Karen Zdonick
Alexa Zippin

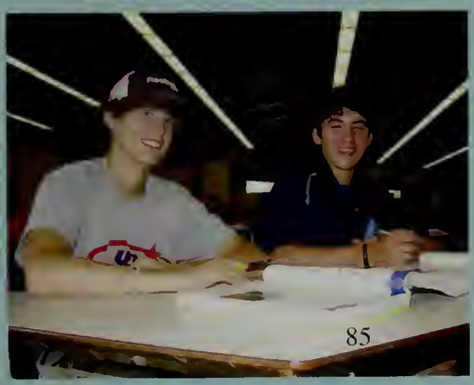
Jami Zolotor



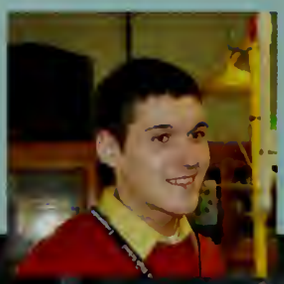
WELCOME
to Fabulous
LAS VEGAS
NEVADA

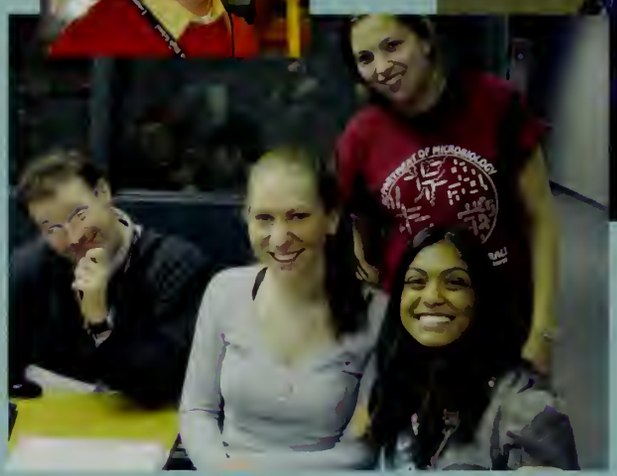






Longmeadow High School Faculty

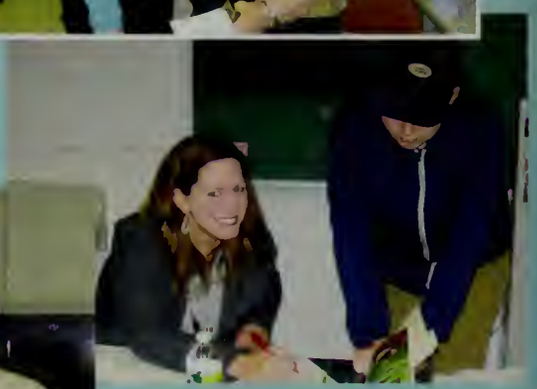


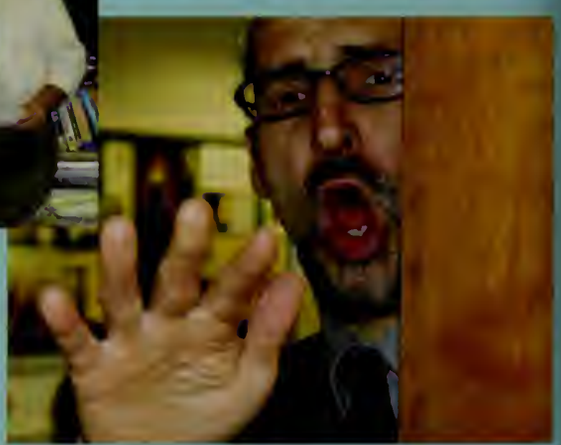


Larry Berte
Principal

Tom Landers
Vice-principal

Paul Dunkerley
Vice-principal





Marco Almeida
Lisa Alves
Ruthann August
Yvonne Balaban

Susan Bayley
Jayne Berman
Lawrence Berte
Jennifer Bolen

Maureen Cadieux
Lori Calabrese
Deborah Callahan
Melissa Candon

Mark Cormier
Janet Coyne
Lauren Crafts
Karen Cuthbert

Susan D`Agostino
Natalie de Gruyl
John Devine
James Dibbern

Mary Dillon
Karla Drake
Nancy Duffy
Paul Dunkerley

Patricia Dussault
Barbara Ezer
Jennifer Faulkner
Katherine Fedorov

Gideon Fischer
Christina Fisher
James Flaherty
Matthew Flanagan

David Fontes
Julia Fournier-Rea
Michael Framarin
Roberta Fydenkevez

Laurie Garcia
Michele Garreffi
Hilary Godin
Laura Goldstein

Rita Hawker
Lorena Healy
Amy Holt
Pauline Jacek

John Gartman
Aaron Keller
Linda Kelly
Christine Kervian

Thomas Landers
Meredith Laughlin
Robert Lee
Scott Little

Karen Locke
William Lyon
Donna Lyons
Sandra Macdonald

Patrick Magowan
Gerald Martin
Wendy Martin
Jonathan Matusko

Linda McPartlan
Jessica Moore
Rosemarie Moriarty
Michael Mucci

Judy Neilson
Robert O`Connell
Cindy O`Malley
Karen Omartian

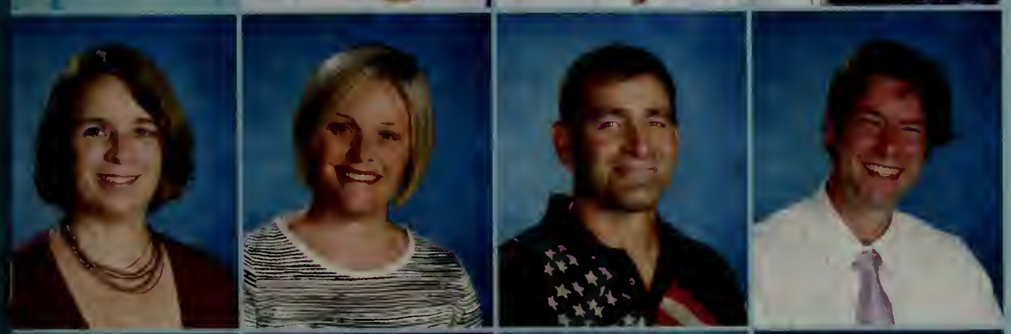
Lois Ostrander
John Pantuosco
Denise Penna
Susan Peters

Pamela Pion
Heather Pollard
Janice Pontacoloni
Janine Preston

John Rauseo
Lori Robbins
Michael Rosemond
Alexander Rotsko

Jennifer Rousseau
Meaghan Roy
Joseph Rusenko
Megan Schwartz

Karen Shea
Joanne Sleigh
Marianne Smith
Stacy Smith



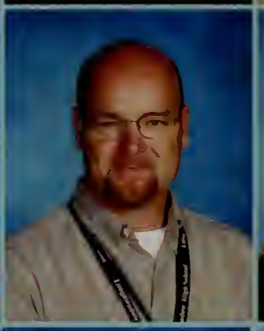
Kathleen Smith Epaul
Lori Snyder
Nicholas St George
Geoffrey St Pierre

Mark Staples
Charlotte Steele
Debra Stegall
Pam Stewart

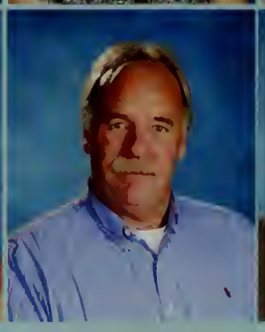
Joseph Sweeney
Mary Talbot-Barry
Tanner Williams
Karla Thomas-Alcala

Louanne Tremblay
Susan Turcotte
Justin Valley
Lorraine Vassilopoulos

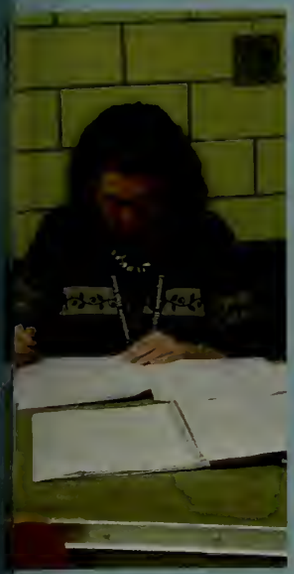
Stewart Walker
Shelly Warren
Robert Weir
Kathleen Wells

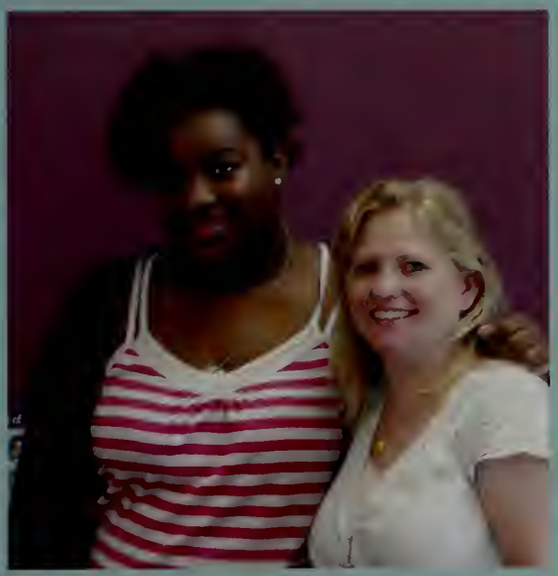


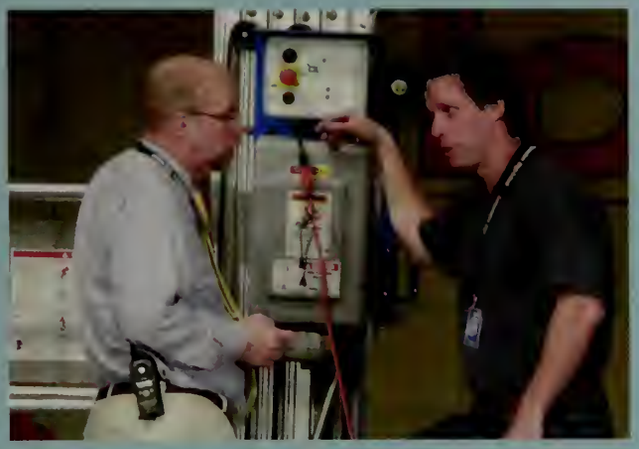
Kayla Werlin
John Williams
Cheryl Casanova
Eric Howard



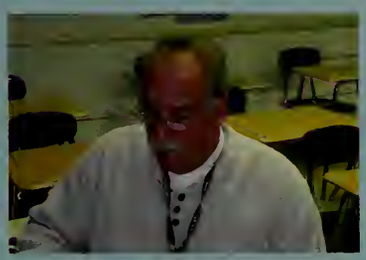
Bethanie Sawyer

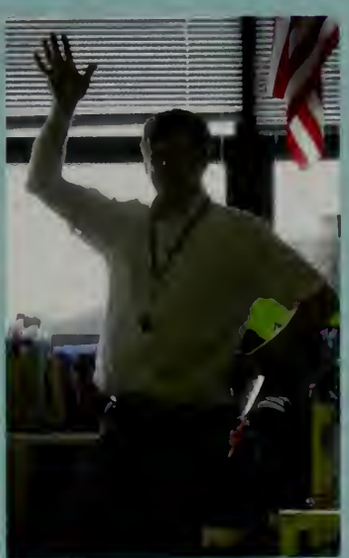




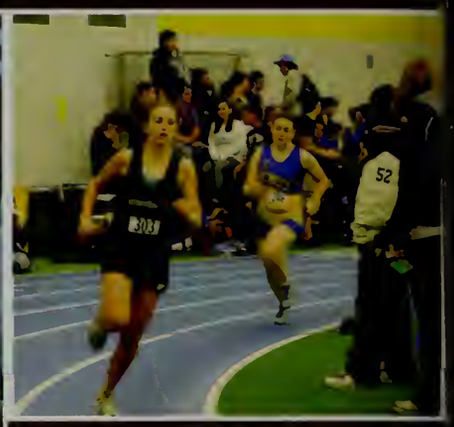


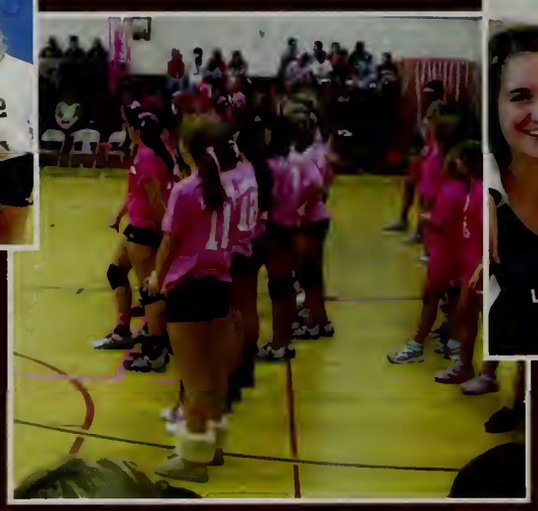
WRITING

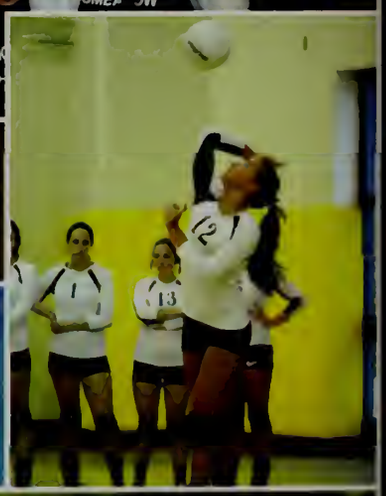


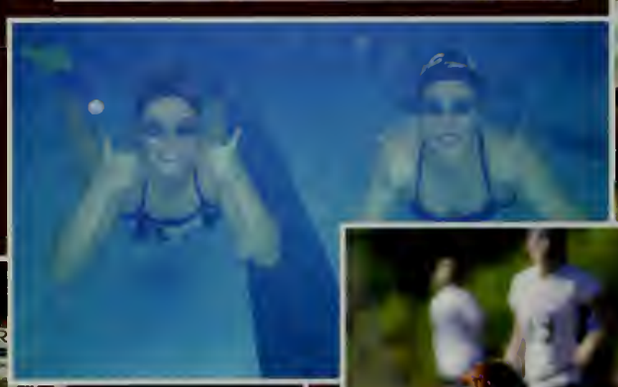


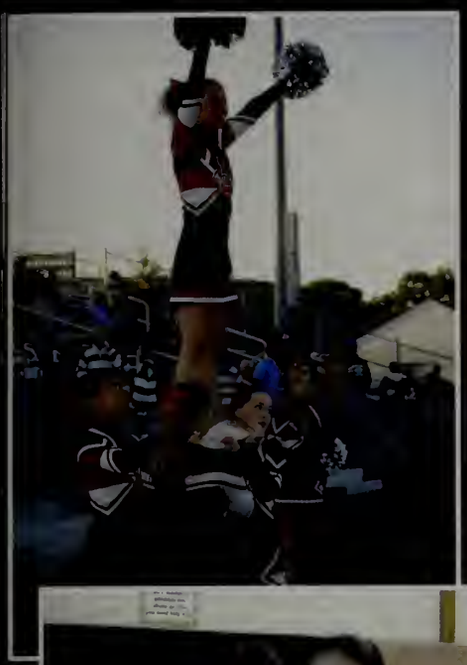
Lancer Sports











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220

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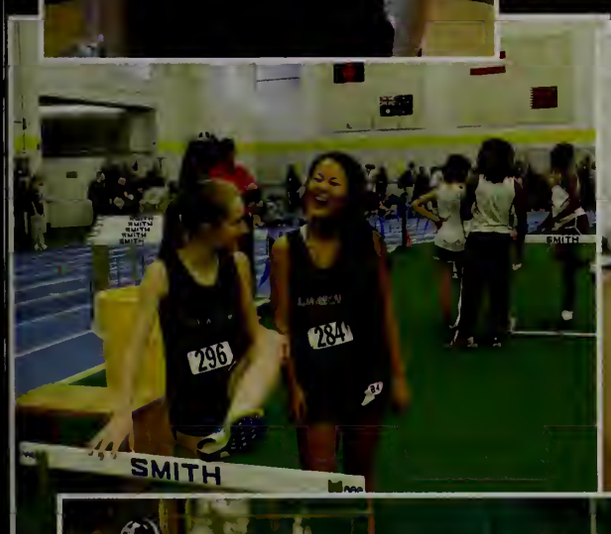
LONGMEADOW
XC

LONGMEADOW
XC
LONGMEADOW
XC


296
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SMITH

Football

Terry Norris

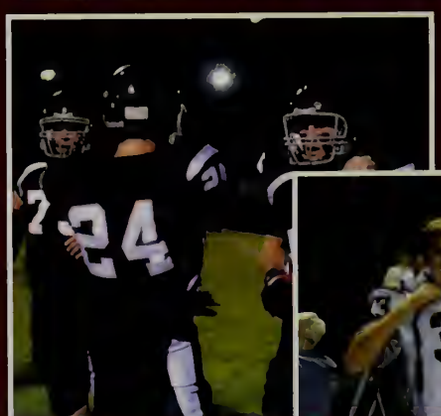
Bailey Center

Dylan Kelleher

Eddie Gerasimchuk

Benjamin Levenson

Sean Brown



Marc Leduc

Connor Samuelson

Joseph Scuderi

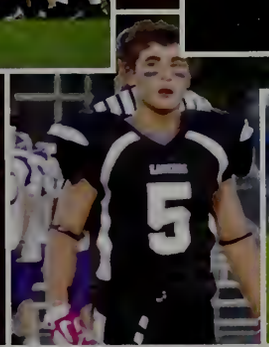
Nathan Scyocurka

Christopher Duquette

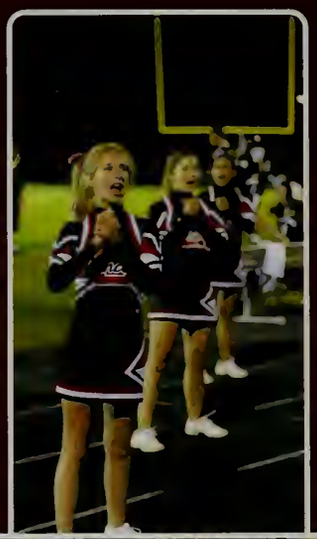
Ryan Philbin

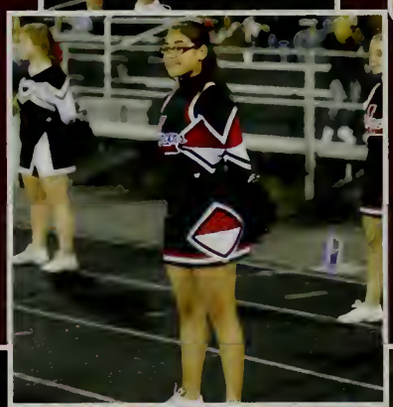
Jacob Lazarus

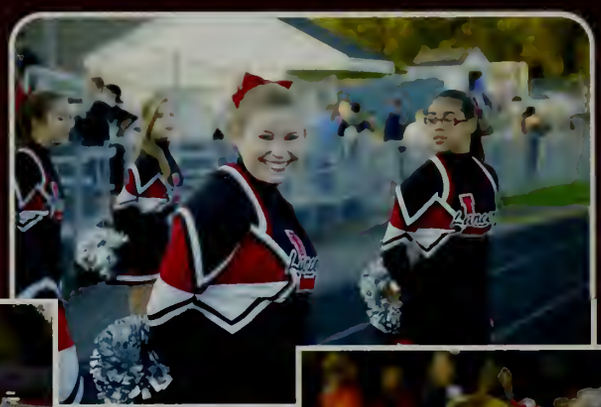
Michael Keating

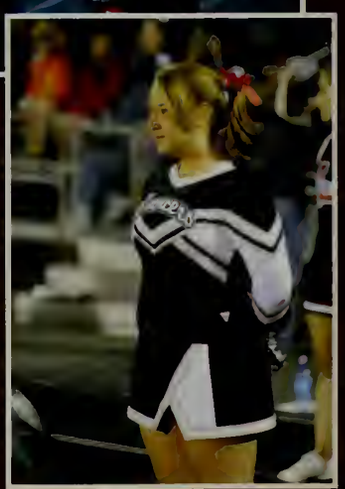


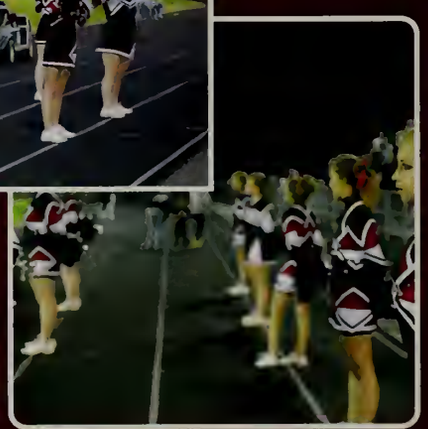
CHEERLEADING

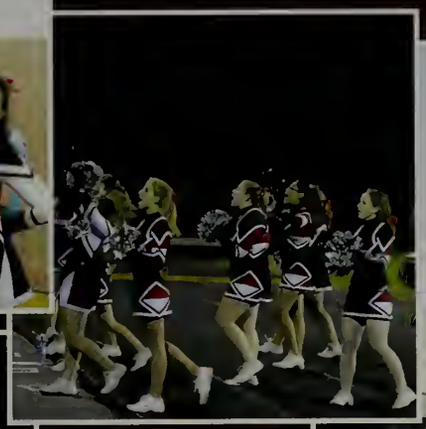


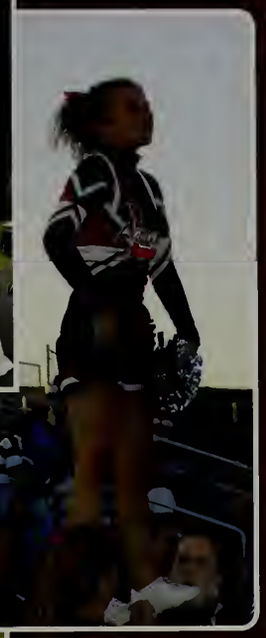


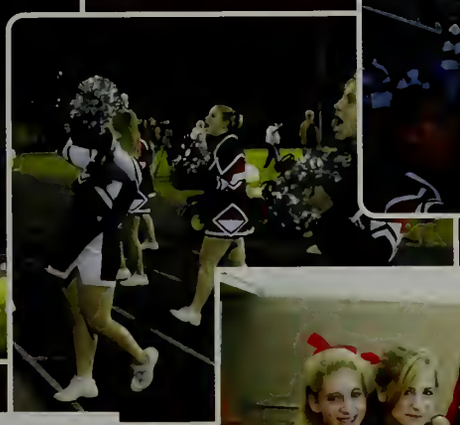


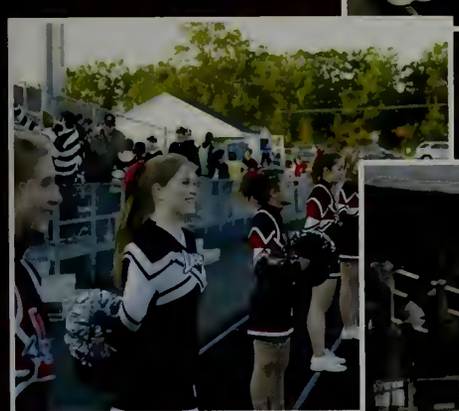


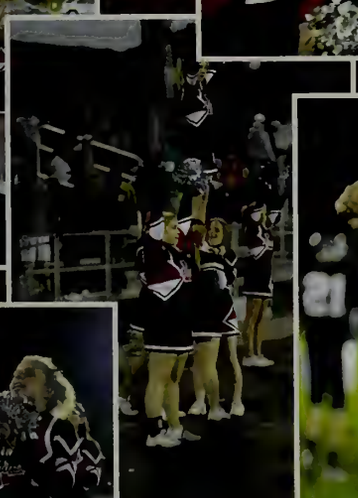


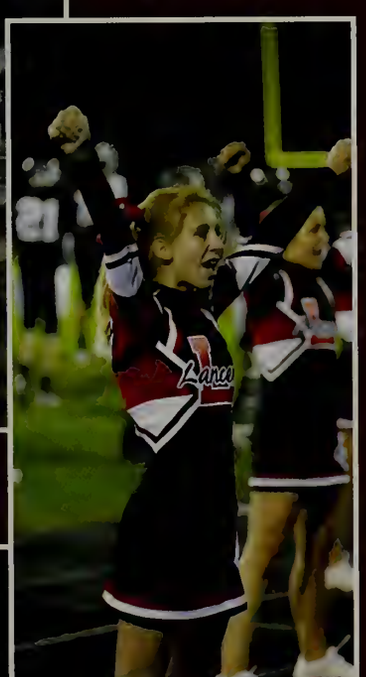


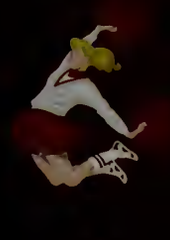












Sarah Breslau

Marisa Azevedo

Francheska Federico

Caitlyn Pisarski

BOYS SOCCER

John Neil

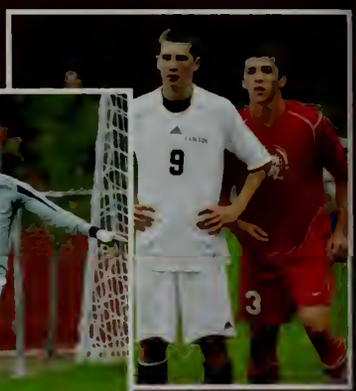
Robert Cox

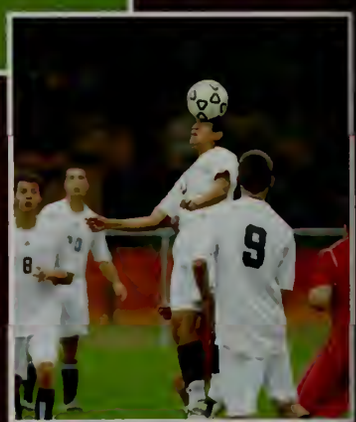
John Kennedy

Michael Garrity

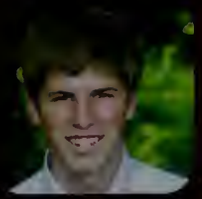
Brian Fydenkevez

Matthew Deane



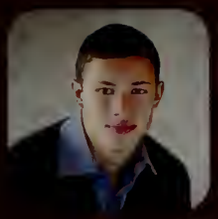


John Mentor



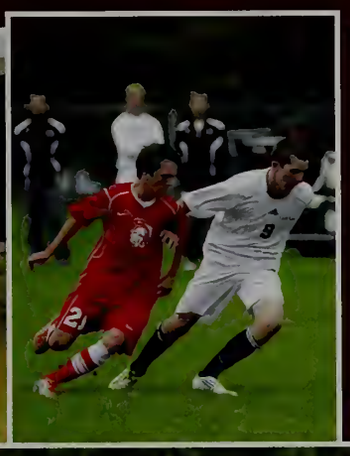
Kevin Rzepka

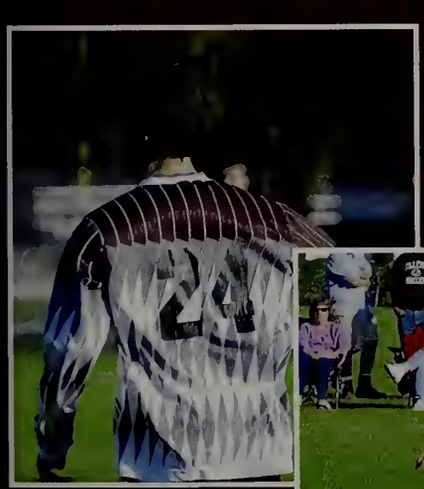
Jacob Rothstein

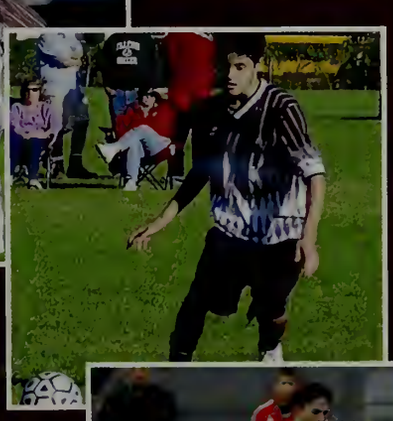


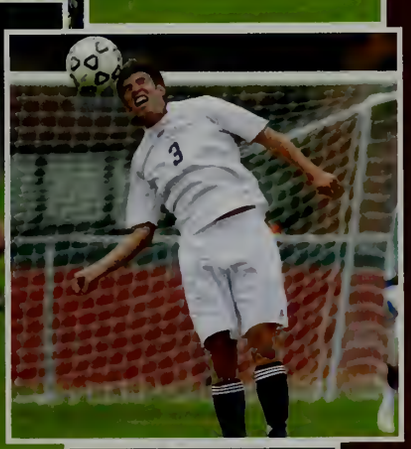
Jean Pierre-Pierre

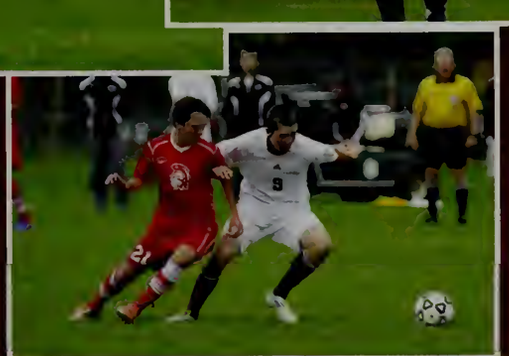
Matthew Cotnoir





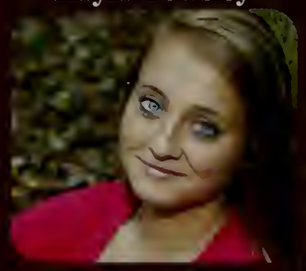






GIRLS SOCCER

Kayla Towsley



Paige Smith

Jenna Fisher

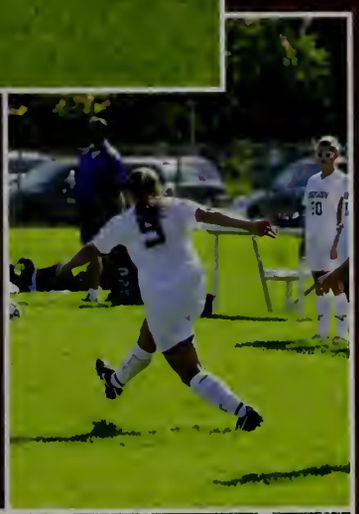
Kathleen Duquette

Eileen McDonald

Rachel Siegel

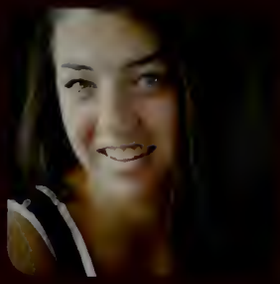
Maria Cambi

Brianna Kenney



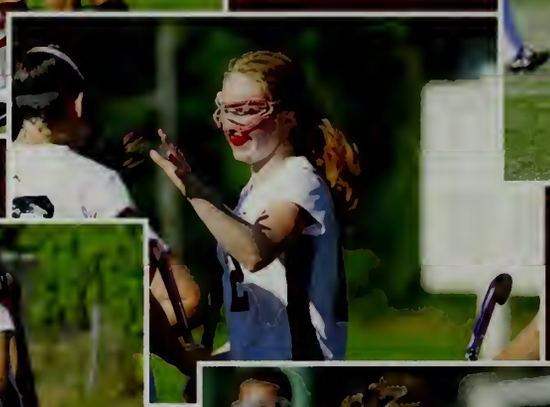
FIELD HOCKEY

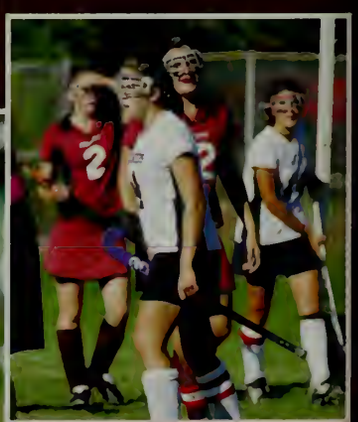
Emilee Herringshaw



Catherine Ryan

Erin O'Connor

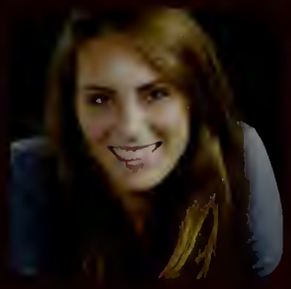




Sarah Barnhart

Leah Winer

Katherine Taylor



Lauren Termine

Taylor Llodra

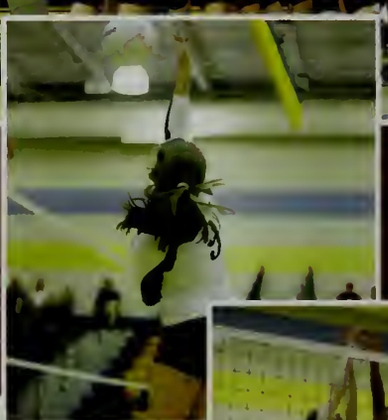
VOLLEYBALL

Marrina Falcone

Mackenzie Ditomassi

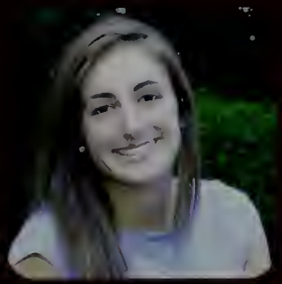
Megan Houff

Amanda Brock



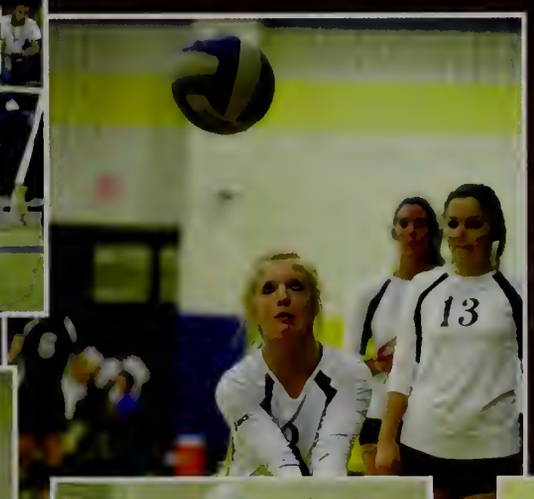
Kaitlin Corbett

Cady Deary



Natalie Fioretti

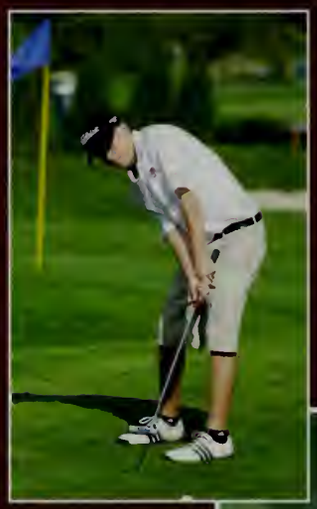
Erica Oundjian

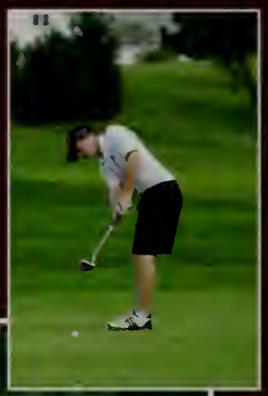


GOLF

Alexander Greenberg

Michael Iancu

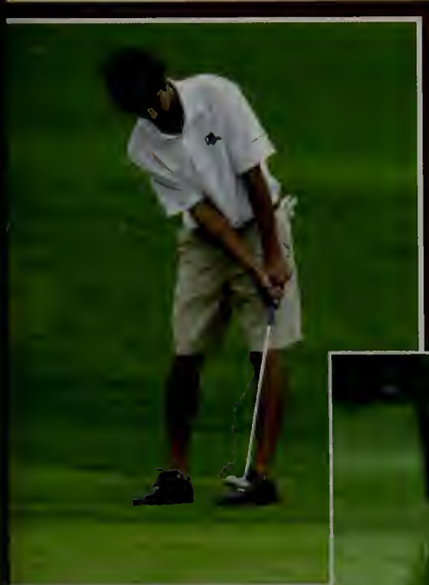


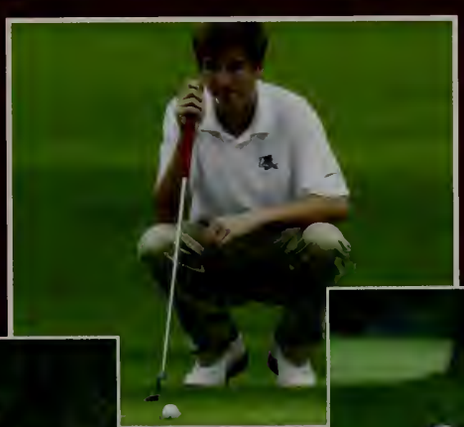


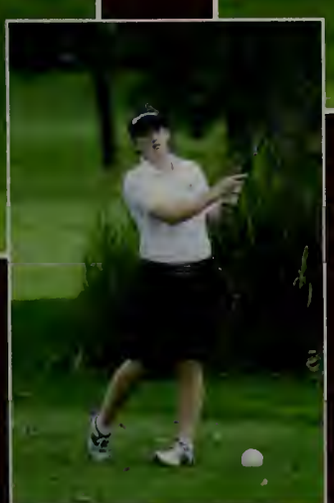
Raheel Farooqui

John Ryan

Colin Whitney







CROSS COUNTRY

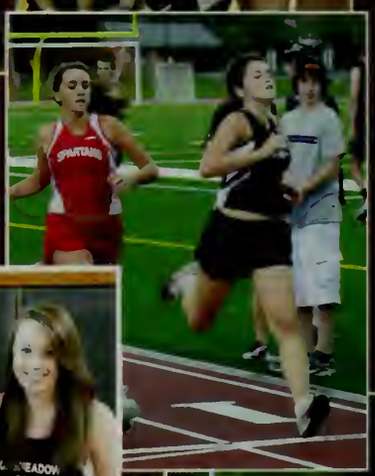
Emily Walthouse

Sarah Engell

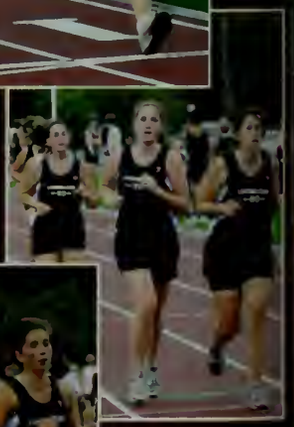
Samantha Carvalho

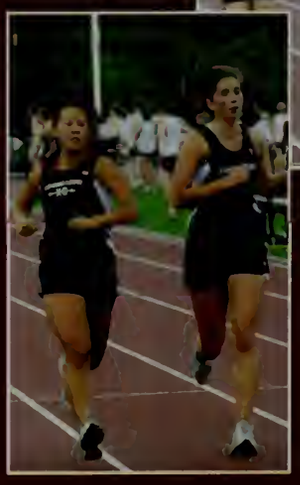
Anne Hayes

Kathleen Knight



Haley Northrup





Jacqueline Chipkin

Charlotte Dzialo

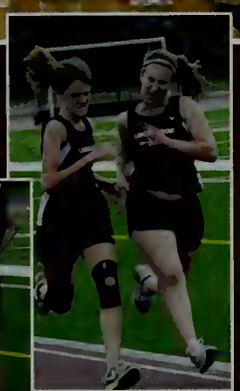
Suryanshi Nayyar

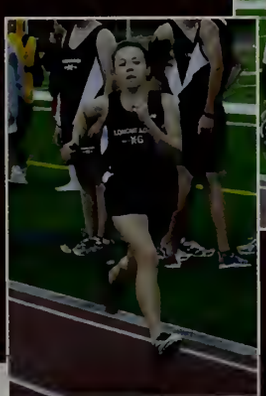
Alexandra Chipouras

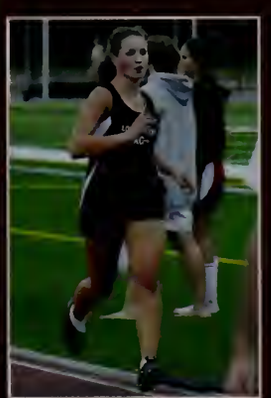
Camille Blackman

Hannah Sears

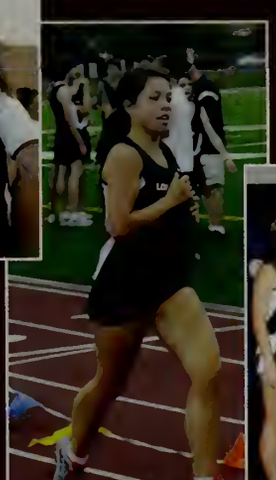
Christina Maloney







Erin Kiernan



CROSS COUNTRY

Jack Kamin

Gregory Echeverria

Daniel McDonough

John Fenton

Tom Nilsson

Austin Lai

John Haryasz

Benjamin Gagne-Maynard

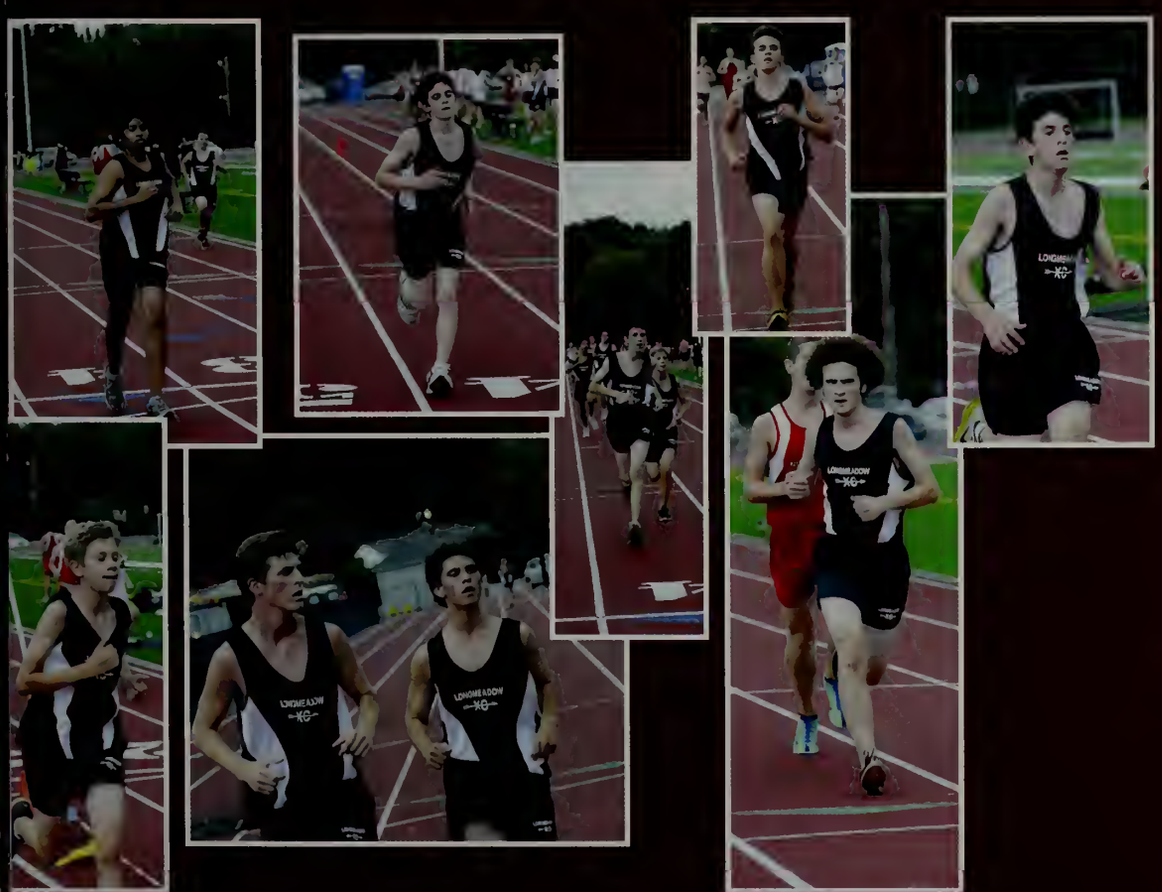
Brendan Knight

James McCarthy

Ryan Connery

Bennett Leveillee

Stephen Grow



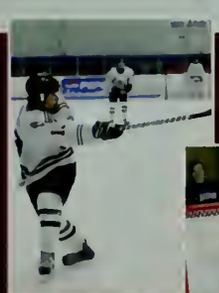
Simon McCarthy

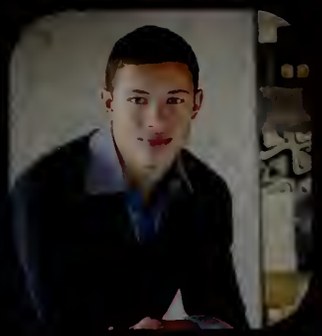
Ryan Moriarty

HOCKEY

Thomas McCarthy

Glenn LaFountain

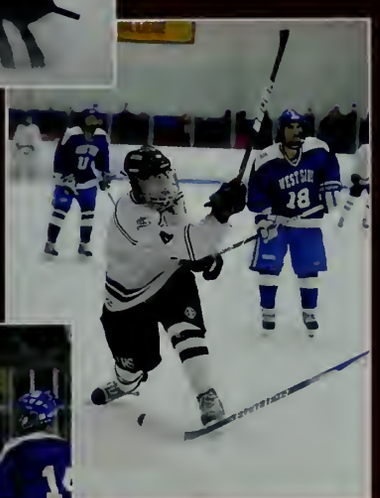




Jean Pierre-Pierre

Joseph Stasiowski

Brett Rabideau



INDOOR TRACK

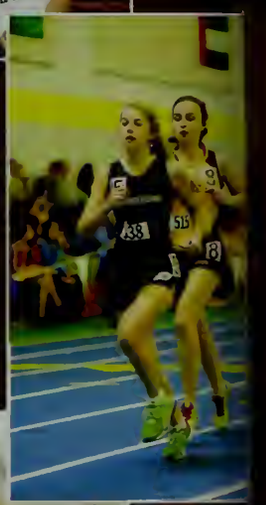
Suryanshi Nayyar

Erin Kiernan

Madeline McLean

Chrystelle Paul

Emily Walthouse



Samantha Carvalho

Remy Greenhut

Alexandra Chipouras

Yolanda Green

Jenna Fisher

Taylor Llodra

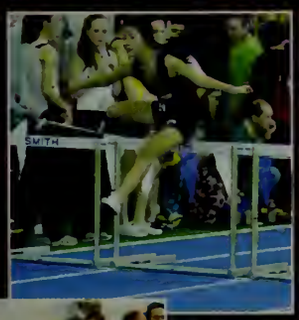
Paige Smith

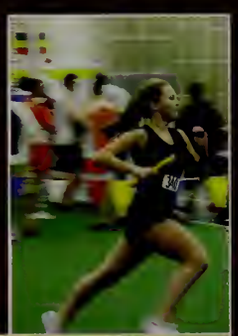
Emilee Herringshaw

Christina Kapinos

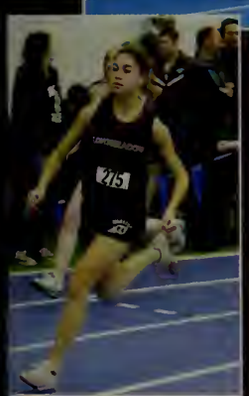
Anne Hayes

Alice Kim





Camille Blackman



Rachel Siegel

Eileen McDonald

Alysse Rourke

Brianna Kenney

Gabriella Discenza

INDOOR TRACK

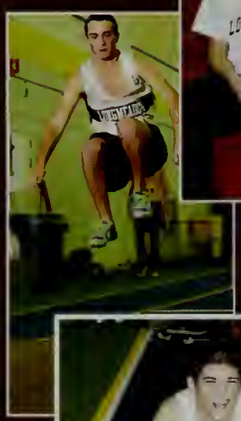
Joseph Felici

Michael Iancu

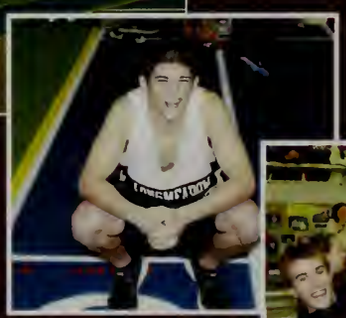
Tom Nilsson

Jacob Chernick

James McCarthy



John Fenton



Benjamin Gagne-Maynard

Taylor Brust

Robert Cox

DeVaughn Hill

Michael Carando

John Neil

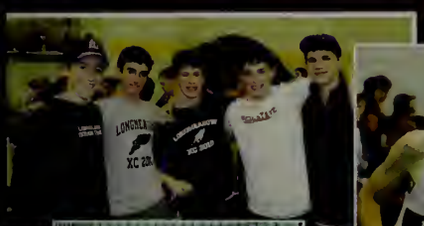
Ryan Moriarty

Gregory Echeverria

Brendan Knight

Michael Corvin

Michael Garrity



Jack Kamin

John Haryasz

Jathan Scyocurka

Simon McCarthy

Alexander Greenberg

Michael Peet

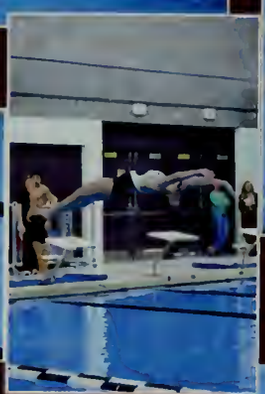
SWIMMING AND DIVING

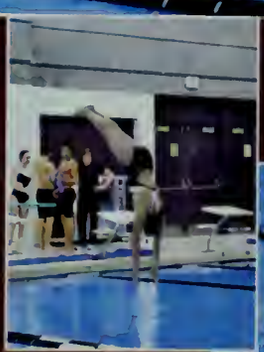
Caroline Cress

Randi Katz

Katie Besanko

Shannon Santos





Paisley Krach

Leah Winer

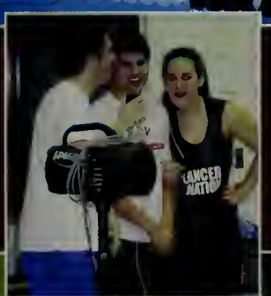
James Grippo

Timothy Santiago

Killian Hennessey

Joshua Feinberg

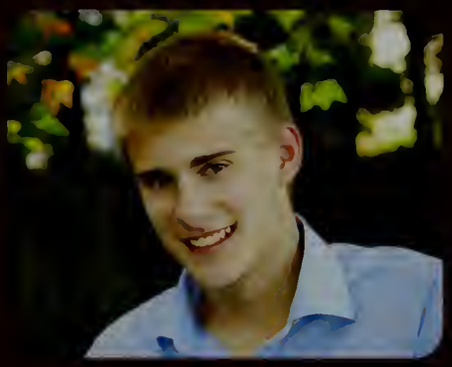
Daniel Barron



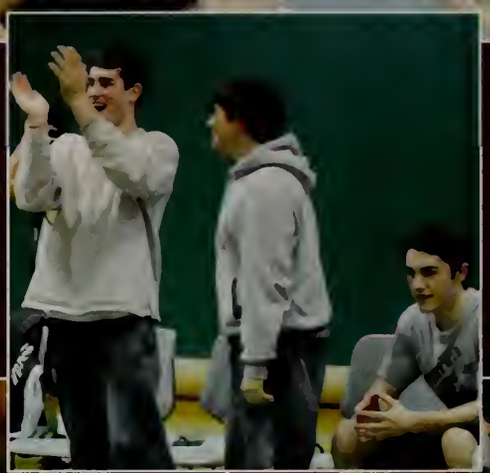
Ryan Baker

WRESTLING

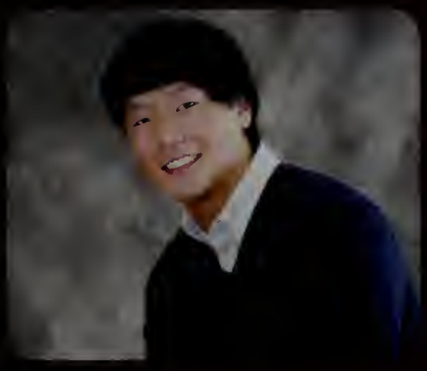
Connor Hussey



Marc LeDuc

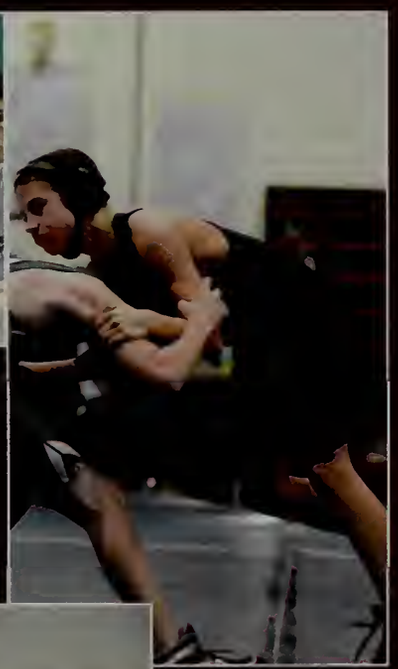


Gary Shea



William Nicholson

Robert Farquhar

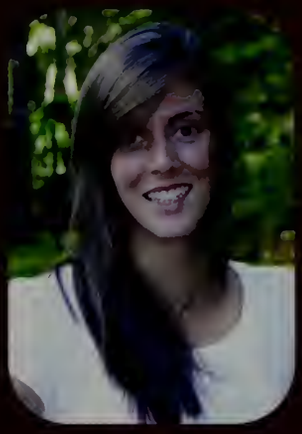


GIRLS BASKETBALL

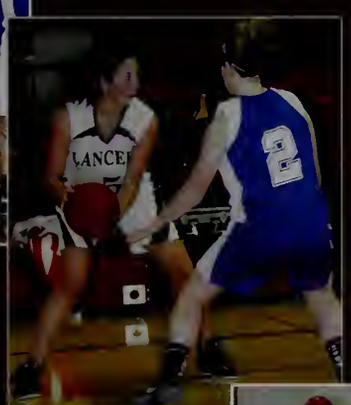
Dana Pugh

Cady Deary

Haley Northrup



Erica Oundjian



BOYS BASKETBALL

Terry Norris

John Basile

Brendan Abad

Ryan Connery

Colin Whitney

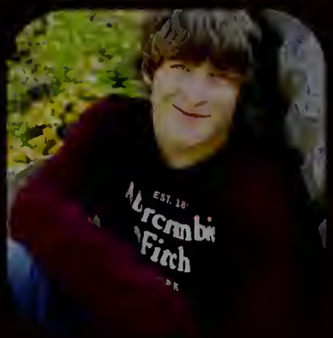
SKI TEAM

Nellie Dawson

Anna Maziarz

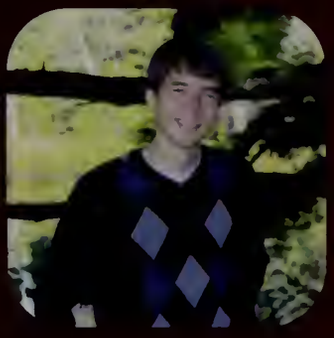
Samantha Grodsky

Austin Lai



Alexander Novak

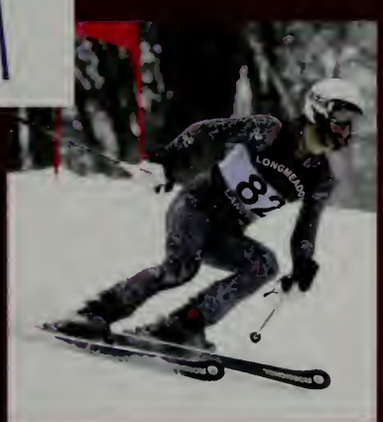
John Mentor



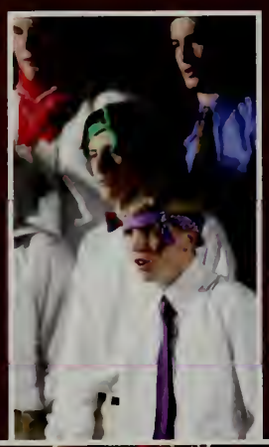
Stephen Grow

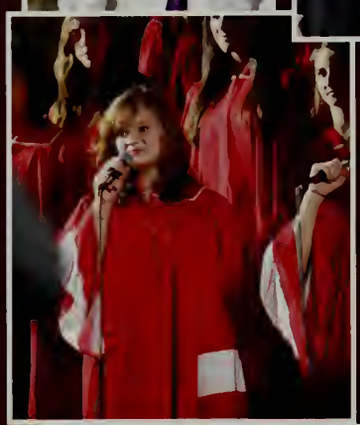
Ned Berube

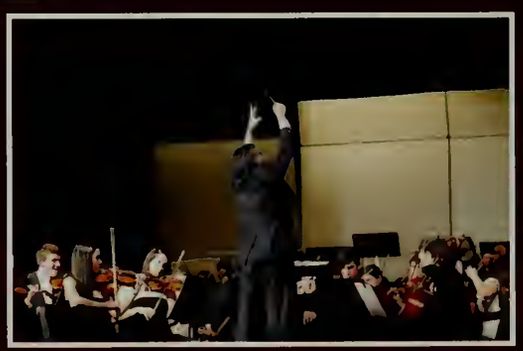
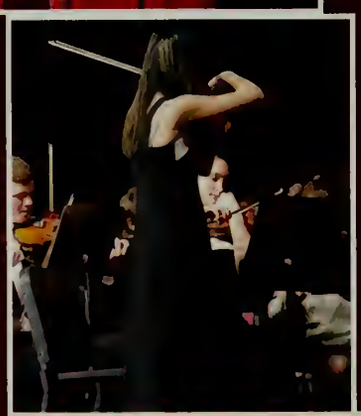
Alec Draymore

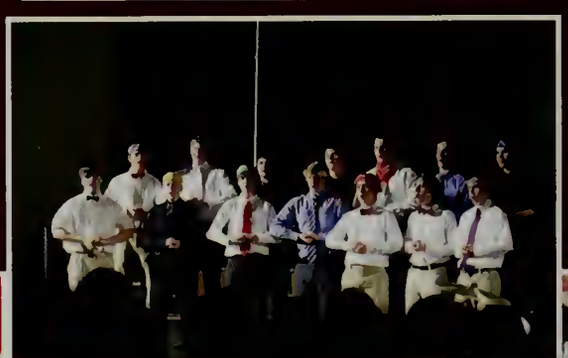


GROUND BREAKING MUSIC

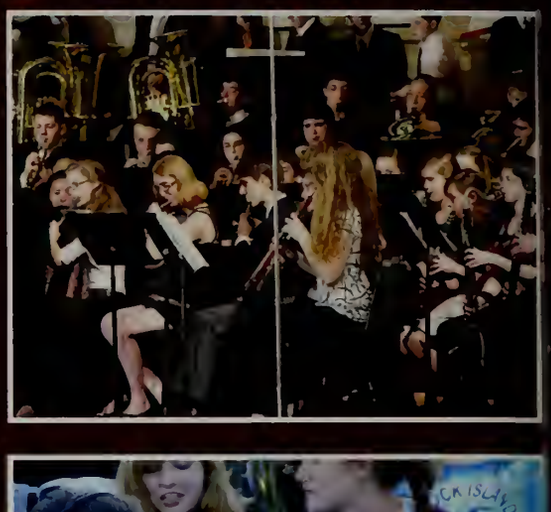


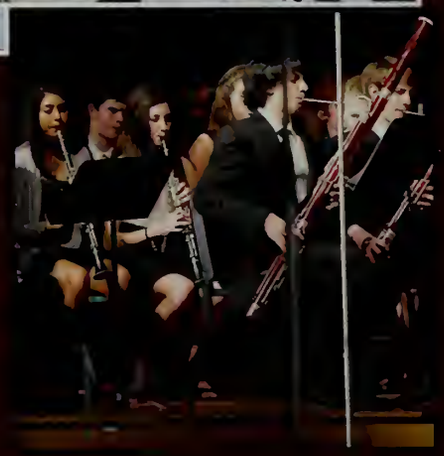


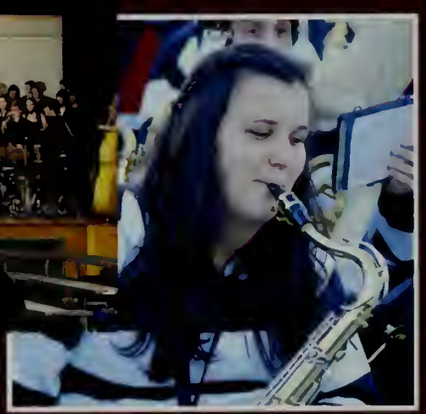





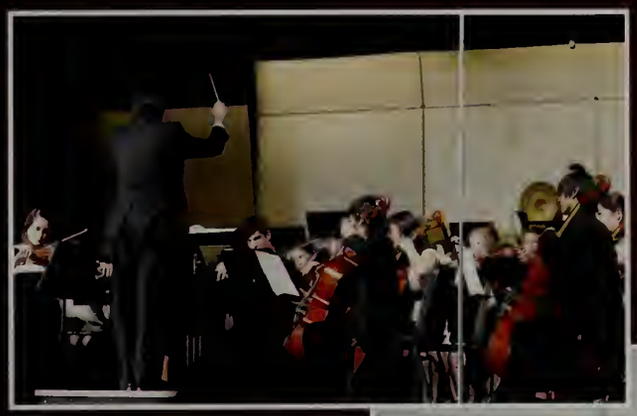
Concert/Pep Band

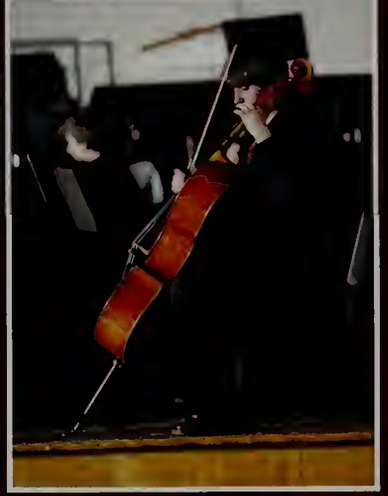


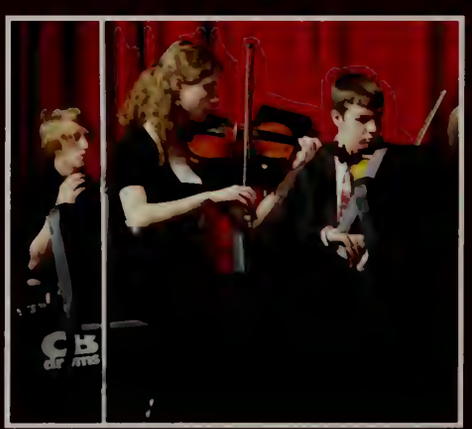
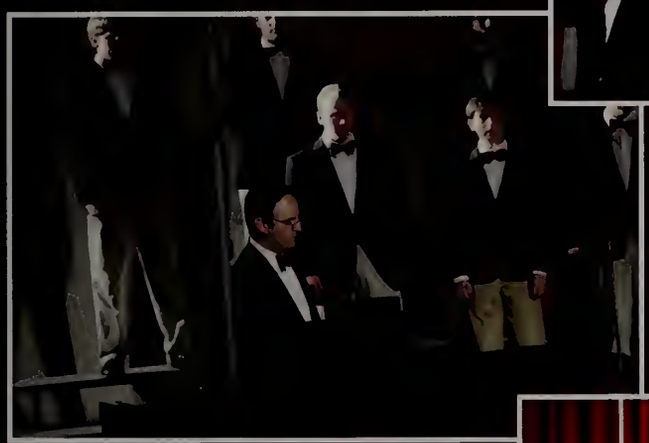




orchestra

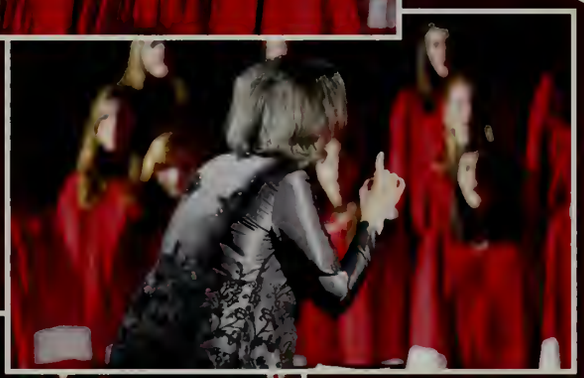


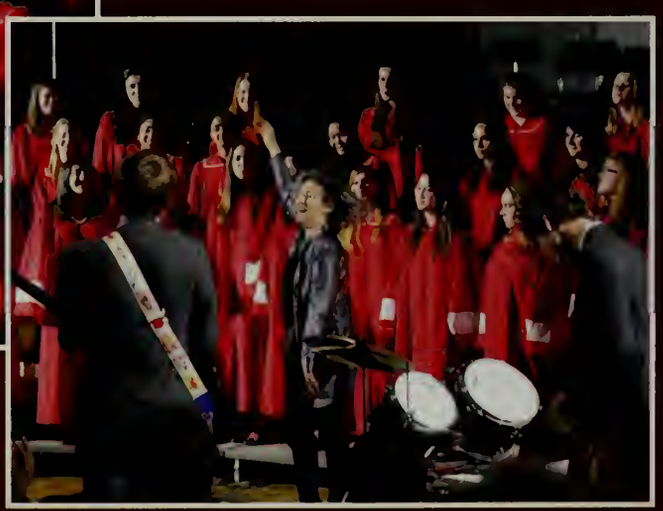
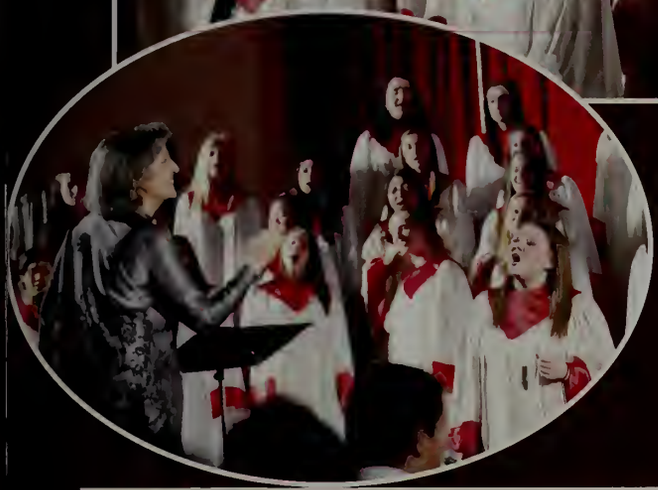


Jazz/Wind Ensemble



Men's Chorus

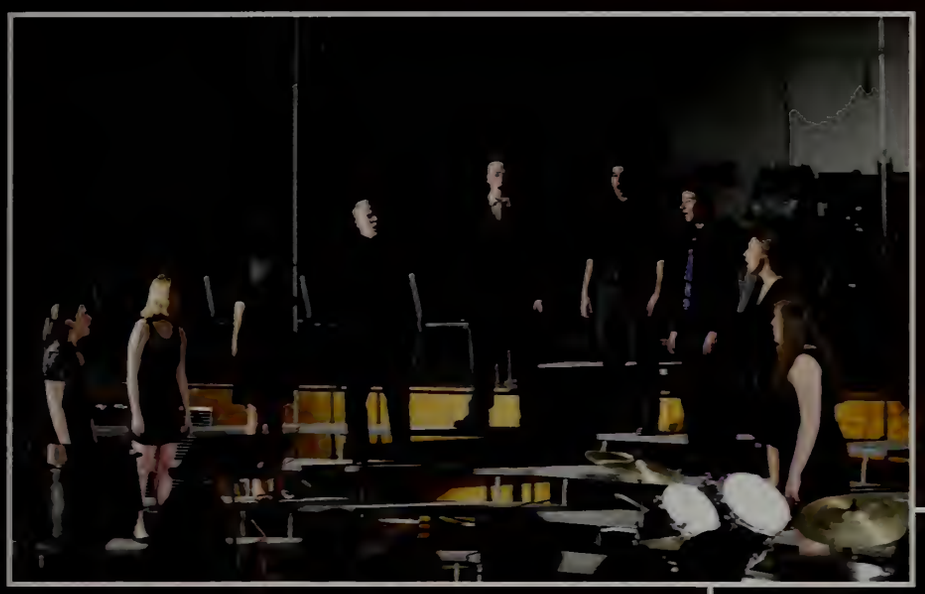
Womens Chorus

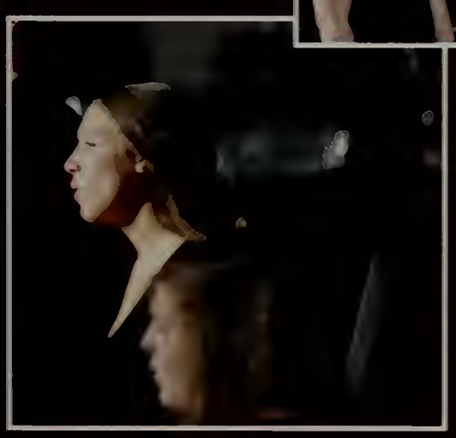




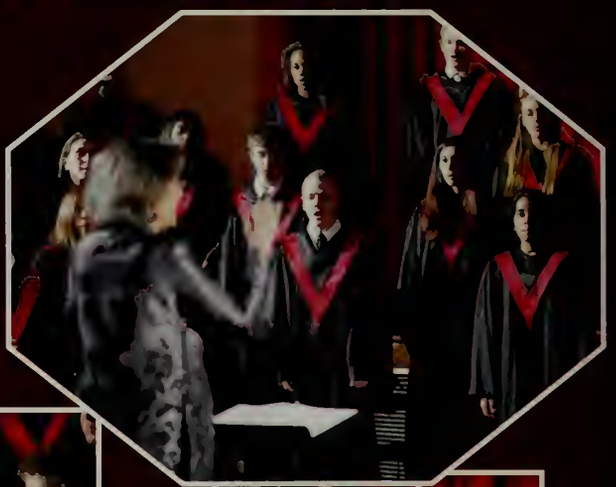
La Cappella

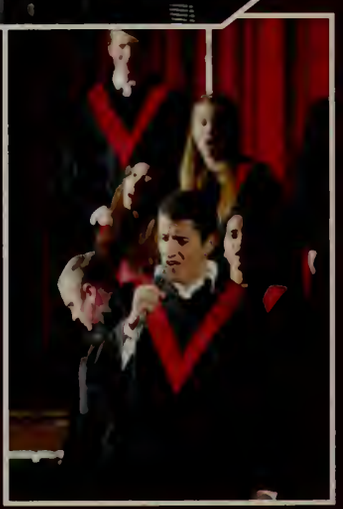
The Accidentals



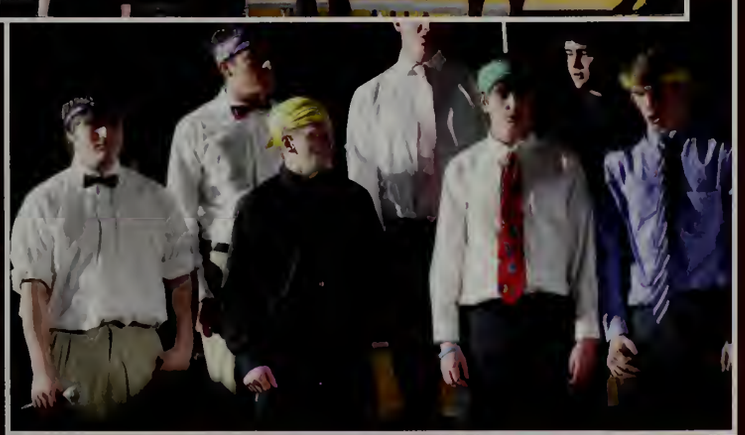


Lyrics

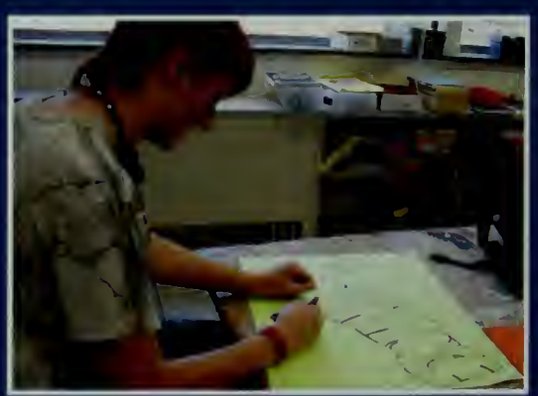




Swedish Fish/ Acafella



Ground Breaking Clubs



Mock Trial

Interact Club

Yoga Club

Computer Club

Business Professionals of America

National Honors Society

Art Club

Video Game Club

Christian Prayer Club

East Asia Club

Unity Club

Pottery Club

Impressions

S.A.D.D.

French Club

Latin Club

The Jet Jotter

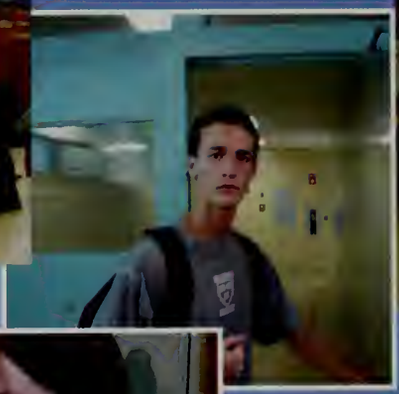
Math Team

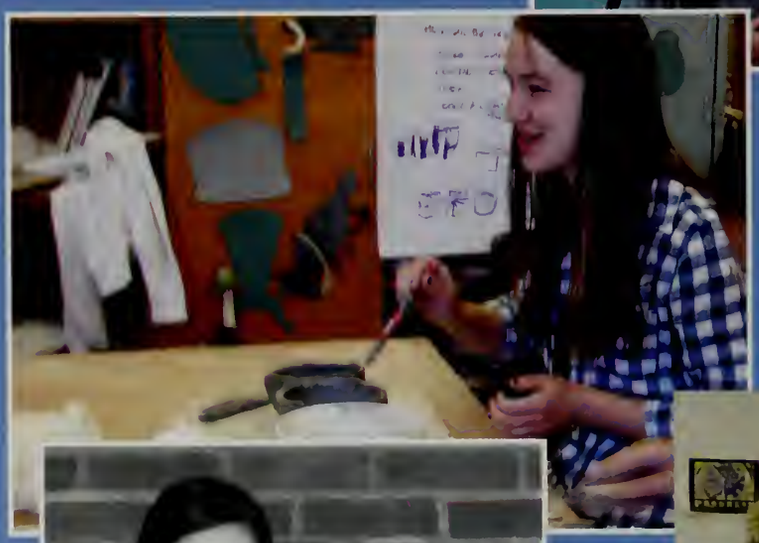
Masacksic

Culinary Club

Key Club

Sponsors

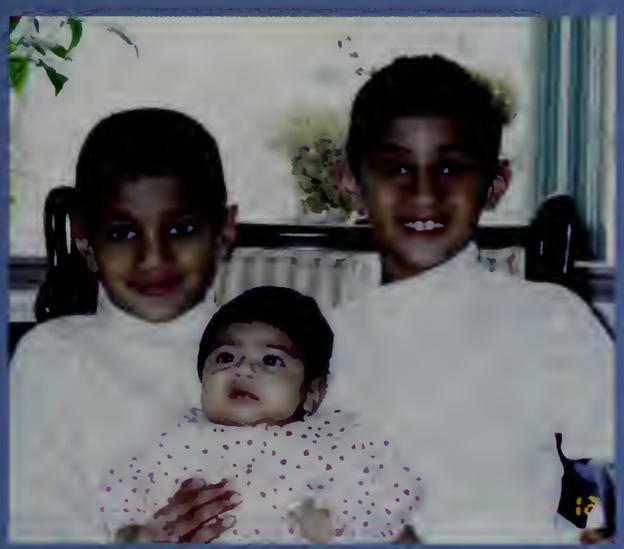




Raheel has a smile big enough to lift everyone's spirits.

His innocent face has helped him get away with a lot of mischief.

His ability to focus on his goals has helped him aim high.



As he takes a swing at adulthood, his close knit family will always be there to support him.

Best of luck, Raheel! Love, Mom, Dad, Fahad and Zara

We love you,
Leah!!

Love,
Mom, Dad,
Jessica,
Melissa, Julia,
and Teddy

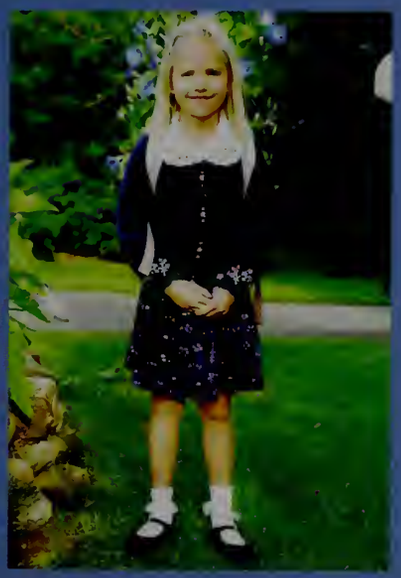
Congratulations Boys' Varsity Soccer Team

a great season 13-3-4

Seniors

Mathew Cotnoir
Robert Cox
Matt Deane
Brian Fydenkevez
Michael Garrity
Seamus Kennedy
John Mentor
Jack Neil
Johnny Pierre-Pierre
Jacob Rothstein
Kevin Rzepka

Christina,
From the first day of First Grade...



We are very proud of you!

Love, Mother, Dad, Frederick, Alex and Bradley

John, Ryan, Colin
~From toddlers to teens~
Great friends last a lifetime!

Congratulations, Boys

We love you

The Mentors The Keators
The Whitneys

Tom,

You make us so proud!

Keep Smiling!

Mom, Dad, Stina, Axel

Congratulations to Maddy McLean and her cousins:
The James Gang Class of 2012!

Maddy, Corrine, Sara, Joshua, Curtis

Confident, caring, crazy cousins ... Look out world, here they come!
Love,
The Entire James Gang

"I get by with a little help from my friends..."

"Our" Fab Five...

We love you all!

Congratulations
LHS Field Hockey 2011

Seniors: Emilee Herringshaw, Sarah Barnhart, Taylor Llodra, Lauren Termine, Catherine Ryan, Leah Winer, Katie Taylor and Erin O'Connor

League Champs
Western Mass Champs State Finalists

Congratulations Cam!

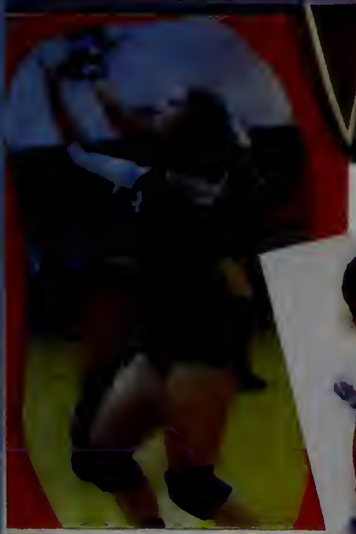
We are so proud of how well you adapted to your new life in Longmeadow. If you handle the curve balls that life throws your way as well as you did this one, you are sure to be successful! Always keep your sense of humor, your impish grin and your desire to see people treated fairly. You are a great brother and an awesome son. We wish you all the best in college and beyond!

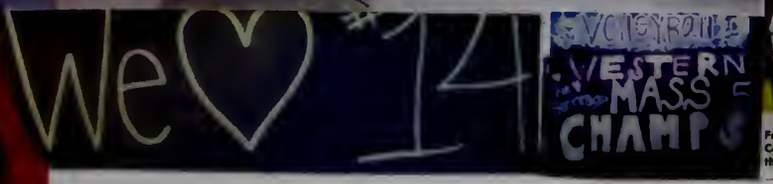
We Love You Very Much!
Mom, Dad, Colin and Mary

Congratulations!

Love You.....Yes
Excited for you.....Absolutely
Proud of you.....Of course
Jealous of all that's in front of you...
Oh yeah! Go get 'em!!!

Love,
Mom, Dad, Jordan
and Scooby

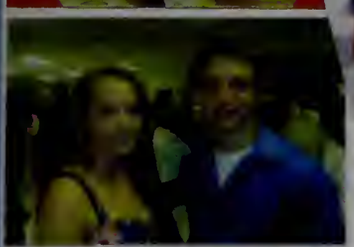




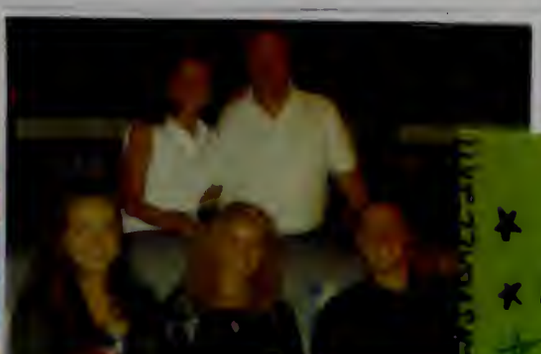
WESTERN MASSACHUSETTS GIRLS VOLLEYBALL FINALS

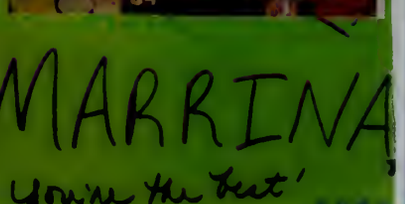
Staff photo by DAVID MOLNAR

From left, Longmeadow's Cody Deary, Jamie Hoyle, Patricia Camerota, Julie Yesu and Marrina Falcone raise the Division II title trophy at Holyoke on Saturday.



We are so proud of you Marrina!
We Love You!
Mom, Dad, Johnny, Melissa, and Kobe





Congratulations to Joshua Minardi

Good Luck on the next part of your journey! We are so proud of you!

Love, Mom, Dad and Becca

Congratulations, Chrystelle, Deanna and Alysse

We are very proud of you!

To our beautiful Kayla,

From the day you were born you've brought so much happiness to our lives!
We are all so very proud of you!
All our love, Mom, Dad & your whole family

"Don't judge yourself by Longmeadow's standards."-Greg's Mom

"Love! Love everything and everyone. Love yourself, your teachers, your family, your bros, your friends, and even your enemies because you are AWESOME."-Greg Schneider

"Celebrate each day because you are alive."